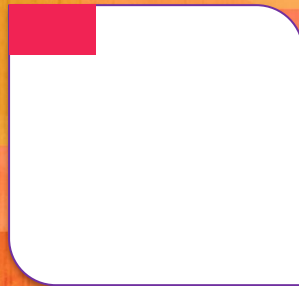
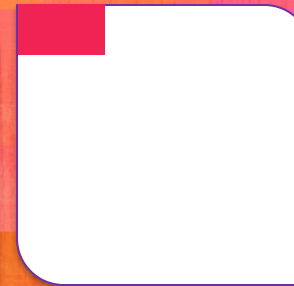
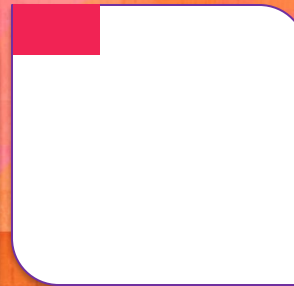




Nyack High School Lunch Menu February 2019



Part Time Foodservice positions available call office for details 845-353-7152



1
Cajun Chili Fry Bowl
Grilled Turkey and Cheese Sandwich
Broccoli, Red Pepper Strips
Diced Peaches, Sliced Apples

4
Meatloaf w/ Brown Gravy
Chicken Tenders w/ Roll
Golden Corn, Baby Carrots
Fresh Orange, Fruit Cocktail

5
Cheesy Baked Penne
Korean Beef Tacos
Green Beans
Red Pepper Strips
Fresh Apple, Diced Pears

6
Orange Popcorn Chicken w/ Broccoli over Rice
Cheese Quesadillas
Zucchini
Sweet Potato Tots
Diced Peaches, Banana

7
Mozzarella Sticks w/ Marinara Sauce
Chicken Ciabatta Bacon Cheddar Melt
Vegetarian Beans
Celery Sticks
Applesauce, Cantaloupe

8
Chicken Bruschetta
Beef Nachos
Sliced Cucumber
Diced Carrots
Diced Peaches, Sliced Apples

11
Chicken Quesadilla
Grilled 3 Cheese Sandwich
Zucchini, Grape Tomatoes
Fresh Orange, Fruit Cocktail

12
Sweet & Macaroni & Cheese
Chicken Tenders w/ Roll
Mashed Potatoes
Sliced Carrots
Fresh Apple, Diced Pears

13
Country Chicken Nugget Bowl
Grilled Cheese & Bacon
Green Beans, Celery Sticks
Diced Peaches, Banana

14
General Tso Popcorn Chicken w/ Broccoli Philly Cheesesteak
Vegetarian Beans
Baby Carrots
Applesauce, Cantaloupe

15
Chicken Ciabatta Cordon Bleu
Fish Tacos
Broccoli, Sliced Cucumbers
Diced Pears, Sliced Apples

18
Mid-Winter Recess

19
Mid-Winter Recess

20
Mid-Winter Recess

21
Mid-Winter Recess

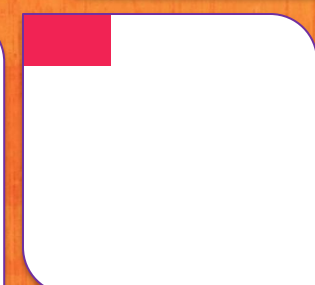
22
Mid-Winter Recess

25
Chicken Nachos
Grilled Ham & Cheese
Golden Corn, Baby Carrots
Fresh Orange, Fruit Cocktail

26
Chicken Parmesan with Spaghetti Sloppy Joe Melt
Cauliflower, Cucumbers
Fresh Apple, Diced Pears

27
Chili Cheese Baked Potato
Meatball Sub
Sliced Carrots, Zucchini
Diced Peaches, Banana

28
Mozzarella Sticks w/ Marinara Sauce
Chili Cheese Dog
Vegetarian Beans
Celery Sticks
Applesauce, Clementine



...
Made to order Deli Bar features Boar's Head Premium Meats.
Fresh Fruit and 100% Juice offered Daily
Student Lunch Price \$2.55
Adult Lunch \$3.80 plus tax

More info...
Manage your student's account at:
www.mypaymentsplus.com
If you have a FOOD ALLERGY please speak with your Food Service Director or Lead Server.

