



# Nyack Elementary Lunch Menu

## February 2020

**3**  
**Fish Bites**  
 Chicken Nuggets with Dinner Roll  
 Seasoned Fries  
 Grape Tomatoes  
 Fresh Orange, Fruit

**4**  
**Chicken Quesadilla**  
 Cheeseburger  
 Cauliflower  
 Sliced Cucumbers  
 Fresh Apple, Diced Pears

**5**  
**Jumbo Cheese Ravioli's w/ Marinara Sauce**  
 Turkey Hot Dog  
 Baby Carrots  
 Celery Sticks  
 Diced Peaches, Banana

**6**  
**Grilled Cheese Sandwich**  
 Chicken Tenders with Dinner Roll  
 Vegetarian Beans  
 Sweet Potato Tots  
 Applesauce, Fresh Pear

**7**  
**Chicken Parmesan Sandwich**  
 Cheese Pizza  
 Broccoli, Red Pepper Strips  
 Raisins, Sliced Apples

**10**  
**Chicken 'N' Tots**  
 BBQ Pork Rib Sandwich  
 Golden Corn, Baby Carrots  
 Fresh Orange, Fruit Cocktail

**11**  
**Chicken 'N' Tots**  
 Cheeseburger  
 Green Beans  
 Red Pepper Strips  
 Fresh Apple, Diced Pears

**12**  
**Chicken 'N' Tots**  
 Turkey Hot Dog  
 Sweet Potato Fries  
 Zucchini  
 Diced Peaches, Banana

**13**  
**Chicken 'N' Tots**  
 Beef Tacos  
 Black Beans  
 Celery Sticks  
 Applesauce, Cantaloupe

**14**  
**Chicken 'N' Tots**  
 Cheese Pizza  
 Spinach, Cole Slaw  
 Raisins, Sliced Apples

**17**  
**Mid-Winter Recess**

**18**  
**Mid-Winter Recess**

**19**  
**Mid-Winter Recess**

**20**  
**Mid-Winter Recess**

**21**  
**Mid-Winter Recess**

**24**  
**Philly Cheesesteak Sandwich**  
 Chicken Nuggets with Dinner Roll  
 Tater Tots, Broccoli  
 Fresh Orange, Fruit Cockt

**25**  
**Chicken & Pasta with Alfredo Sauce**  
 Cheeseburger  
 Tater Tots  
 Red Pepper Strips  
 Fresh Apple, Diced Pears

**26**  
**Chicken Nachos**  
 Turkey Hot Dog  
 Sweet Potato Fries  
 Zucchini  
 Diced Peaches, Banana

**27**  
**Breakfast For Lunch**  
 Chicken Sausages with Pancakes  
 Chicken Tenders with Dinner Roll  
 Vegetarian Beans  
 Celery Sticks  
 Applesauce, Fresh Pear

**28**  
**Fish Filet Sandwich**  
 Cheese Pizza  
 Spinach  
 Cucumber Slices  
 Raisins, Sliced Apples

**More info...**  
 Choice of 1% White Milk or Skim Milk served daily.  
 Fat Free Chocolate Milk available Tuesday and Thursday  
 All Milk is Hormone and Antibiotic Free.  
 Manage your student's account at:  
[www.mypaymentsplus.com](http://www.mypaymentsplus.com)

**More info...**  
 All Breads and Rolls as well as breaded products offered are Whole Grain.  
 Alternative Meal of String Cheese, Whole Grain Bagel, and Yogurt Cup offered daily.  
 Student Lunch Price \$2.35  
 Adult Lunch Price \$3.80 plus tax



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