

Nyack Middle Lunch

April 2018

2
Spring Recess

3
Spring Recess

4
Spring Recess

5
Spring Recess

6
Spring Recess

9
Chicken Nachos
Grilled Ham & Cheese Sandwich
Golden Corn
Mashed Sweet Potatoes
Fruit Cocktail, Fresh Orange

10
Chicken Mashed Potato Bowl
Breaded Fish Melt
Cucumber Slices
Cauliflower
Diced Peaches, Fresh Apple

11
Cheesy Baked Penne
Chili Dog
Celery Sticks
Sweet Potato Fries
Diced Pears, Banana

12
Tater Bite Chicken Nachos
Philly Cheesesteak
Vegetarian Beans
Baby Carrots
Applesauce, Cantaloupe

13
Spicy Beef Tacos
Chicken Quesadilla
Broccoli, Red Peppers
Pineapple Tidbits
Sliced Apples

More info...

Choice of 1% White Milk as well as Skim White Milk and Skim Chocolate Milk with each meal.

ALL Milk is Hormone and Antibiotic Free.

All Breads and Rolls offered are Whole Grain products.

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16
Mozzarella Sticks w/ Marinara Sauce
Chicken Fajita
Golden Corn, Green Peas
Fruit Cocktail, Fresh Orange

17
Grilled Cheese and Bacon
Chicken Parmesan Sandwich
Red Peppers, Green Beans
Diced Peaches Fresh Apple

18
Orange Popcorn Chicken w/ Broccoli
Chicken Tacos
Sweet Potato Tots, Zucchini
Diced Pears, Banana

19
Chili Mac & Cheese
Chicken Tenders with Breadstick
Celery Sticks
Vegetarian Beans
Applesauce, Cantaloupe

20
Beef Nachos
BBQ Pork Riblet Sandwich
Broccoli
Sliced Cucumbers
Pineapple Tidbits
Sliced Apples

More info...

Made to order Deli Bar features Boar's Head Premium Meats.

Fresh Fruit and 100% Juice offered Daily

Student Lunch Price \$2.55

23
Breaded Fish Filet Sandwich
Chicken Nachos
Green Beans, Red Peppers
Fruit Cocktail, Fresh Orange

24
Spicy Popcorn Chicken
Philly Cheesesteak
Mashed Potatoes
Sliced Carrots
Diced Peaches Fresh Apple

25
Penne with Tomato Alfredo Chicken
Corn Dog
Celery Sticks, Zucchini
Diced Pears, Banana

26
Pizza Sticks with Marinara Sauce
Sloppy Joe Melt
Vegetarian Beans
Baby Carrots
Applesauce, Cantaloupe

27
Spicy Beef Tacos
Breaded California Ranch Chicken Sandwich
Broccoli, Sliced Cucumbers
Pineapple Tidbits
Sliced Apples

30
Spaghetti with Meatballs
Chicken Tacos
French Fries, Broccoli
Fruit Cocktail, Fresh Orange

31

32

33

34



This institution is an equal opportunity provider.