



Nyack High School Breakfast Menu November 2018

A choice of 1% White Milk as well as Skim White Milk available each day for breakfast.

Manage your student's account at:
www.mypaymentsplus.com

More info...

All Breads and Rolls offered are Whole Grain products.

Fresh Fruit and 100% Juice Offered Daily

Student Breakfast Price \$1.25

If you have a FOOD ALLERGY please speak with your Food Service Director or Lead Server.

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

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Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

1

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

2

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

5

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

6

Superintendent's Conference Day

No Classes for Students

7

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

8

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

9

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

12

No School Veterans Day



13

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

14

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

15

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

16

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

19

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

20

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

21

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

22



23

No School

26

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

27

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

28

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

29

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

30

Roll with Chicken Sausage, or Bacon Egg & Cheese

Choice of Assorted Cereal

Whole Grain Donut or Whole Grain Muffin

