



# Nyack Middle School Lunch Menu February 2020

**3**  
 Beef Nachos  
 Chili Dog  
 Seasoned Fries  
 Grape Tomatoes  
 Fresh Orange, Fruit Cocktail

**4**  
 Spicy Popcorn Chicken Bowl  
 Philly Cheesesteak  
 Cauliflower  
 Sliced Cucumbers  
 Fresh Apple, Diced Pears

**5**  
 Jumbo Cheese Ravioli's w/ Marinara Sauce  
 Chicken Hard Tacos  
 Baby Carrots  
 Celery Sticks  
 Diced Peaches, Banana

**6**  
 Pizza Sticks w/ Marinara Sauce  
 Tater Beef Nachos  
 Vegetarian Beans  
 Sweet Potato Tots  
 Applesauce, Fresh Pear

**7**  
 Cajun Chili Fry Bowl  
 Fish Sandwich with Cole Slaw  
 Broccoli, Red Pepper Strips  
 Raisins  
 Sliced Apples

**10**  
**Sweet Heat Grilled Chicken**  
 Meatloaf w/ Brown Gravy  
 Golden Corn, Baby Carrots  
 Fresh Orange, Fruit Cocktail

**11**  
**Sweet Heat Grilled Chicken**  
 Chicken Nachos  
 Green Beans  
 Red Pepper Strips  
 Fresh Apple, Diced Pears

**12**  
**Sweet Heat Grilled Chicken**  
 Orange Popcorn Chicken w/ Broccoli over Lo Mein  
 Sweet Potato Fries, Zucchini  
 Diced Peaches, Banana

**13**  
**Sweet Heat Grilled Chicken**  
 Mozzarella Sticks w/ Marinara Sauce  
 Black Charro Beans  
 Celery Sticks  
 Applesauce, Cantaloupe

**14**  
**Sweet Heat Grilled Chicken**  
 Beef Quesadilla  
 Spinach, Cole Slaw  
 Raisins, Sliced Apples

**17**  
**Mid-Winter Recess**

**18**  
**Mid-Winter Recess**

**19**  
**Mid-Winter Recess**

**20**  
**Mid-Winter Recess**

**21**  
**Mid-Winter Recess**

**24**  
 Beef Salisbury Steak with Brown Gravy  
 Mozzarella Sticks w/ Marinara Sauce  
 Mashed Potatoes, Broccoli  
 Fresh Orange Fruit Cocktail

**25**  
 Grilled Cheese & Bacon  
 Sweet & Sour Popcorn Chicken over Brown Rice  
 Corn, Sliced Carrots  
 Fresh Apple, Diced Pears

**26**  
 Chicken Pizza Quesadilla  
 Ranch Chicken Panini  
 Vegetarian Beans  
 Celery Sticks  
 Applesauce, Cantaloupe

**27**  
 Beef Tacos  
 Chicken Bruschetta & Provolone Melt  
 Sweet Potato Fries  
 Zucchini  
 Diced Peaches, Banana

**28**  
 Beef Lasagna w/ Breadstick  
 Chicken Club Melt  
 Spinach  
 Cucumber Slices  
 Raisins, Sliced Apples

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**Made to order Deli Bar features Boar's Head Premium Meats.**  
**Fresh Fruit and 100% Juice offered Daily**  
**Student Lunch Price \$2.55**  
**Adult Lunch \$3.80 plus tax**

**More info...**  
 Manage your student's account at:  
[www.mypaymentsplus.com](http://www.mypaymentsplus.com)  
 If you have a FOOD ALLERGY please speak with your Food Service Director or Lead Server.

