

# Nyack Middle School Lunch

## February 2018

### More info...

Choice of 1% White Milk as well as Skim White Milk and Skim Chocolate Milk with each meal.

ALL Milk is Hormone and Antibiotic Free.

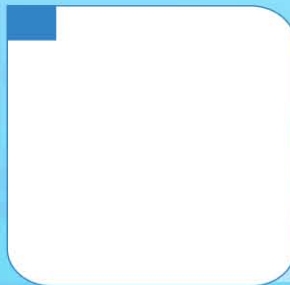
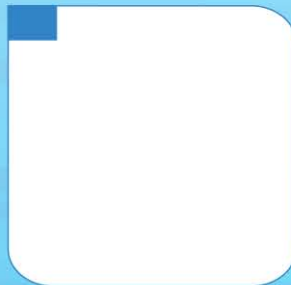
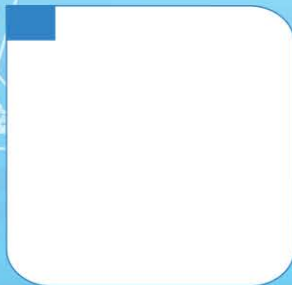
All Breads and Rolls offered are Whole Grain products.

### More info...

Made to order Deli Bar features Boar's Head Premium Meats.

Fresh Fruit and 100% Juice offered Daily

Student Lunch Price \$2.55



**1**  
Tater Bite Chicken Nachos  
Philly Cheesesteak  
Campfire Chipotle Beans  
Baby Carrots  
Applesauce, Cantaloupe

**2**  
Spicy Beef Tacos  
Chicken Quesadilla  
Broccoli, Red Peppers  
Apricots, Sliced Apples

**5**  
Mozzarella Sticks w/ Marinara Sauce  
Chicken Fajita  
Golden Corn, Green Peas  
Fruit Cocktail, Fresh Orange

**6**  
Grilled Cheese and Bacon  
Chicken Parmesan Sandwich  
Red Peppers, Green Beans  
Diced Peaches Fresh Apple

**7**  
Orange Popcorn Chicken w/ Broccoli  
Cheese Quesadilla  
Sweet Potato Tots, Zucchini  
Diced Pears, Banana

**8**  
Chili Mac & Cheese  
Chicken Tenders with Breadstick  
Celery Sticks  
Vegetarian Beans  
Applesauce, Cantaloupe

**9**  
Beef Nachos  
BBQ Pork Riblet Sandwich  
Broccoli  
Sliced Cucumbers  
Apricots, Sliced Apples

**12**  
Breaded Fish Filet Sandwich  
Chicken Nachos  
Green Beans, Red Peppers  
Fruit Cocktail, Fresh Orange

**13**  
Spicy Popcorn Chicken  
Philly Cheesesteak  
Mashed Potatoes  
Sliced Carrots  
Diced Peaches Fresh Apple

**14**  
Penne with Tomato Alfredo Chicken  
Corn Dog  
Celery Sticks, Zucchini  
Diced Pears, Banana

**15**  
Roast Turkey w/ Dinner Roll  
Sloppy Joe Melt  
Vegetarian Beans  
Baby Carrots  
Applesauce, Cantaloupe

**16**  
Spicy Beef Tacos  
Breaded California Ranch Chicken Sandwich  
Broccoli, Sliced Cucumbers  
Apricots, Sliced Apples

**19**  
**Mid-Winter Recess**

**20**  
**Mid-Winter Recess**

**21**  
**Mid-Winter Recess**

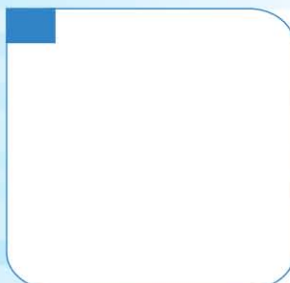
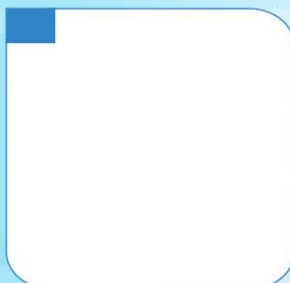
**22**  
**Mid-Winter Recess**

**23**  
**Mid-Winter Recess**

**26**  
Spaghetti with Meatballs  
Chicken Nachos  
French Fries, Broccoli  
Fruit Cocktail, Fresh Orange

**27**  
Fish Sticks with Macaroni & Cheese  
Chicken Bruschetta Melt  
Golden Corn, Green Beans  
Diced Peaches, Fresh Apple

**28**  
BBQ Pork Riblet Sandwich  
Chicken & Bean Burrito  
Sweet Potato Fries, Zucchini  
Diced Pears, Banana



This institution is an equal opportunity provider.