

# Nyack Middle School Breakfast

## February 2018

Blank menu box for day 4

Blank menu box for day 5

Blank menu box for day 6

**1**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

**2**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

**5**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

**6**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

**7**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

**8**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

**9**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

### More info...

Choice of 1% White Milk as well as Skim White Milk and Skim Chocolate Milk with each meal.

ALL Milk is Hormone and Antibiotic Free.

**12**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

**13**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

**14**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

**15**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

**16**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

### More info...

All Breads and Rolls offered are Whole Grain products.

Fresh Fruit and 100% Juice Offered Daily

Student Breakfast Price \$1.25

**19**  
**Mid-Winter Recess**

**20**  
**Mid-Winter Recess**

**21**  
**Mid-Winter Recess**

**22**  
**Mid-Winter Recess**

**23**  
**Mid-Winter Recess**

**26**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

**27**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

**28**  
Roll with Chicken Sausage, or Bacon Egg & Cheese  
Choice of Assorted Cereal  
Whole Grain Donut or Muffin

Blank menu box for day 29

Blank menu box for day 30



This institution is an equal opportunity provider.