



Nyack High School Breakfast Menu January 2019

A choice of 1% White Milk as well as Skim White Milk available each day for breakfast.

Manage your student's account at: www.mypaymentsplus.com

More info...

All Breads and Rolls offered are Whole Grain products.

Fresh Fruit and 100% Juice Offered Daily

Student Breakfast Price \$1.25

If you have a FOOD ALLERGY please speak with your Food Service Director or Lead Server.



This institution is an equal opportunity provider.

Blank menu card

1

2
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

3
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

4
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

7
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

8
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

9
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

10
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

11
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

14
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

15
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

16
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

17
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

18
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

21
No School
Martin Luther King Jr. Day

22
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

23
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

24
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

25
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

28
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

29
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

30
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

31
 Roll with Chicken Sausage, or Bacon Egg & Cheese
 Choice of Assorted Cereal
 Whole Grain Donut or Whole Grain Muffin

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