

Student Name _____ Counselor: _____

Carmel High School: Senior Autobiography

This form MUST be turned in with the "PARENT BRAG SHEET" as your way to request a letter of recommendation from your counselor. All materials must be received by OCTOBER 5, 2018 in order to have a counselor letter of recommendation written on your behalf.

1) I am planning to pursue the following after graduation: (*circle those that apply*)

2-year college 4-year college trade/tech school armed forces work force

2) Why do you want to attend college or your selected path? What factors have influenced this decision?

3) Are you a first generation college student (neither of your parents went to college) **YES** **NO**

4) Where do you see yourself in 10 years? What goals have you made for yourself?

5) Do you have an intended major/career path? (if yes, please list). How did you come to select this career or major? What have you done to learn more about the major/career? (internship, volunteer, work experience, high school courses)

6) Describe yourself as a student... What subjects do you enjoy the most? How do you learn best?

7) Regardless of the grade earned, what has been your favorite class at CHS? Why?

8) What course has given you the most difficulty? Why? What did you do when faced with that challenge?

9) What do you consider to be your greatest strength? Why? How have you demonstrated this strength? (Give examples to support).

10) If you are trying to be recruited for a sport, what progress has been made with coaches? Be as specific as possible. Be sure to also note the sport and division you hope to play.

11) What is the most difficult obstacle (personal or academic) that you have had to overcome thus far in your life? What did you do to overcome it? What did you learn from this experience or situation?

12) What are you most proud of? Why? Use examples to support.

13) Do you feel your high school grades reflect your ability? YES NO

14) If you answered NO, what circumstances have prevented you from realizing your full potential, or why do you believe your grades do not reflect your abilities? What do you consider the best measure of your potential success in college work?

15) If you had a particularly bad academic year (in high school) please explain why (and what year it was). What steps have you taken to rebound from this bad year or what steps do you plan to take to rebound? If you have the same answer as the previous question, you do not need to repeat the answer here.

16) Who here at CHS has most influenced you? Why?

18) What activity has been the most significant to you? Why? How have your activities impacted you or the life of someone else? Please be specific and give examples.

19) If you had unexpected free time in your day, what would you choose to do?

20) List the schools you are planning to apply to and circle those you have visited. Please identify if they are a “reach”, “target”, or “safety” in terms of your likelihood to gain an offer of admission.

REACH

TARGET

SAFETY

22) What are your concerns about the college process? What can our office or your counselor do to be helpful?

23) Who are you planning to ask to write a letter of recommendation on your behalf? What reasons do you have for each selection?

24) Is there any other information you would like to share with me, or anything we have spoken about in the past that you would like to remind me of as I write your letter of recommendation?

25) Is there any other information you would like to share with me, remind me of, or feel is important that I know as I write your letter of recommendation?

26) Is there anything specific you believe should or should not be mentioned about you in your letter of recommendation?

27) What is a fun fact or talent that makes you unique?