



Powhatan County Public Schools Adult Education

Fall 2018 Class Offerings



Non-Profit Organization
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Permit Number 18
Powhatan, VA 23139

Postal Customer

Please register early to secure your course.



POWHATAN COUNTY PUBLIC SCHOOLS – ADULT EDUCATION
1800 Judes Ferry Road • Powhatan, Virginia 23139 • (804) 598-5710 ext. 307

I am enclosing a check made payable to Powhatan High School in the amount of \$ _____ to cover my tuition for the following course(s):

Course Title (s)

Name _____

Address _____

Phone (Day) _____ **(Evening)** _____

Powhatan County Public Schools offers Adult Education classes to its citizens. Any member of the community, who is eighteen years of age or older (out of high school), may enroll in a variety of exciting evening classes.

Individuals who are sixty-two years of age or older may take classes free of charge. This is called the “Gold Card” program. Anyone who is interested in obtaining a “Gold Card” should contact Mrs. Michele Wilson at 598-5700.

Seniors with a “Gold Card” may register by calling Ms. Sharon Faubert at 598-5710, ext. 307.

Please remember that refunds will only be granted when a class is filled or cancelled.

Classes will not meet when Powhatan County Public Schools are closed for holidays and inclement weather. Every effort will be made to make up classes, but make-up classes are not guaranteed.

Register by mail by September 17, 2018 with check or money order payable to Powhatan High School. Registration must be postmarked by September 17, 2018.

Beginner's/Intermediate Knitting – This class will help you learn basic knitting stitches and how to read knitting instructions. We recommend bringing two US 8 (5mm) knitting needles and a ball of solid colored worsted yarn to the first class. A supply list will be provided at the first class.

Sept. 24 = 5 weeks 6:30-8:30 PM Monday **PHS Room 1003**
Tuition: \$30.00 Tsuchihashi

Beginning Crochet – Learn the basic crochet stitches such as chain, single, double, and treble crochet. We recommend bringing crochet hook (H or 5) and a scan of Red Heart Yarn. Enjoy the fun and take home a completed project.

Sept. 26 = 4 weeks 6:30-8:30 PM Wednesday **PHS Room 1003**
Tuition: \$30.00 Moudry

Time Management — A New Approach – Is your calendar a series of lists that you check off and on, but really don't feel like you are getting anywhere? Then this is the vision, goal, and time management class for you. Participants will learn about vision boards and a new way to “manage life” that maximizes productivity and bucket lists.

Sept. 26 = 4 weeks 6:30-8:30 PM Wednesday **PHS Room 1004**
Tuition: \$20.00 Aberle

Cake Decorating 101 – This class will cover the different types of flowers for cake decorators. Learn how to use various forms of sugar art mediums. You will learn how to make different types of flowers using buttercream icing, gum paste, royal icing, and sugar lace. Please bring your cake decorating tools to the first class.

Sept. 24 = 4 weeks 6:30-8:30 PM Monday **PHS Room 1004**
Tuition: \$40.00 Sowell

NON-CREDIT CLASSES

CPR Training – This course includes approximately four hours of American Heart Association CPR training. You never know when you might need this valuable skill. This CPR course is required before completing the first aid training. CPR certification cards are now valid for two years. (This class will not meet the requirements for nursing school)

Sept. 24 = 1 night 6:00-9:00 PM Monday **PHS Library**
Tuition: CPR Adult/Child/Infant Certificate-\$65.00* Ronayne/ McQuiddy
All CPR Certificates and First Aid-\$95.00*
First Aid Only-\$65.00*

First Aid – Learn information and techniques you may someday need. This course is valuable for child care providers and anyone providing care for others. Must have current CPR training to enroll. Certification cards are now valid for two years.

Oct. 1 = 1 night 6:00-9:00 PM Monday **PHS Library**
Tuition: First Aid Certificate-\$65.00* Ronayne/ McQuiddy
Adult CPR/Child/Infant First Aid-\$95.00*

GED® Preparation – An initial assessment determines students' strengths and weaknesses in the area of language arts, social studies, science, and mathematics. Testing is provided in each subject area year-round at various locations.

All School Year 9:30 AM -12:30 PM Wednesday & Thursday
Powhatan County Public Library

All School Year 5:30-8:30 PM Tuesday & Thursday
Reynolds College Goochland Campus
Tuition: FREE

Counted Cross Stitch (Beginners) – This hands-on class will teach you the basic skills of counted cross stitch. Material will be provided to make 2 simple projects. We recommend bringing a small pair of sharp scissors.

Sept. 24 = 4 weeks 6:30-8:30 PM Monday **PHS Room 1006**
Tuition: \$30.00 Oxley

Beginning Guitar – Learn the basics of guitar playing through popular and folk styles. This class will cover chords, basic strumming, melody, and successful tips for practicing. Students should bring a 6-string acoustic guitar. Experienced players welcomed.

Sept. 24 = 5 weeks 6:30-8:00 PM Monday **PHS - Band Room**
Tuition: \$40.00 Deely/Garland

Recreational Volleyball – Participate in light exercise while enjoying this sport. Proper attire is required. (Limit: 20 students)

Sept. 24 = 10 weeks 7:00-9:00 PM Monday **PMS GYM**
Tuition: \$30.00 Tribble

Men's Recreational Basketball – This class offers adults 40 and over an opportunity for recreation and exercise. Participants must be enrolled to participate; no weekly walk-ins. (Limit: 20 students)

Sept. 26 = 10 weeks 6:30-8:30 PM Wednesday **PMS Gym**
Tuition: \$30.00 Watts

Bread Making 101 – Learn how to make fresh and flavorful bread from scratch in this interactive class. We will discuss sourdough starters, types of flour and sweet and savory dough. Each participant will take home a sweet and savory dough to bake and enjoy.

Oct. 3 = 1 night 6:30-8:30 PM Wednesday **PHS Bailey's**
Tuition: \$15.00 Sloan

Using Your Computer – This introductory course will get you using your computer with more confidence. We will introduce key elements of a computer, Microsoft Word, organizing, saving and deleting files. Cloud based storage, email and computer safety will also be introduced.

Sept. 24 = 4 weeks 6:30-8:30 PM Monday **PHS Room L100**
Tuition: \$35.00 Dorsey

Make Ahead Meals – Are you tired of the same old sandwich for lunch or do you dread figuring out what to do for dinner? Learn how to prepare your tasty meals ahead. Come out and enjoy the fun in this interactive class. Participants will get to enjoy their own creations.

Shag Dancing I – This beginner's class will introduce students to the fun and excitement of shag dancing. All are welcome. Dance partners are not necessary.

Oct. 24 = 4 weeks 6:30-8:30 PM Monday **PHS D105**
Tuition: \$25.00 Slaughter / White

Essential Oils (Beginners) – Learn the basics of essential oils and their many uses. Topics may include: essential oils 101, emotional wellness, natural pain management, immune support, tension relief, essential oils and your pet, and combining essential oils with aroma touch techniques. Each session will include a hands-on Make-N-Take activity.

Sept. 24 = 5 weeks 6:30-8:30 PM Monday **PHS Room 1005**
Tuition: \$40.00 Tew

Basic Drawing – This class will explore drawing basic shapes and forms, using them in creating art pieces, adding values (light and dark) to your drawings, and drawing in perspective. Each session will include practice assignments with the option of practice at home and weekly critiques. (Supplies included)

Sept. 24 = 4 weeks 6:30-8:30 PM Monday **PHS Room 1044**
Tuition: \$40.00 Baltimore

Active Parenting of Teens – This class will help give families the skills, knowledge, and assurance to make it through adolescence. Topics may include: communication with teens, responsibility and discipline, understanding the goals of teen behavior, and strategies used to meet the challenges of your children's teen years.

Sept. 26 = 3 weeks 6:30-8:30 PM Wednesday **PHS Room 1004**
Tuition: \$20.00 Tiffany