



**Nyack Family Resource Centers
Present
PARENTING WORKSHOP SERIES**

Mondays, 6:30pm* - 7:30pm

*Doors Open at 6:15pm

THE NYACK CENTER

58 Depew Avenue, Nyack

- March 5 - Improving Parent-Child Relations
- March 12- Building Your Child's Self-Esteem
- March 19 - Managing Difficult Behaviors
- March 26 - Teaching Internet Safety

**Childcare & Pizza Dinner Provided. Se Habla Español
For More Information Call Your FRC at 845-353-7247**



Workshops
Facilitated by
Evelyn Bautista-Miller,
Founder, Tender Steps
of NY, Inc.

**WIN WEEKLY
RAFFLE PRIZES!**

**FREE
PROGRAM!
Come to one workshop
or all of them!**

TO REGISTER: Please complete form below and return to your school's FRC or call 845-353-7247

Parent Name: _____ Student Name(s): _____ Grade(s): _____
Tel/Cell No: _____ Email: _____

I plan to attend the following workshops (check ALL that apply):

- Improving Child-Parent Relations Managing Difficult Behaviors
 Building Your Child's Self-Esteem Teaching Internet Safety

I WILL require childcare for my children. Please indicate no. of children: _____

QUESTIONS? Call your Family Resource Center at 845-353-7247 or email: sjfalcomer@nyackschools.org

