



Upper Nyack Elementary • April 2018

What's Going On at UN?

The Monthly Current Events Calendar of the Family Resource Center

FREE PROGRAMS/SERVICES

- Advocacy and Support
- Community Resources: family services, support groups, medical/insurance providers, summer camp assistance and much more.
- Outreach
- Charitable Programs
- Donation Station
- Translation Services
- Free School Supplies
- Free kids books
- Student Support Groups
- Camp information
- Scholarships for summer camp and enrichment programs
- Family Fun Nights

If you have any concerns or suggestions, please let us

MARK YOUR CALENDAR:

March 30-April 6: Spring Break, School Closed

April 9: PTA Meeting, 2:30pm

April 11-18: ELA Testing

April 16-20: NYSESLAT Testing

April 20: UN Spring Fling, 6PM

April 23-27: NYSESLAT Testing

April 24: Gym Night

April 25: All-District Band Fest, 7PM



What's Happening This Month....

BRING YOUR FAMILY TO GYM NIGHT

All K-2nd grade students along with their families are invited to join their favorite gym teachers and the Family Resource Center on **Tuesday, April 26th from 5:30-7:00pm** for an evening of fitness and fun! You will have the opportunity to work out with your kids and see what they do in class. The FRC will also have an information table and will provide healthy snacks and beverages. A flyer with a sign-up sheet will be sent home after the break!

ENGLISH/SPANISH STORY HOUR FOR 2'S, 3'S AND 4'S

Stories, songs, crafts and pizza will be held in the Children's Room at the Nyack Library

April 16, 23, 30 and May 7th from 6:00-7:00pm.

For more information or to register, please call 845-353-7291.

ONGOING PROGRAMS:

LUNCH TIME DROP IN

This is an informal program that takes place throughout the school year. Students voluntarily come to the Family Resource Center to have lunch. During this time, they might play some board games, do arts and crafts or just talk.

NYACK PARENT-CHILD HOME PROGRAM (PCHP): an evidence-based early literacy, parenting and school readiness model, committed to closing the achievement gap by providing low-income families the skills and materials they need to prepare their children for school. Call 845-353-7291.

IMPORTANT RESOURCES:

- **HOMEWORK HELP AT THE NYACK LIBRARY** for children in grades K-5
Mondays-Thursdays, 4-6pm
- **PARENT TOOLKIT:** For academic resources in English and Spanish, Pre-K thru High School, you can go to: <http://www.parenttoolkit.com/>
- **Dial 211** for comprehensive information for health/human services in Rockland
- **FREE TRANSPORTATION TO DOCTORS APPOINTMENTS IF YOU HAVE MEDICAID:** From your House to Main or Twin in Spring Valley or Suffern Refuah Health center locations. Call 845-425-4623.
- **FREE INCOME TAX PREPARATION THROUGH APRIL 17:** Nyack Library, Mondays, 10-2pm, Valley Cottage Library, Fridays 10-2pm.
- **HRH CARE/URGENT CARE CLINIC IS NOW OPEN:** 84 N. Highland Avenue, Nyack. 845-770-9980. Family practice also available.
- **Summertime is around the corner! Check out these online camp resources:**
 - <http://www.nymetroparents.com/listings/Camp##>
 - <http://www.nyparenting.com/campguide/>
 - <http://hvparent.com/camp-guide>

The 2018-2019 Nyack District School Calendar is here! Go to: <http://www.nyackschools.org>

Si le hace falta información traducida en español llame a Rachel 845-353-7268

FRC Coordinator: Rachel Berlin; Assistant Coordinator: Joanne Wallace

Email: rberlin@nyackschools.org Phone: 845-353-7268

Hours: Mon – Thurs: 10–4:00pm

Family Resource Centers are sponsored in part by Rockland 21C