



Upper Nyack Elementary • October 2019

What's Going On at UN?

The Monthly Current Events Calendar of the Family Resource Center

Ongoing District FRC Programs...

- **Girls Circle and Boys Council:**
Small voluntary separate group programs to help girls and boys feel good about themselves by providing a safe place for them to express themselves through verbal sharing and creative activity.
- **Lunch Time Drop in Groups:**
Informal gathering of students in the FRC during their lunch period.
- **Books:** gently used and new books are always available for students to bring home and keep. Book shelves are right outside of the FRC.

MARK YOUR CALENDAR:

- ❖ Mon. Oct. 7, PTA meeting, 7pm
- ❖ Wed. Oct. 10, no school, Yum Kippur
- ❖ Mon. Oct. 14, no school, holiday
- ❖ Friday, Oct. 18, Trunk or Treat, 5pm
- ❖ Tues., Oct. 16 picture day



WELCOME NIGHT: An Evening for Nyack School Families

Join us in a community of learning this new school year. Come meet your School Principal, School Leaders, FRC Coordinators, other District Families and Dr. Montesano, Superintendent of Nyack Public Schools.

Free pizza dinner, free childcare, translators in Spanish and Haitian Creole. A flyer with details will follow.

Monday, October 21, 2019, 5:30-7:00pm at the Nyack Center, 58 Depew Ave.

FREE AND REDUCED LUNCH FORMS: REMINDER

If you think your child may be eligible for free or reduced lunch, you must fill out and submit an application, even if your child received free lunch last year. Call the FRC at 845-353-7268 if you have any questions or need help.

DONATION STATION:

Thank you to everyone who requested to join our Donation Station list. In case you missed the info last time, Donation Station is a service provided by the FRC to help families access specific items in times of need or crisis. For example: school supplies, clothing, shoes or furniture. If you would like to be included on the Donation Station list to help out, please e-mail me at rberlin@nyackschools.org or for more information call me at 353-7268

COMMUNITY HAPPENINGS AND RESOURCES:

- **Nyack Library:**
Cuentos, Canciones Y Artesania: Wednesdays, starting October 23 from 5-6pm. For children ages 2-4. Help you children prepare for school. Free for all. Call 353-7268 for more info.
- **Dial 211** for comprehensive information for health and human services in Rockland. With this service you will have access to call specialists on legal holidays, regional information during emergencies and translation for non-English speakers callers.

Rachel Berlin, FRC Coordinator; Joanne Wallace, Assistant Coordinator

Email: rberlin@nyackschools.org Phone: 845-353-7268

Hours: Mon – Thurs: 10—4:00pm

Family Resource Centers are sponsored in part by Rockland 21C