



# What's Going On at UN?

The Monthly Current Events Calendar of the Family Resource Center

## Ongoing District FRC Programs...

- **Nyack Parent Child Home Program (PCHP):** A home-based early literacy program for income eligible families with 18-month – 3 year old child that promotes learning and language development through the use of books and toys. Call the FRC for additional information.
- **Lunch Time Drop in Groups:** Informal gathering of students in the FRC during their lunch period.
- **Books:** gently used and new books are always available for students to bring home and keep. Book shelves are right outside of the FRC.

## MARK YOUR CALENDAR:

- Sept. 14:** Back to School Picnic (5-7pm)  
**Sept. 17:** 7pm UN PTA meeting  
**Sept. 19:** School closed for Yom Kippur



## A WARM WELCOME FROM THE UN FAMILY RESOURCE CENTER

### FAMILY RESOURCE CENTER GOALS:

- To provide a welcoming environment at school and support parent involvement.
- To build and nurture the school and home partnership.
- To support family literacy and language development for young children.
- To provide information and referrals to help our parents and families.

### DONATION STATION:

A service provided by the FRC to help families access specific items in times of need or crisis. For example: school supplies, clothing, shoes or furniture. If you would like to be included on the Donation Station list to help out, please e-mail me at [rberlin@nyackschools.org](mailto:rberlin@nyackschools.org) or for more information call me at 353-7268.

### FREE AND REDUCED LUNCH FORMS:

If you think your child may be eligible for free or reduced lunch, you must fill out and submit an application, even if your child received free lunch last year. Call the FRC if you have any questions or need help.

**PATIENT PARENTING WORKSHOPS:** Starting Thur., September 20<sup>th</sup> Dr. Najafi, PhD will facilitate a six week course that will focus on skill development for parents and guardians. The course is **free** and will take place at the Mental Health Association of Rockland, 140 Rt. 303, valley Cottage, NY from 6-8 PM. To register, please call (845) 267-2172, ext. 281 or reply by e-mail to [setianm@mharockland.org](mailto:setianm@mharockland.org).

### COMMUNITY HAPPENINGS AND RESOURCES:

#### Nyack Library:

- Beginning Monday, September 10th 5pm  
Free Assistance with NYS Health Insurance
- **Dial 211** for comprehensive information for health and human services in Rockland. With this service you will have access to call specialists on legal holidays, regional information during emergencies and translation for non-English speakers callers.

Rachel Berlin, FRC Coordinator; Joanne Wallace, Assistant Coordinator  
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Hours: Mon – Thurs: 10—4:00pm

**Family Resource Centers are sponsored in part by Rockland 21C**