



Valley Cottage Elementary • JANUARY & FEBRUARY 2017

What's Going On at VCE?

The Monthly Current Events Calendar of the Family Resource Center

Ongoing District FRC Programs...

For Pre-Schoolers:

- **Cuentos, Canciones y Artesanía:**
Martes, 1:00-2:30pm,
@ Nyack Library
Para niños de 3-5 años con adulto. Ayude a su hijo a prepararse para la escuela! Gratis para todos!
- **Nyack Parent Child Home Program:** A home-based early literacy program for income eligible families with 18-mo – 3 yr.old child, that promotes learning and language development through the use of books and toys. Call the FRC for more info.
- **Free and Reduced lunch applications** available in FRC. Call or come by!
- **Donation Station:** If you need help accessing specific items such as school supplies, clothing, etc. just email or call the FRC. We can help!

UNIVERSAL PRE-K (UPK) INFO SESSION

Wednesday, February 8th, 7pm, at VCE

In preparation for the 2017-2018 school year, Child Care Resources of Rockland will be hosting UPK information session for parents who have a child that will be **4 years old on or before December 1, 2017**. UPK offers **FREE** preschool learning opportunities to children in preparation for Kindergarten and First Grade. If you can't make this session, call the FRC (353-7291) for alternate dates and locations.

NEW FIFTH GRADE GIRL'S CIRCLE:

Wednesdays beginning January 25th during 5th grade lunch.

Coordinated by school social worker, Brett Sloane and FRC Coordinator, Julie Kassel, this workshop is designed to help girls develop resilience, express their feelings, learn about each other and have fun through verbal sharing and creative activity.

FAMILIES HELPING FAMILIES

Every holiday season, the Nyack Family Resource Centers collaborate with school and community to make this time of year just a little easier for our more vulnerable families. I am, once again, in awe of the generosity of the VCE community.

Staff members contributed gifts to our Secret Santa Holiday Gift program with 55 students receiving gifts this year! And in our effort to empower families to make their own food choices, many VCE families contributed to a fund to purchase Shop Rite gift cards to help offset the cost of family celebrations.



*Thank you all for your continued kindness and support and wishing you a
Happy and Healthy New Year!*

MARK YOUR CALENDAR:

Jan. 11: VCE Winter Concert, Grs. 3-5, High School, 7PM
Jan. 16: No School, MLK Day
Jan. 18: VCE PTA Meeting, 7:30PM
Jan. 20: VCE Family Bingo, 7PM
Feb. 8: VCE PTA Meeting, 7:30PM
Feb 20-24: NO SCHOOL, Mid-Winter Recess

DID YOU KNOW:

- **PARENT TOOLKIT** – For academic resources in English and Spanish, Pre-K thru High School, you can go to: <http://www.parenttoolkit.com/>
- **JANUARY 31, 2017** is the last day to enroll in/change a 2017 HEALTHCARE plan. Visit: <https://www.healthcare.gov/>
- You can **LEARN ENGLISH for FREE using your CELL PHONE** with Cell Ed. Call your FRC to sign up today!
- You can get **FREE** help on **CITIZENSHIP APPLICATIONS**, by calling/texting Andrea: **845-826-5022**. Sponsored by Literacy Solutions, NYS Office for New Americans.
- **HRH Care/Urgent Care Clinic is NOW OPEN!** 84 N. Highland Avenue, Nyack. Call 845-770-9980. Not just for Urgent Care. Family Practice also available.
- **INFO ROCK** provides comprehensive information for health/human services in Rockland. Call **845-364-2020**
- **FREE INCOME TAX PREPARATION** for low to moderate income tax payers!
Mondays: 10-2pm at the Nyack Library, Fridays: 10-2pm at the VC Library

FRC Coordinator: Julie Kassel; Assistant Coordinator: Joanne Wallace
Email: jkassel@nyackschools.org Phone: 845-353-7291
Hours: Mon – Fri: 9-3pm

Family Resource Centers are sponsored in part by Rockland 21C