



# FRC Connections

Monthly News, Information and Events of the Nyack Middle School and Family Resource Center

## THE NYACK MIDDLE SCHOOL FRC WANTS TO HELP YOU HELP YOUR CHILDREN SUCCEED

Call Wanda Octaviano, your FRC Coordinator, for parenting support, community resources, school information, translation services, school supplies & more!



**845-353-7214**  
 woctaviano@nyackschools.org  
 OFFICE HRS M-F: 9AM – 2PM  
**SE HABLA ESPAÑOL**



## NYACK FRC: HELPING FAMILIES HELP FAMILIES

### SHOPRITE GIFT CARD DRIVE

This Thanksgiving holiday, the Nyack Middle School FRC will be collecting donations of Shoprite gift cards for families in need.

Shoprite gift cards can be dropped off in the MAIN OFFICE anytime during the school day until November 17<sup>th</sup>. Gift cards will be distributed to families providing them with the opportunity to plan and prepare their own holiday family celebrations. **We are looking for gift cards in \$25 denominations, but ANY AMOUNT IS WELCOME.**

### PARENT/TEACHER CONFERENCES-TRANSLATION

The FRC is offering translation assistance in Spanish and Creole for parents/guardians during Parent - Teacher Conferences on Mon, Nov 5 and Thurs, Nov 15<sup>th</sup>, 6-8pm ONLY.

Conferences with Translation are held in the Guidance Office on a first come, first served basis. Call 845-353-7214.

## ONGOING FRC PROGRAMS

### SCHOOL SUPPLIES

**NEED SCHOOL SUPPLIES?** Contact the FRC! We will gladly send the items home discretely with your student.

**DONATE SCHOOL SUPPLIES!** We are in particular need of large book bags and ear buds! Any donations are gladly accepted all year long.

### SPONSOR A STUDENT

Sponsor a student and cover the cost of PTA or school-sponsored, fee-based events, trips or activities for the year.

### DONATION STATION

Help families anonymously with specific items in times of need or crisis. Call to be added to our email list, or make a request.

## LUNCHTIME STUDENT GROUPS:

### BOYS COUNCIL (6<sup>th</sup> graders)

6<sup>th</sup> graders meet Wednesdays during lunch to have fun, make connections and develop their identities in a positive way.

### GIRL CIRCLE (6<sup>th</sup> & 7<sup>th</sup> graders)

6<sup>th</sup> & 7<sup>th</sup> graders meet Fridays during lunch for creative activities that promote strength and resiliency.

### POSITIVE ACTION CLUB (8<sup>th</sup> graders)

8<sup>th</sup> graders learn how to manage their time, make good decisions and tap into their potential. Every Tuesday during lunch.

## MARK YOUR CALENDAR:

- Nov 1-2 – PROJECT S.E.E. – 6<sup>th</sup> Grade
- Nov. 4 – Daylight Savings
- Nov 5 - Parent-Teacher Conf, 6-8pm
- Nov 6 – NO SCHOOL, Superintendents Day / ELECTION DAY
- Nov 7 - Waldron Terrace HW Club MEET & GREET for Parents, 5:30pm
- Nov 9- End of First Quarter
- Nov 9 - Early Dismissal, 11:45am
- Nov 9 – Parent-Teacher Conf, 1-3pm
- Nov 12 – NO SCHOOL, Veterans Day
- Nov 13 – BOE Meeting
- Nov 15 - Parent-Teacher Conf., 6-8pm
- Nov 21 – Early Dismissal, 11am
- Nov 22-23 – THANKSGIVING BREAK
- Nov 29 – School Picture Re-Takes/8<sup>th</sup> Grade Panoramic

## IMPORTANT HEALTHCARE INFO!

**2019 OPEN ACA ENROLLMENT runs from November 1<sup>st</sup> to December 15<sup>th</sup>!**

**GET READY by visiting:**

<https://www.healthcare.gov/get-coverage/>.

### FREE/LOW COST FLU SHOTS

November 2<sup>nd</sup> from 1:00 pm - 4:00 pm, Robert Yeager Health Center, Bldg A, 2<sup>nd</sup> fl clinic area, Sanatorium Rd, Pomona.

### CHILD IMMUNIZATIONS CLINICS

Clinic meets Mons & Weds, by appointment only, Robert L. Yeager Health Center, Building A, 2<sup>nd</sup> fl rotunda area.

Mon appt. hrs: 8:30AM to 10:30AM, or 2:30PM to 4:00 PM; Weds appt hrs: 8:30AM – 11:00AM. For appts call 845-364-2497.