



FRC Connections

Monthly News, Information and Events of the Nyack Middle School and Family Resource Center

THE NYACK MIDDLE SCHOOL FRC WANTS TO HELP YOU HELP YOUR CHILDREN SUCCEED

Call Wanda Octaviano, your FRC Coordinator, for parenting support, community resources, school information, translation services, school supplies and more!



845-353-7214
 woctaviano@nyackschools.org
 OFFICE HRS M-F: 8:30AM – 1:30PM
SE HABLA ESPAÑOL

WELCOME BACK!

We hope you and your family had a wonderful summer vacation and are ready to start the new school year.

The FRC looks forward to continuing our work toward strengthening the link between family, school and community to ensure the success of EVERY CHILD.

FREE PROGRAMS & SERVICES

- Family Advocacy & Support
- Community Resources including afterschool enrichment, summer camp assistance, support groups, health insurance and more.
- Information Articles Library
- Student Lunchtime Drop-In
- Outreach and Information Events
- Charitable Programs including Holiday Giving, Donation Station, Sponsor a Student
- Translation Services
- Waldron Terrace HW Club
- Free School Supplies
- "Take a Free Book" Baskets
- Monthly FRC Newsletter (English/Spanish)
- Positive Action Club- 8th Graders
- NEW Boys Council Program
- Girls Circle Program

If you have concerns, requests or suggestions, please let us know.

WE ARE HERE TO SUPPORT YOU!

SCHOOL SUPPLIES NEEDED

The FRC maintains an inventory of back packs and school supplies for any student who needs them at any time.

If you would like to make a donation of a NEW book bags and/or school supplies – and we need them ALL YEAR LONG – you can drop them off in the Guidance Office during school hrs!

If you, or a family you know, needs school supplies, please contact us! We will gladly send the items home discretely with your student.

Special thanks to **People to People** for their generous contribution of school supplies for our students.

DONATION STATION

Help families anonymously with specific items in times of need or crisis. Call us to add your name to our email list, or make a request for your family.

Come visit your FRC Coordinators at the GREAT NYACK GET-TOGETHER!



The Great Nyack Get-Together

A FREE Community Event
 @ Memorial Park
Sat., Sept. 16th 12noon - 6pm

LOOKING AHEAD:

- Sept. 5 – First Day of School
- Sept. 14 – PROJECT SEE Orientation -6th Grade Parents – 5:30– 6:30pm
- Sept. 14 – BACK TO SCHOOL NIGHT, 6:30pm
- Sept. 21 & 22 – NO SCHOOL – Rosh Hashanah
- Sept. 27 – PTA Meeting, 7pm, Library
- Oct. 7 – MS Color Run, 8:30a-10am
- Oct. 9 – NO SCHOOL, Columbus Day
- Oct. 24 & 25 – Picture Day
- Oct. 27 – Halloween Dance, 7-9pm

FREE PARENTING COURSE

Learn to help your child develop self-control, reinforce positive behaviors, improve communication and more!

Thurs, 6-8pm, 10/ 12, 19, 26, 11/2, 9, 16
Mental Health Assn, 140 Rte 303, Valley Cottage, NY

For more info, call Madlen Setian:
845-267-2172, X 281
 setianm@mharockland.org

NAMI PARENT SUPPORT GROUP

Support for Parents of Children & Teens with Mental health/ Behavioral Concerns

11:30am – 1pm

Second & Last Weds of every month
Rockland Psychiatric Ctr,
 140 Old Orangeburg Rd, Bldg 57, 1st Fl.

845-359-8784