



FRC Connections

Monthly News, Information and Events of the Nyack Middle School and Family Resource Center

THE NYACK MIDDLE SCHOOL FRC WANTS TO HELP YOU HELP YOUR CHILDREN SUCCEED
 Call Wanda Octaviano, your FRC Coordinator, for parenting support, community resources, school information, translation services, school supplies & more!



845-353-7214
 woctaviano@nyackschools.org
 OFFICE HRS M-F: 9AM – 2PM
SE HABLA ESPAÑOL

IT'S COLD OUT THERE!

And your FRC has a supply of **hats, gloves & scarves** for any student who needs them. Thanks to Mr. Gabriele and his G.O. Club for collecting these winter items. We also have a supply of **winter coats** available as well!

NO NAME CALLING WEEK, a nationwide initiative created in 2004 by GLSEN <https://www.glsen.org/> to help end bullying and name-calling in schools, was held at NMS from Jan 20 - Jan 24th. Over 200 students signed pledges to stop name-calling and become allies, not bystanders. Students participated in a school-wide, extended homeroom activity, creating paper links for a "Kindness Chain" containing written compliments and kind words to symbolically rebuke the power of mean names.

NMS GSA Club members staffed pledge tables, made morning announcements and created a giant "BE KIND" display using the "Kindness Chains." Thanks to Jeanine Rufo (school social worker), the Guidance team and GSA for making our first **NO NAME CALLING WEEK** a success!

SCHOOL SUPPLIES are always in demand. Donations can be dropped off in the Main Office during the school day. We need new 1 1/2 inch binders, folders, pencil cases, dividers, erasers, backpacks, and earbuds.

FRC PROGRAMS

NMS PTA & FRC Presents
Summer CAMPS 101
 Thursday, Feb 13th
 7pm - 8pm
 NMS Library
Join Us!
It's Never TOO EARLY!
 Summer Camp Presentation by FRC Coordinator, Wanda Octaviano
 Get tons of Summer Camp Tips & Resources!
 For more info. call 845-353-7214 or email woctaviano@nyackschools.org

Mental Health Association of Rockland County
 Connecting people. Educating families. Rebuilding lives.
MHA Parent & Teen Support Group
 2/12, 3/11, 4/1, 5/13, 6/10 – 6:30-8pm
MHA Administrative Offices
 140 Route 303, Valley Cottage
 Support for teens with emotional disability
 Call Madlen Setian **845-267-2172, x281** or Kathy Abramson, **x278**

MARK YOUR CALENDAR:

- Feb 4 – BOE Meeting, NHS, 7:30pm
- Feb 7 – NMS Play, Seussical, 7pm
- Feb 8 – NMS Play, Seussical, 2pm & 7pm
- Feb 12 - 14 – MS Valentine's Day Sale
- Feb 13 – PTA Meeting, 7pm, NMS Library;
- Summer Camp 101 Presentation
- Feb 17 – Feb 21 – School Closed – Mid-Winter Break
- Feb 24 – Schools Reopen

HOMEWORK HELP

HOMEWORK CLUB @ NMS
 Teacher staffed HW Clubs are available every at **Nyack Middle School - Tues, Weds & Thurs, 3pm – 3:45pm.**

HOMEWORK HELP @ NYACK LIBRARY
 59 South Broadway, Nyack
 (Teen Room) – 845-358-3370. Ext. 236

Math HW Help – Every Weds, 6:30pm
Writing Help – Every other Thurs, 6:30pm.

Math Tutoring Time
 with Dr. Ernst LeJuene

NYACK CENTER
 58 Depew Ave. Nyack, NY 10960
 (845) 358-2600
 Need extra help with MATH?
 Stop by Mondays and Tuesdays!
 5:30pm – 6:30pm
 Free Math Tutoring for ANY Nyack School District Student
 Free Computer Lab Time
 Also Available Mon-Fri
 5:30pm – 8:30pm