



# FRC Connections

Monthly News, Information  
and Events of the Nyack  
Middle School and Family  
Resource Center

**THE NYACK MIDDLE SCHOOL FRC WANTS TO HELP YOU HELP YOUR CHILDREN SUCCEED**

Call Wanda Octaviano, your FRC Coordinator, for parenting support, community resources, school information, translation services, school supplies & more!



**845-353-7214**  
woctaviano@nyackschools.org  
OFFICE HRS M-F: 8:30AM – 1:30PM  
**SE HABLA ESPANOL**



**NYACK FRC: HELPING FAMILIES HELP FAMILIES**

**SHOPRITE GIFT CARD DRIVE**

This Thanksgiving holiday, the Nyack Middle School FRC will be collecting donations of Shoprite gift cards for families in need.

**Shoprite gift cards can be dropped off in the MAIN OFFICE anytime during the school day until November 17<sup>th</sup>.** Gift cards will be distributed to families providing them with the opportunity to plan and prepare their own holiday family celebrations. **We are looking for gift cards in \$25 denominations, but ANY AMOUNT IS WELCOME.**

**PARENT/TEACHER CONFERENCES-TRANSLATION**

The FRC is offering translation assistance in Spanish and Creole for parents/guardians during Parent - Teacher Conferences on Mon, Nov 6 and Thurs, Nov 16<sup>th</sup>, 6-8pm ONLY. Conferences with Translation are held in the Guidance Office on a first come, first served basis. **Call 845-353-7214.**

**ONGOING FRC PROGRAMS**  
**SCHOOL SUPPLIES**

**NEED SCHOOL SUPPLIES?** Contact the FRC! We will gladly send the items home discretely with your student.

**DONATE SCHOOL SUPPLIES!** We always need supplies, especially binders. Drop off in the Guidance Office anytime.

**SPONSOR A STUDENT**

Sponsor a student and cover the cost of PTA or school-sponsored, fee-based events, trips or activities for the year.

**DONATION STATION**

Help families anonymously with specific items in times of need or crisis. Call the FRC to be added to our email list, or to make a specific request.

**LUNCHTIME STUDENT GROUPS:**

**BOYS COUNCIL (6<sup>th</sup> graders)**

6<sup>th</sup> graders meet Wednesdays during lunch to have fun, make connections and develop their identities in a positive way.

**GIRL CIRCLE (6<sup>th</sup> & 7<sup>th</sup> graders)**

6<sup>th</sup> & 7<sup>th</sup> graders meet Fridays during lunch for creative activities that promote strength and resiliency.

**POSITIVE ACTION CLUB (8<sup>th</sup> graders)**

8<sup>th</sup> graders learn how to manage their time, make good decisions and tap into their potential. Every Thursday during lunch.

**MARK YOUR CALENDAR:**

- Nov 1 – MS Parent Naviance Workshop, 9am, 1pm and 7pm
- Nov 2 – Waldron Terrace HW Club MEET & GREET for Parents, 5:30pm
- Nov 2 – “Beyond Measure” Screening @ Nyack Center, 7pm
- Nov 6 - Parent-Teacher Conf, 6-8pm
- Nov 7 – NO SCHOOL, Superintendents Day / ELECTION DAY
- Nov 8 – MS PTA Meeting, 7pm, Library
- Nov 9 - End of First Quarter
- Nov 9 - Early Dismissal, 11:45am
- Nov 9 – Parent-Teacher Conf, 1-3pm
- Nov 9 – PTA Bounce Night, 6-8pm
- Nov 10 – NO SCHOOL, Veterans Day
- Nov 13 – 17 – NMS PTA BOOK FAIR
- Nov 14 -15 – PROJECT S.E.E. – 6<sup>th</sup> Grade
- Nov 16 – Parent-Teacher Conf., 6-8pm
- Nov 22 – Early Dismissal, 11am
- Nov 23-24 – THANKSGIVING BREAK
- Nov 30 – School Picture Re-Takes/8 Gr Panoramic Photo

**IMPORTANT HEALTHCARE INFO!**

**2018 OPEN ACA ENROLLMENT is shorter than ever.** If you don't act by Dec 15, you can't get 2018 coverage unless you qualify for a Special Enrollment Period. Plans sold during Open Enrollment start 1/1/18. <https://www.healthcare.gov/get-coverage/>

**FREE/LOW COST FLU SHOTS** – Rockland Community College – Fri, 11/3, 1-4pm, Student Union, Rm 3217. 845-364-2534.