



FRC Connections

Monthly News, Information
and Events of the Nyack
Middle School and Family
Resource Center

THE NYACK MIDDLE SCHOOL FRC WANTS TO HELP YOU HELP YOUR CHILDREN SUCCEED

Call Wanda Octaviano, your FRC Coordinator, for parenting support, community resources, school information, translation services, school supplies and more!



845-353-7214
woctaviano@nyackschools.org
OFFICE HRS M-F: 9AM – 2PM
SE HABLA ESPAÑOL

HAPPY FALL!

As the weather begins to cool, make sure to stay connected with your school and community in whatever way you can. There are great things planned at Nyack Middle School and your FRC is here to keep you informed and inspired!

IMPORTANT THINGS TO KNOW:

FRC WEBPAGE

Visit our webpage for info & resources!
http://ms.nyackschools.org/groups/7971/family_resource_center/home

DONATION STATION

Help families anonymously with specific items in times of need or crisis. Call us to add your name to our email list or make a request for your family.

HUDSON VALLEY 2-1-1

United Way's 2-1-1 Helpline is a free, confidential, multilingual service that helps you find answers to Health and Human Services related questions.
<http://www.hudson211.org/cms/>

WORRIED ABOUT VAPING?

Get informed! For resources about vaping and other preventative information, visit our Student Support Services Prevention Coordinator, Dornzella Milligan's webpage at <https://hs.nyackschools.org/>. Go to "Families/Students" on the top bar, then click on "Student Support Services and Prevention." You can also visit her "Prevention Corner" at: https://hs.nyackschools.org/groups/8288/guidance_school_counseling_office/home

STUDENT LUNCHTIME GROUPS

BOYS COUNCIL - 6th Gr Wednesdays, starting Oct 23

A nationally recognized program that supports boys' developing identities in a strength-based, positive manner.

GIRLS CIRCLE - 6th & 7th Grade Fridays, starting Oct 25

A nationally recognized program designed to promote strength and resiliency in girls and young women.

POSITIVE ACTION CLUB - 8th Gr Starting Tues, Oct 22, then every Thurs.

Students have fun while they learn how to manage their time, make good decisions, and tap into their potential.

AFTER SCHOOL CLUBS

NMS CLUBS STARTING SOON Club Fair -- Oct. 10th-- During Lunch

Math, English, Social Studies, Science, Spanish, History & Study Skills HW Clubs, Jazz Band, Orchestra, Advanced Orchestra Ski Club, Chess Club, Mindfulness Club, G.O. Club, National Jr. Honor Society Yearbook Club, Raise Your Sights Club Science Olympiad, GSA, Drama Club Graphic Design / Art Club

NYACK LIBRARY TEEN EVENTS

Crafts, Cooking, Board Games, Feminist Book Club, Writing/Math HW Help & more.
<http://www.nyacklibrary.org/teens.html>. To register, call Kim Naples 358-3370, x236 or email: knaples@nyacklibrary.org.

LOOKING AHEAD

- Oct. 1 – NO SCHOOL –Rosh Hashanah
- Oct. 7 – STOMP OUT BULLYING March, 1:30pm
- Oct. 9 – NO SCHOOL – Yom Kippur
- Oct. 10 – NMS CLUB FAIR – During Lunch
- Oct. 10 – NMS PTA Meeting, 7pm – Special Library Resource Presentation for Parents
- Oct. 14 – NO SCHOOL - Indigenous Peoples' Day (Federally Know as Columbus Day)
- Oct. 15-16 - Project S.E.E. Trip, 6th Grade
- Oct. 15 – Afterschool Clubs Begin!
- Oct. 18 – Halloween Dance (PTA)-6-8pm
- Oct. 21-25 – Spirit Week
- Oct. 22 -23 – Picture Days
- Oct. 31 – Halloween

**PARENT/TEACHER
CONFERENCES 2019**

Monday, November 4, 6-8pm
Friday, November 8, 1-3pm
Thursday, November 14, 6-8pm

For Translation/ Para Traducción:
Call 845-353-7214 (Spanish)

SAVE THE DATE!
FALL FRC FAMILY FORUM
Thursday, November 21st, 6-8pm
NYACK LIBRARY

- **Meet** Your FRC Coordinators
- **Greet** Community Leaders & Providers
- **Eat** Dinner while you connect with the FRC team and meet other parents!

*Free Childcare and Pizza Dinner!
Give-Aways and Raffle Prizes!*