



THE NYACK MIDDLE SCHOOL FRC WANTS TO HELP YOU HELP YOUR CHILDREN SUCCEED

Call Wanda Octaviano, your FRC Coordinator, for parenting support, community resources, school information, translation services, school supplies and more!



FRC Connections

Monthly News, Information
and Events of the Nyack
Middle School and Family
Resource Center

845-353-7214
wocaviano@nyackschools.org
OFFICE HRS M-F: 8:30AM – 1:30PM
SE HABLA ESPAÑOL

HAPPY FALL!

As the leaves change color, make sure to stay connected with your school and community in whatever way you can. There are great things planned at Nyack Middle School and your FRC is here to keep you informed and inspired!

Thanks to everyone who has donated to our school supply inventory. Special thanks to TrendsetterNY in Nyack. They donated over 75 brand new backpacks to Nyack Middle School.

IMPORTANT THINGS TO KNOW:

PARENT PORTAL:

The Infinite Campus parent portal is your direct connection to your child's academic progress. If you have trouble accessing your account, call the Nyack School District at 845-353-7000.

FRC WEBPAGE

Visit the FRC webpage for up-to-date information and resources!
http://ms.nyackschools.org/groups/7971/family_resource_center/home

DONATION STATION

You can help families anonymously with specific items in times of need or crisis. Call us to add your name to our email list, or make a request for your family.

HUDSON VALLEY 2-1-1

United Way's 2-1-1 Helpline is a free, confidential, multilingual service that helps you find answers to Health and Human Services related questions.
<http://www.hudson211.org/cms/>

STUDENT LUNCHTIME GROUPS

The FRC is excited to be working with NHS staff to bring students fun, curriculum-based lunchtime programs.

NEW! BOYS COUNCIL - 6th Gr
With Mr. Edgar Lambert
Starting October 11th

Wednesdays @ Lunchtime

Boys Council is a free, curriculum-based, nationally recognized program that supports boys' developing identities in a strength-based, positive manner.

GIRLS CIRCLE - 6th & 7th Grade
With Mrs. Jeanine Rufo
Starting October 20th

Fridays @ Lunchtime

Girls Circle is a free, nationally recognized program designed to promote strength and resiliency in girls and young women.

POSITIVE ACTION CLUB - 8th Gr
With Mrs. Dornzella Milligan
Starting October 12th

Thursdays @ Lunchtime

Students have fun while they learn how to manage their time, make good decisions, and tap into their potential.

FREE HEALTH SERVICES

Free Cancer Screenings: Fri., 10/27, 8am – 3:30pm, Nyack Hospital. Call 845-348-8551 or 845-348-8582 (Spa)

Free Flu Shots: Fri., 11/3, 1 – 4pm, RCC, Student Union Bldg, Room 3217 (Must have Medicare/Medicaid, or are uninsured/under insured, or 65 years or older. If not, there is a \$25 fee).

LOOKING AHEAD

- Oct. 2 – STOMP OUT BULLYING
- Oct. 4 – Club Fair
- Oct. 9 - NO SCHOOL, Columbus Day
- Oct. 10 – 7pm NEW NMS Mac Lab Dedication; BOE Mtg @ NMS, 7:30pm
- Oct. 12 – PTA Bowling Night
- Oct. 24-25 - Picture Day
- Oct. 26 – College Awareness - 8th Gr
- Oct. 27 – Halloween Dance
- Oct. 31 - HALLOWEEN
- Nov. 6, 9 & 16 – Parent Teacher Conf.

Nyack Middle School READS:

Help us support reading for pleasure!

Please visit Mrs. Quinn's NMS Library webpage for parent resources and to see student photos in "Caught Reading":
http://ms.nyackschools.org/groups/7993/nyack_middle_school_library/home

For up-to-the-minute information on NEW items in your library, click here:
<https://nykms.opalsinfo.net/bin/search/searchPage?srchPage=newitem>

And **FREE BOOKS** are always available in the FRC OFFICE & GUIDANCE OFFICE.

TEEN PROGRAMS-NYACK LIBRARY

<http://www.nyacklibrary.org/teens.html>
or call 845-358-3370, Ext. 236.

FREE PARENTING COURSE

Thurs, 6-8pm, 10/12, 19, 26, 11/2, 9, 16
Mental Health Assn, 140 Rt 303, Valley Cottage
Madlen Setian - **845-267-2172, X 281**
setianm@mharockland.org