THE NYACK MIDDLE SCHOOL FRC WANTS TO HELP YOU HELP YOUR CHILDREN SUCCEED
Call Wanda Octaviano, your FRC Coordinator, for parenting support, community resources, school information, translation services, school supplies & more!

HAPPY NEW YEAR!

Every holiday season, the Nyack Family Resource Centers (FRC) collaborate with their school and community to make this time of year a little easier for our more vulnerable families. And every holiday season, I am moved and inspired by the incredible kindness and generosity of our community.

Thanks to the incredible efforts of Mr. Collazo and the staff, 80 students received holiday gifts this year.

The FRC partnered with Mr. Gabriele and the NMS G.O. Club to collect well over 40 coats for adults and children that will be distributed to Nyack families.

In our efforts to empower families to make their own food and gift choices, the FRC collected Shoprite, MC/Visa and Target gift cards to help offset the cost of family celebrations. This year, we distributed gift cards to 33 families!

Special thanks goes to Jerry Caiafa for his donation of NMS sweatshirts and sweatpants for EVERY student and staff member! And thank you to St. Catharine’s Church (Blauvelt), Michelle and Frank Clements, and the AOH Ladies/Blauvelt Division, for their donations of gift cards, coats and other clothing items.

The FRC would also like to extend a special thank you to Mrs. Campione, Mrs. Albanese, Mrs. McGee, and Mrs. Pappalardo for their fundraising efforts and contributions to our holiday drives!

ONGOING FRC PROGRAMS

**GIRLS CIRCLE - 6th & 7th Grade**
This program promotes strength and resiliency in girls and young women. This group meets every Friday during lunch.

> In December, Girls Circle completed a dozen “Blizzard Boxes” for Meals On Wheels as a community service project. Great job for a great organization!

**POSITIVE ACTION CLUB - 8th Grade**
Students have fun while learning to manage their time, make good decisions, and make a difference! Club meets every Tuesday during lunch.

**BOYS COUNCIL - 6th Grade**
Students meet every Wednesday during grade lunch to have fun, make connections and develop their identities in a positive way. Thanks to Mr. Lopez, Mr. Smith, Mr. DePalma, Mr. Collazo and Mr. Johnson for your participation!

**DONATION STATION**
Help families anonymously with specific items in times of need or crisis. Call the FRC to be added to our email list, or to make a specific request.

**WINTER ACCESSORIES DRIVE**
The G.O. Club is collecting NEW hats, gloves and scarves for adults/children. Please drop off your donations in BOX near SECURITY DESK.

DEADLINE: January 31st

MARK YOUR CALENDAR:

Jan 2 – School Re-Opens
Jan 11 – Ski Trip
Jan 11 – 8th Grade Elective Assembly
Jan 15 – BOE Meeting, NHS, 7:30pm
Jan 17-18 – World Language Midterm
Jan 18 – End of 2nd quarter
Jan 21 – School Closed – MLK Day
Jan 22-25 – SS, Math, Sci, ELA Midterms
Jan 23 – 8th Gr Incoming Freshman Parent Orientation, NHS, 7pm

DID YOU KNOW?

**FREE PARENTING WORKSHOPS**
The Nyack FRCs will be partnering with Tender Steps of NY, Inc. ([https://www.tenderstepsofny.org/](https://www.tenderstepsofny.org/)) to bring free parenting workshops to Nyack District families this spring at Nyack Library. Check back for more details!

**E-CIGARETTES/VAPING ARE NOT A SAFE ALTERNATIVE TO SMOKING!**
Tell your kids the truth about vaping: [https://www.healthychildren.org/English/health-issues/conditions/tobacco/Pages/Facts-For-Parents-About-E-Cigarettes-Electronic-Nicotine-Delivery-Systems.aspx](https://www.healthychildren.org/English/health-issues/conditions/tobacco/Pages/Facts-For-Parents-About-E-Cigarettes-Electronic-Nicotine-Delivery-Systems.aspx)

**GET YOUR FLU VACCINE ASAP!**
It’s not too late! The Health Dept. offers flu vaccine every Friday until March 1st, from 11am to 12pm, by appointment only. Call (845) 364-2536 for more info. and to make an appointment. You can also check with your doctor and your child’s doctor, or visit [www.flu.gov/](http://www.flu.gov/) for places to get the flu vaccine in our area.