



FRC Connections

Monthly News, Information and Events of the Nyack Middle School and Family Resource Center

THE NYACK MIDDLE SCHOOL FRC WANTS TO HELP YOU HELP YOUR CHILDREN SUCCEED

Call Wanda Octaviano, your FRC Coordinator, for parenting support, community resources, school information, translation services, school supplies and more!



845-353-7214
 woctaviano@nyackschools.org
 OFFICE HRS M-F: 9AM – 2PM
SE HABLA ESPAÑOL

HAPPY FALL!

As the weather begins to cool, make sure to stay connected with your school and community in whatever way you can. There are great things planned at Nyack Middle School and your FRC is here to keep you informed and inspired!

Special thanks go to Christina Hennessy and Linda Pappalardo for their recent staff fundraising efforts benefiting the FRC. YOU ROCK!

IMPORTANT THINGS TO KNOW:

PARENT PORTAL:

This is your direct connection to your child's academic progress. If you have trouble accessing your account, call the Nyack School District at 845-353-7000.

DONATION STATION

Help families anonymously with specific items in times of need or crisis. Call us to add your name to our email list, or make a request for your family.

HUDSON VALLEY 2-1-1

United Way's 2-1-1 Helpline is a free, confidential, multilingual service that helps you find answers to Health and Human Services related questions.

<http://www.hudson211.org/cms/>

NYACK LIBRARY TEEN EVENTS

Programs include Crafts, Cooking, Yoga, Comic Book Club, Writing/Math HW Help and much more. For more info go to:

<http://www.nyacklibrary.org/teens.html>.

To register, call Kim Naples 358-3370, x236 or email: knaples@nyacklibrary.org.

STUDENT LUNCHTIME GROUPS

BOYS COUNCIL - 6th Gr

Wednesdays, starting late October

A nationally recognized program that supports boys' developing identities in a strength-based, positive manner.

GIRLS CIRCLE - 6th & 7th Grade

Fridays, starting late October

A nationally recognized program designed to promote strength and resiliency in girls and young women.

POSITIVE ACTION CLUB - 8th Gr

Tuesdays, starting late October

Students have fun while they learn how to manage their time, make good decisions, and tap into their potential.

LOOKING AHEAD

- Oct. 1 – STOMP OUT BULLYING MARCH
- Oct. 8 - NO SCHOOL, Indigenous Peoples' Day (Federally Known as Columbus Day)
- Oct. 9 – Nyack Center Welcome Night, 5:30pm
- Oct.10 – Club Fair for Students
- Oct. 12 – Principal's Breakfast, 9-10am
- Oct. 16 – Afterschool Clubs Begin
- Oct. 19 – Halloween Party, 7pm
- Oct. 23-24 - Picture Days
- Oct. 31 – HALLOWEEN
- Nov. 5, 9 & 15 – Parent Teacher Conf.

FREE FLU VACCINE CLINICS

845-638-5645 / 845-364-2512

- Weds, Oct. 10, 1-4pm, Centro de Amigos, 91 Bway, Haverstraw
- Fri, Oct. 19, 1-4pm, Robert Yeager Health Center, Bldg A, Pomona
- Fri, Nov. 2, 1-4pm, Robert Yeager Health Center, Bldg A, Pomona

RAISING DIGITALLY RESPONSIBLE (& SAFE) YOUTH

October 18 at 7pm

Nanuet Public Library, 149 Church St.
 Call 845-623-4281, X128 to register

NMS CLUBS STARTING SOON

Check the school website for updates!

Math, English, Social Studies, Science & Study Skills HW Clubs, Jazz Band, Orchestra, Advanced Orchestra
 Ski Club, Chess Club, G.O. Club, National Jr. Honor Society, Yearbook Club, Raise Your Sights Club, Science Olympiad, Dignity for All Alliance, History Club, Drama Club, Musical Director