



**THE NYACK MIDDLE SCHOOL FRC WANTS TO HELP YOU HELP YOUR CHILDREN SUCCEED**

Call Wanda Octaviano, your FRC Coordinator, for parenting support, community resources, school information, translation services, school supplies & more!



# FRC Connections

Monthly News, Information  
and Events of the Nyack  
Middle School and Family  
Resource Center

**845-353-7214**  
woctaviano@nyackschools.org  
OFFICE HRS M-F: 8:30AM – 1:30PM  
**SE HABLA ESPAÑOL**

**YOUR FRC AT WORK!**

March was a busy month full of FRC student activities and parent presentations.

Special thanks to Beatrice Mattaway from Willow Tree Yoga who brought yoga to the students of the Waldron Terrace HW Club on Thursday, March 23<sup>rd</sup> for our **WALDRON TERRACE FAMILY YOGA NIGHT**. Everyone learned new ways to stretch, relax and find focus. **NAMASTE!**

**FAMILY TECHNOLOGY NIGHT** was held at the Nyack Center on March 28<sup>th</sup>. Yesenia Polanco and Lisa Retallack from Nyack Schools, along with all of the FRC Coordinators, met with parents to review the District's new "Going Green" policy, provide a tour of the Nyack Center's new computer lab, and teach parents how to access important school information online. Thanks to Kim Cross and Nicole Hines for all their support.

Nyack FRC programs and services were spotlighted on March 30<sup>th</sup> at the Nyack Center during the **NYACK DISTRICT COMMUNITY FORUM**. One of the greatest things about the Nyack FRC's is the team of coordinators that makes it all happen. It is an honor to work with Julie Kassell (Valley Cottage FRC) Rachel Berlin (Upper Nyack FRC), Silvia Henry (Liberty FRC) and Joanne Wallace, Asst. Coordinator. We work together so we can be here for YOU!

**GIVING BACK: FRC Programs**

**DONATION STATION**

Help families anonymously with specific items in times of need or crisis. Call the FRC to be added to our email list, or to make a specific request for your family.

**SPONSOR A STUDENT**

A family, or team of families, can sponsor one student and cover the cost of all PTA and school-sponsored, fee-based events, trips or activities for the school year.

**BOOK BAG BUDDY PROGRAM**

When you shop for supplies this Fall, shop for TWO! Put together a brand new book bag full of school supplies and drop off at NMS the first week of school!

**MARK YOUR CALENDAR:**

- May 2 – School Board Mtg, 7:30pm @ Nyack High School
- May 2- 4 – NYS Math Tests
- May 10 – Summer Camp FRC Presentation / PTA Meeting @ 7pm
- May 12 – Progress Reports
- May 14 – MOTHER'S DAY
- May 16 – BUDGET VOTE / BOARD MTG
- May 17 – Honors Assembly, 6<sup>th</sup> Grade, 9am; 7<sup>th</sup> Grade, 1pm; 8<sup>th</sup> Grade, 7pm
- May 29 – Memorial Day, School Closed
- May 31 – Fifth Grade Parent Orientation, NMS @ 6:30pm
- May 31 – SEPTSA Mtg, 7pm @ NMS

**JOIN US!  
FAMILY COMPUTER  
TIME AT  
NYACK CENTER!**



58 Depew Ave, Nyack  
Meet with Wanda Octaviano or Yesenia Polanco for help setting up emails, social media accounts, and access your child's school info. Every Tues, 5-8pm and every Weds, 9-11am. **SE HABLA ESPAÑOL**

**TEEN PROGRAMS - VALLEY  
COTTAGE LIBRARY**

- 110 Route 303, Valley Cottage  
Register online: [www.vclib.org](http://www.vclib.org)
- Teen Yoga, Mon, 5/8 at 7pm
  - Jewelry Making, Weds, 5/17 at 7pm
  - Teen Yoga, Weds, 5/24 at 7pm
  - Valley Cottage WRITES: Creative Writing Program, Weds, 5/24 at 7pm

NMS PTA & FRC  
Presents

## Summer CAMPS 101

Wednesday, May 10  
7pm in NMS Library

Join Us!

PTA Meeting,  
Q & A with Principal Johnson and  
FRC Summer Camp Presentation  
with Wanda Octaviano!  
Get tons of Summer Camp Tips &  
Resources!

For more info. call 845-353-7214 or email  
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