



FRC Connections

Monthly News, Information and Events of the Nyack Middle School and Family Resource Center

THE NYACK MIDDLE SCHOOL FRC WANTS TO HELP YOU HELP YOUR CHILDREN SUCCEED

Call Wanda Octaviano, your FRC Coordinator, for parenting support, community resources, school information, translation services, school supplies & more!



845-353-7214

woctaviano@nyackschools.org
OFFICE HRS M-F: 8:30AM – 1:30PM
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FAMILIES HELPING FAMILIES

Every holiday season, the **Nyack Family Resource Centers** (FRC) collaborate with their school and the community to make this time of year just a little easier for our more vulnerable families. I am continually moved and inspired by the generosity of the Nyack Middle School community and this year was no exception.

Thanks to the indomitable efforts of **Mr. Colazzo** and the staff, including **Mr. Gabriele** and his **G.O. Club**, over 75 students received holiday gifts this year (hoodies and winter accessories). In addition, the FRC's gift card drive helped provide 20 gift cards to Nyack High School students.

In our effort to empower families to make their own food choices, the FRC collected **Shoprite** gift cards to help offset the cost of family celebrations. For Thanksgiving, we distributed \$50 in gift cards each to 17 families. We did it again for the holidays but, this time, we were able to assist 20 families! Special thanks goes to **Arsenal Elite Athletics, Mr. Crowne, Mrs. Albanese, Mrs. Labrada, Celtic Sheet Metal** and the **NMS PTA** for their fundraising efforts and donations! We could not have done it without YOU!

*Thank you for your support!
Best wishes for a Happy and
Healthy New Year!*

NEW FRC PROGRAM

GIRLS CIRCLE - 6th & 7th Grade

Girl Circle is a free, nationally recognized program designed to promote strength and resiliency in girls and young women. Working with Mrs. Rufo, the FRC will be offering this program soon to 6th and 7th grade girls during lunch. More info. to come!

ONGOING FRC PROGRAMS

POSITIVE ACTION CLUB - 8th Grade

Starting again in February, 8th graders can have fun while they learn how to manage their time, make good decisions, tap into their potential, and make a difference! More information to come!

SCHOOL SUPPLIES

WE NEED BINDERS! Please drop off donations in the Guidance Office during school hours. Thank you!

DONATION STATION

Help families anonymously with specific items in times of need or crisis. Call the FRC to be added to our email list, or to make a specific request for your family.



WINTER COAT DRIVE

Please help Nyack families by donating new and/or gently-used coats for adults and/or children @ NMS.

DEADLINE: Jan 25th

Please drop off your donations in the **BOX** near **SECURITY DESK**

MARK YOUR CALENDAR:

- Jan 3 – School Re-Opens
- Jan 6 – MS/HS Junior All County
- Jan 7 – MS/HS Junior All County
- Jan 10 – BOE Mtg, Hilltop, 7:30pm
- Jan 16 – School Closed – MLK Day
- Jan 19 – OCADA Town Hall Mtg, 7pm
- Jan 20 – MS/HS End 2nd Quarter
- Jan 24 – BOE Mtg, NMS, 7:30pm
- Jan 25 – Grade 8 – Incoming NHS Freshman Orientation, NHS, 6:30pm

DID YOU KNOW?

PARENT TOOLKIT – For academic resources in English and Spanish, Pre-K thru High School, you can go to: <http://www.parenttoolkit.com/>

JANUARY 31, 2017 is the last day to enroll in/change a 2017 **HEALTHCARE** plan. Visit: <https://www.healthcare.gov/>

You can **LEARN ENGLISH** for **FREE** using your **CELL PHONE** with Cell Ed. Call your FRC to sign up today!

You can get **FREE** help on **CITIZENSHIP APPLICATIONS**, by calling/texting Andrea: **845-826-5022**. Sponsored by Literacy Solutions, NYS Office for New Americans.

HRH Care/Urgent Care Clinic is **NOW OPEN!** 84 N. Highland Avenue, Nyack. Call 845-770-9980. Not just for Urgent Care. Family Practice also available.

INFO ROCK provides comprehensive information for health/human services in Rockland. Call **845-364-2020**