

ALLERGEN-FREE* SNACK LIST

*Free of peanuts and tree nuts - These are allergen-free snacks.
Fresh fruit, vegetables and non-edible items are always encouraged.

If your child is celebrating their birthday here at school, please make sure the treats brought in are either non-edible or on the allergen-free safe snack list below. We will not distribute or send home treats that do not appear on the approved list. Many students have serious food allergies, and we need to be sure that the treats will be safe for all children. **TREATS MAY NOT BE DISTRIBUTED IN THE LUNCHROOM. Individually packaged cups do not contain spoons. Take-home treat bags should be in clear, zip-lock bags. Please see below for approved snacks.** As a district, we are not endorsing these brands. This list will be reviewed monthly and may be changed based on updated allergen information.

Chips

Baked Lay's - Original, Sour Cream & Onion, Parmesan and Tuscan Herb
Pirate's Booty – aged white cheddar, sour cream and onion, New York pizza
Pringles Snack Pack – original, 100 calorie original
Ruffles - Original, Reduced Fat, Sour Cream & Onion, Cheddar & Sour Cream

Crackers

Barnum's Animal Crackers – original
Nabisco Grahams – Original
Nabisco Honey Maid – Honey, Low Fat Honey, Cinnamon, Low Fat Cinnamon, Chocolate, Fresh Stacks
Pepperidge Farm Goldfish Crackers
Triscuit Crackers – original, garden herb, rosemary and olive oil, roasted garlic, reduced fat

Drinks

Water – non-flavored, non-sweetened, and non-carbonated

Fruit/Vegetables

Fresh fruit
Individually packaged apple sauce  **Parents please provide spoons.**
Individually packaged vegetable sticks


Popcorn

Skinny Pop Popcorn
Smart Food Popcorn – white cheddar, reduced fat, movie theatre butter

Pretzels

Rold Gold Pretzels – thins, sticks, rods, tiny twists
Kraft Handi-Snacks Mister Salty Pretzels and Cheese Dip
Pepperidge Farm Goldfish Pretzels

Treats

Breyers Pure Fruit Bars – 12 Pack (Strawberry, Orange, Raspberry)
Chips Ahoy – Chocolate Chip, Reduced Fat, Candy Blasts, Chunky, Chewy, White Fudge Chunky, Mini
Dole Fruit Bars – Variety 12 Pack (Strawberry, Grape, Raspberry)
Oreo – Original, Double Stuf
Lorna Doone Shortbread Cookies
Luigi's Real Italian Ice – cherry, lemon, mango, watermelon, and blue raspberry  **Parents please provide spoons.**
Minute Maid Juice Bars – 12 Pack Varieties: Cherry, Grape, Orange
Nabisco 100 Calorie Packs – Chips Ahoy Thin Crisps, Lorna Doone Shortbread Cookie Crisps
Teddy Grahams – cinnamon, honey, chocolate, chocolately chip, mini

Candy - Individually packaged serving size

Starburst Fruit Chews
Twizzlers – all wrapped varieties
Milk Duds
Skittles
Junior Mints
Smarties
Tootsie Rolls