

## ALLERGEN-FREE\* SNACK LIST

\*Free of peanuts and tree nuts - These are allergen-free snacks.  
Fresh fruit, vegetables and non-edible items are always encouraged.

If your child is celebrating their birthday here at school, please make sure the treats brought in are either non-edible or on the allergen-free safe snack list below. We will not distribute or send home treats that do not appear on the approved list. Many students have serious food allergies, and we need to be sure that the treats will be safe for all children. **TREATS MAY NOT BE DISTRIBUTED IN THE LUNCHROOM. Individually packaged cups do not contain spoons. Take-home treat bags should be in clear, zip-lock bags. Please see below for approved snacks.** As a district, we are not endorsing these brands. This list will be reviewed monthly and may be changed based on updated allergen information.

### Chips

Baked Lay's - Original, Sour Cream & Onion, Parmesan and Tuscan Herb  
Pirate's Booty – aged white cheddar, sour cream and onion, New York pizza  
Pringles Snack Pack – original, 100 calorie original  
Ruffles - Original, Reduced Fat, Sour Cream & Onion, Cheddar & Sour Cream

### Crackers

Barnum's Animal Crackers – original  
Nabisco Grahams – Original  
Nabisco Honey Maid – Honey, Low Fat Honey, Cinnamon, Low Fat Cinnamon, Chocolate, Fresh Stacks  
Pepperidge Farm Goldfish Crackers  
Triscuit Crackers – original, garden herb, rosemary and olive oil, roasted garlic, reduced fat

### Drinks

Water – non-flavored, non-sweetened, and non-carbonated

### Fruit/Vegetables

Fresh fruit  
Individually packaged apple sauce  **Parents please provide spoons.**  
Individually packaged vegetable sticks


### Popcorn

Skinny Pop Popcorn  
Smart Food Popcorn – white cheddar, reduced fat, movie theatre butter

### Pretzels

Rold Gold Pretzels – thins, sticks, rods, tiny twists  
Kraft Handi-Snacks Mister Salty Pretzels and Cheese Dip  
Pepperidge Farm Goldfish Pretzels

### Treats

Breyers Pure Fruit Bars – 12 Pack (Strawberry, Orange, Raspberry)  
Chips Ahoy – Chocolate Chip, Reduced Fat, Candy Blasts, Chunky, Chewy, White Fudge Chunky, Mini  
Dole Fruit Bars – Variety 12 Pack (Strawberry, Grape, Raspberry)  
Oreo – Original, Double Stuf  
Lorna Doone Shortbread Cookies  
Luigi's Real Italian Ice – cherry, lemon, mango, watermelon, and blue raspberry  **Parents please provide spoons.**  
Minute Maid Juice Bars – 12 Pack Varieties: Cherry, Grape, Orange  
Nabisco 100 Calorie Packs – Chips Ahoy Thin Crisps, Lorna Doone Shortbread Cookie Crisps  
Teddy Grahams – cinnamon, honey, chocolate, chocolately chip, mini

### Candy - Individually packaged serving size

Starburst Fruit Chews  
Twizzlers – all wrapped varieties  
Milk Duds  
Skittles  
Junior Mints  
Smarties  
Tootsie Rolls