

APRIL 2019

TUCKAHOE SCHOOLS

BREAKFAST MENU



DAILY SPECIALS AVAILABLE:				
CHOICE OF 1% MILK, FAT FREE UNFLAVORED, AND FAT FREE CHOCOLATE MILK	100% JUICES Please let us know if you have any food allergy concerns	MUFFINS: BANANA, APPLE, BLUEBERRY AND DOUBLE CHOCOLATE! CINNAMON APPLE!	FRESH FRUIT!	Student Breakfast \$1.25 Reduced: \$0.25 Adult: \$2.25 plus tax
01 Whole Grain Pancakes 100% Fruit Juice Fresh Fruit Fat Free Milk, Fat Free Chocolate & 1% Milk	02 Scrambled Eggs with Cheese 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate	03 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	04 Eggs with Cheese & Sausage 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	05 Pancakes served with Turkey Sausage 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk
08 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	09 Warm Cinnamon Breakfast Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	10 Egg & Sausage 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	11 Whole Grain Maple Pancakes 100% Fruit Juice Fresh Fruit Fat Free Milk, Fat Free Chocolate & 1% Milk	12 Scrambled Eggs with Cheese 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate
15 SPRING RECESS SCHOOL CLOSED	16	17 ENJOY!	18	19
22 SCHOOL RESUMES TUESDAY, APRIL 23RD.	23 Egg & Sausage 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	24 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	25 Warm Apple Frudel 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	26 Eggs & Turkey Sausage On Whole Grain Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk
29 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	30 Turkey Sausage Pancake Wrap 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	BREAKFAST SERVICE: WILLIAM E. COTTLE: 8:00—8:30 HS/MS: 7:15 -9:30	Menu's are subject to change without notice This institution is an Equal Opportunity Employer	