

JANUARY 2019

TUCKAHOE SCHOOLS

BREAKFAST MENU



DAILY SPECIALS AVAILABLE:				
CHOICE OF 1% MILK, FAT FREE UNFLAVORED, AND FAT FREE CHOCOLATE MILK	BREAKFAST SERVICE: WILLIAM E. COTTLE: 8:00—8:30 HS/MS: 7:15 -9:30	MUFFINS: BANANA, APPLE, BLUEBERRY AND DOUBLE CHOCOLATE! CINNAMON APPLE!	FRESH FRUIT! Only 100% Juices Served	Student Breakfast \$1.25 Reduced: \$0.25 Adult: \$2.25 plus tax
	HAPPY NEW YEARS DAY! SCHOOL RESUMES, MONDAY, JANUARY 2ND.	02 Egg & Cheese on Whole Grain Bagel 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	03 French Toast with Syrup 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	04 Pancakes & Sausage (t) 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk
07 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	08 Cinnamon Breakfast Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	09 Egg & Sausage 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	10 Whole Grain Maple Pancakes 100% Fruit Juice Fresh Fruit Fat Free Milk, Fat Free Chocolate & 1% Milk	11 Eggs & Bacon (t) Bagel 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate
14 Turkey Sausage Pancake Wrap 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	15 Whole Grain Maple Pancakes 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	16 Chicken Biscuit Breakfast Slider 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	17 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	18 Egg & Cheese with Turkey Sausage 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk
21 MARTIN LUTHER KING JR. DAY SCHOOL CLOSED	22 Eggs & Bacon (t) Bagel 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate	23 Cinnamon Breakfast Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	24 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	25 Egg & Cheese Sandwich 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk
28 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	29 Turkey Sausage Pancake Wrap 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	30 Egg & Cheese on Whole Grain Bagel 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	31 Chicken Biscuit Breakfast Slider 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	Menu's are subject to change without notice Please let us know if you have any food allergy concerns This institution is an Equal Opportunity Employer