

MAY 2019

TUCKAHOE SCHOOLS BREAKFAST MENU



DAILY SPECIALS AVAILABLE:				
CHOICE OF 1% MILK, FAT FREE UNFLAVORED, AND FAT FREE CHOCOLATE MILK	100% JUICES Please let us know if you have any food allergy concerns	MUFFINS: BANANA, APPLE, BLUEBERRY AND DOUBLE CHOCOLATE! CINNAMON APPLE!		Student Breakfast \$1.25 Reduced: \$0.25 Adult: \$2.25 plus tax
BREAKFAST SERVICE: WILLIAM E. COTTLE: 8:00—8:30 HS/MS: 7:15 -9:30	Menu's are subject to change without notice This institution is an Equal Opportunity Employer	01 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	02 Egg & Cheese on a Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	03 Pancakes served with Turkey Sausage 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk
06 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	07 Warm Cinnamon Breakfast Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	08 Egg & Sausage 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	09 Whole Grain Maple Pancakes 100% Fruit Juice Fresh Fruit Fat Free Milk, Fat Free Chocolate & 1% Milk	10 Scrambled Eggs with Cheese 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate
13 Belgian Waffles with Warm Fruit Topping 100% Fruit Juice Fresh Fruit Fat Free Milk, Fat Free Chocolate & 1% Milk	14 Scrambled Eggs with Cheese 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate	15 Warm Sunberry Fruit Round 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	16 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	17 Eggs & Turkey Sausage On Whole Grain Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk
20 Whole Grain Pancakes with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	21 Egg & Sausage 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	22 Whole Grain French Toast with Syrup 100% Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	23 Warm Apple Frudel 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	24 Memorial Day Observed School Closed
27 Memorial Day Observed School Closed	28 Eggs & Turkey Sausage On Whole Grain Roll 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk	29 Belgian Waffles & Fresh Strawberries 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	30 Egg & Cheese on a Roll 100% Fruit Juice Fresh Fruit 1% Milk, Fat Free Milk Fat Free Chocolate Milk	31 Turkey Sausage Pancake Wrap 100% Juice Fresh Fruit 1% Milk, Fat Free Milk, Fat Free Chocolate Milk