



# T.C.I.S.

## *Therapeutic Crisis Intervention for Schools*

The Borough Field Support Center for Staten Island is providing a four day training course in Therapeutic Crisis Intervention for Schools (TCIS). Upon successful completion of all course requirements, participants will be certified practitioners of T.C.I.S. and will be able to:

- Proactively prevent and/or de-escalate potential crisis situations with students
- Process a crisis event with students to help improve their coping strategies
- Manage crisis situations to reduce the risk of harm to students and staff

### **What is T.C.I.S.?**

T.C.I.S. was developed by Cornell University, and is supported by the New York City Council. T.C.I.S. is implemented in schools to prevent escalating situations with a student in crisis. The main goal of T.C.I.S. is to **prevent** the need to physically restrain or separate a student in crisis from the school setting.

T.C.I.S. is based on the four day Cornell University certification course. It is an evidence-based informed crisis prevention and management system that has been shown to decrease incidents of aggression and violence and improve the staff and organizational capacity to prevent and effectively manage crisis events. ***In order to receive certification and satisfy the mandate of the Chancellor's regulation A-411, staff must attend all four days and successfully complete the written and practical exams to show they have met the competency standards using the T.C.I.S. techniques.***

The new Chancellor's Regulation A-411 Behavioral Crisis/De-escalation and Contacting 911 mandates that each school train selected staff members in **T**herapeutic **C**risis **I**ntervention for **S**chools (TCIS).

In addition, each school's Crisis Intervention Team must complete a Crisis De-escalation Plan as part of its Consolidated School and Youth Development Plan due October 31<sup>st</sup> of each school year. Crisis de-escalation and response protocols must be shared with the **ENTIRE** staff by October 31<sup>st</sup> of each year.

### **What are the Goals of T.C.I.S.?**

- Improve school Climate and Culture in order to provide the necessary supports for our most vulnerable students.
- Learn strategies to prevent and de-escalate potential crises with students
- Learn how to safely and therapeutically manage crisis situations
- To be able to process with students to help improve their coping strategies
- Reflect on mindset around disciplining procedures in your school community and the need for change.

***\*\*Supervisors should be trained in preventing & de-escalating crisis situations\*\****



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### **T.C.I.S. Model of Crisis Prevention:**

- Review the current crisis situation
- Review of the T.C.I.S instruction in your school
- T.C.I.S. offers onsite training and assistance

### **Purpose of T.C.I.S.**

- Prevention of escalating situations
- Managing crisis situations when they occur
- Handling the de-escalation of crisis situations
- Learning techniques to handle stressful situations with students

### **How much time is needed to train for T.C.I.S.?**

T.C.I.S. program is a 4-day long training with each session from 8:30 AM -3:00 PM at the Petrides Complex, 715 Ocean Terrace-Building "A" Room 212, Staten Island, NY 10301

### **Expectations for TCIS Certification**

- Attend **all** 4 days of training
- Be on time 8:30am-3:00pm each day.
- Pass the written examination
- Pass the oral examination
- Complete all reading assignments
- Action plan
- Full participation
- Silence cell phones & electronic devices
- Be Respectful

### **5 Domains of Effective T.C.I.S. implementation include:**

- Leadership and Administrative Support
- Social Work and Clinical Services Participation
- Supervision and Post Crisis Response
- Training and Competency Standards
- Data Driven Incident Monitoring and Feedback

***\*\*Supervisors should be trained in preventing & de-escalating crisis situations\*\****