

# Need a Helping Hand?

Project Hospitality Provides...



## FOOD

514 Bay St.  
718-815-0800

Our food pantry at 514 Bay St. is open to the community every Tues and Thurs 9am-11am. Come for a meal at our soup kitchen Tues and Thurs 12pm-1pm. Or visit [hungryonstatensland.com](http://hungryonstatensland.com) to find the food pantry closest to where you live.

## SHELTER

25 Central Ave.  
718-720-0079  
Open 24 Hours a Day

If you don't currently have a place to sleep, talk to the Outreach Team at 25 Central Ave. or call 718-720-0079 to be screened for a housing placement best suited to your situation.

## PUBLIC BENEFITS, HEALTH INSURANCE, LEGAL & IMMIGRATION HELP

514 Bay St. 718-448-3470  
Mon-Fri 9am-5pm  
1546 Castleton Ave. 718-420-6466  
Mon-Fri 9am-5pm, Sat 9am-2pm

Our Help Centers provide application assistance for all public benefits (SNAP, WIC, Cash Assistance), help getting health insurance (Medicaid, Child Health Plus, NY State of Health Qualified Plans), free legal and immigration help, and tax prep and financial counseling.

## SUBSTANCE ABUSE HELP

14 Slosson Terrace  
718-273-8409  
Mon-Fri 9am-7pm, Sat 9am-12pm

We help adults with a previous or current history of alcohol or chemical dependency with assessment, individualized treatment and planning, individual and group counseling, relapse prevention planning, and substance assisted treatment coordinated with a physician.

## EMOTIONAL HEALTH

14 Slosson Terrace.  
718-273-8409  
Mon, Wed, Fri 9am-5pm  
Tu, Th 11am-7pm Sat 9am-3pm

We provide psychiatric evaluations and a variety of therapeutic approaches to fit your needs and goals. We can help deal with issues such as: relationship challenges, anxiety/stress management, grief and loss, dual diagnosis, obsessive-compulsive disorder, trauma, and depression/mood disorders.

## HEALTH HOMES

120 Stuyvesant Place  
718-442-9180  
Mon-Fri 9am-5pm

We help Medicaid beneficiaries who have been diagnosed with a chronic condition to understand and manage their health care needs.

## YOUTH DROP-IN CENTER

126 Bennett St.  
718-442-3153  
Mon-Sat 11am-7pm

Youth ages 14-24 are welcome to drop in for computer access, academic tutoring, job readiness training and placements, counseling, life skills training, shelter and housing referrals, snacks and clothing, and more.