

**POTENTIAL ALLERGENS MENU ITEMS**

IMPORTANT! The potential allergens per menu items are based on existing food labels, product fact sheets, recipes, etc. Note that items may be processed in facilities that product items with allergens, even though the planned ingredients in the items may not contain allergens. In addition, food suppliers may change ingredients that may change this information.

LUNCH ENTREES	PEANUTS	TREE NUTS	SEEDS - SESAME / SUNFLOWER	WHEAT / GLUTEN	EGG	SOY	MILK / DAIRY	FISH / SEAFOOD
BBQ Beef on Bun				bun		sauce, bun		
BBQ Beef Sub / Hoagie				bun		sauce, bun		
BBQ Chicken Legs			veg oil			sauce		
BBQ Meatball Sub / Hoagie				bun, meat	meat	sauce, meat, bun	meat	
Bean & Cheese Stuffed Potato						seasoning	cheese	
Beef & Bean Chili								
Beef & Cheese Stuffed Potato						seasoning	cheese	
Beef Enchilada Bake							cheese	
Buffalo Chicken Sandwich				bun		bun	sour & heavy cream, cheese	
Caesar Salad				croutons	egg, dressing		cheese, dressing	dressing
Cheese Alfredo / Cheesy Pasta				noodles	noodles		cheese, butter, milk	
Cheese Burrito				tortilla		tortilla	cheese	
Cheese Enchilada Bake							cheese	
Cheese Lasagna				noodles	noodles, egg	sauce	cheese	
Cheese Mostaccioli				noodles	noodles	sauce	cheese	
Cheese Quesadilla				tortilla		tortilla, butter sub	cheese	
Cheesy Breadsticks w/Marinara				breadstick		bread, sauce	cheese, bread	
Chef Salad				croutons	egg, dressing	dressing	cheese, dressing	
Chicken Alfredo				noodles, sauce	noodles, sauce	sauce	cheese, sauce	
Chicken Caesar Salad				croutons	dressing		cheese, dressing	dressing
Chicken Fajita Wrap				tortilla		tortilla		
Chicken Kofta			breadcrumbs	breadcrumbs, gravy	gravy	breadcrumbs, gravy	breadcrumbs, gravy	
Chicken Mostaccioli				noodles	noodles	sauce	cheese	
Chicken Vegetable Soup							base	
Chicken Salad Wrap				tortilla	mayo	tortilla, mayo		
Chicken Strips				breeding	breeding	breeding		
Chicken Taco Salad						dressing	cheese	
Chicken Taco Soup						chicken base		
Chickpea Pasta Salad				noodles	noodles	dressing	cheese	
Deli Sub / Hoagie				bun	mayo	mayo, cheese, bun	cheese	
Deli Turkey & Cheese Bagel				bagel	mayo	mayo, cheese, bagel	cheese	
Deli Turkey & Cheese on Bun				bun	mayo	mayo, cheese, bun	cheese	
Deli Turkey & Cheese Sandwich				bread	mayo	mayo, cheese, bread	cheese	
Dijon Tuna Salad on Bun			mustard	bun	mayo	tuna, mayo, bun		tuna
Dijon Tuna Salad Sub / Hoagie			mustard	bun	mayo	tuna, mayo, bun		tuna
Egg Salad on Bun			mustard	bun	egg, mayo	mayo, bun		
Egg Salad Sandwich			mustard	bread	egg, mayo	mayo, bread		
Egg Salad Sub / Hoagie			mustard	bun	egg, mayo	mayo, bun		
Egg Salad Wrap			mustard	tortilla	egg, mayo	mayo, tortilla		
Garden Salad					egg, dressing	dressing	cheese, dressing	
Hamburger on Bun				bun		bun		
Italian Cheese Sub / Hoagie				bun		cheese, bun		
Italian Chicken Sub / Hoagie				bun	sauce	cheese, bun		

LUNCH ENTREES	PEANUTS	TREE NUTS	SEEDS - SESAME / SUNFLOWER	WHEAT / GLUTEN	EGG	SOY	MILK / DAIRY	FISH / SEAFOOD
Italian Pasta w/Meatsauce				noodles	noodles	sauce		
Macaroni & Cheese			dry mustard	noodles	noodles	cheese	cheese, milk, butter	
Meatball Sub / Hoagie				bun, meat	meat	meat, sauce, bun	meat, cheese	
Multi-cheese Bagel				bagel	mayo	mayo, cheese, bagel	cheese	
Multi-cheese on Bun				bun	mayo	mayo, cheese, bun	cheese	
Multi-cheese Sandwich				bread	mayo	mayo, cheese, bread	cheese	
Multi-cheese Sub / Hoagie				bun	mayo	mayo, cheese, bun	cheese	
Pasta w/Meatballs				noodles, meat	noodles, meat	meat, sauce	meat	
PB & J Sandwich	peanut butter		peanut butter	bread		bread, peanut butter	bread	
Salisbury Steak				gravy	gravy	gravy		
Sante Fe Cheese Pasta Salad			mustard	noodles	mayo, noodles	mayo	cheese	
Sante Fe Cheese Wrap				tortilla		tortilla	cheese	
Sante Fe Chicken Pasta Salad				noodles	noodles, dressing	dressing, base	cheese, dressing	
Sante Fe Chicken Wrap				tortilla		tortilla	cheese	
Soft Shell Beef Taco				tortilla		tortilla	cheese	
Soft Shell Chicken Taco				tortilla		tortilla	cheese	
Soft Shell Turkey Taco				tortilla		tortilla	cheese	
Southwest Cheese Wrap				tortilla	ranch	tortilla, ranch	cheese, ranch	
Southwest Chicken Wrap				tortilla	ranch	tortilla	ranch	
Teriyaki Chicken Legs			oil	glaze		glaze		
Three Bean Chili				base		base		
Tuna Salad on Bun			mustard	bun	mayo	tuna, mayo, bun		tuna
Turkey Corn Dog				breadding	breadding	breadding		
Turkey Ham & Cheese Bagel				bagel	mayo	mayo, cheese, bagel	cheese	
Turkey Ham & Cheese on Bun				bun	mayo	mayo, cheese, bun	cheese	
Turkey Ham & Cheese Sandwich				bread	mayo	mayo, cheese, bread	cheese	
Turkey Ham & Cheese Sub / Hoagie				bun	mayo	mayo, cheese, bun	cheese	
Turkey Hot Dog on Bun				bun		bun		
Turkey Salami & Cheese Bagel				bagel	mayo	mayo, cheese, bagel	cheese	
Turkey Salami & Cheese on Bun				bun	mayo	mayo, cheese, bun	cheese	
Turkey Salami & Cheese Sandwich				bread	mayo	mayo, cheese, bread	cheese	
Vegetable Bean Soup								
Vegetable Beef Soup						beef stock		
Vegetable Beef Stew						beef stock		
Veggie Chef Salad				croutons	egg, dressing	dressing	cheese, dressing, croutons	
Veggie Taco Salad						dressing	cheese	
Veggie Taco Soup				base		base		
White Bean Chili				base		base		
White Chicken Chili						base		
<b>SIDES</b>								
Baked Beans			X					
Baked Chips				X			X	
Bean Dip						sauce		
Biscuit				X			X	
Black Beans								
Breadstick, Soft				X	X	X	X	
Breadstick, Garlic				X	X	X	X	
Brown Rice								
Carrot Slaw					dressing	dressing	dressing	

SIDES	PEANUTS	TREE NUTS	SEEDS - SESAME / SUNFLOWER	WHEAT / GLUTEN	EGG	SOY	MILK / DAIRY	FISH / SEAFOOD
Corn Muffin				X	X	X	X	
Deli Coleslaw			dressing		dressing	dressing		
Dinner Roll				X		X	X	
Hummus			sauce					
Hummus Dip			sauce					
Pinto Beans								
Potato Salad			mustard		mayo	mayo, dressing		
Potato Wedges						seasoning		
Refried Beans								
Roasted Potatoes						seasoning		
Steamed Corn						seasoning		
Tortilla Chips								
<b>SALAD &amp; VEGGIES</b>								
Broccoli								
Carrots								
Celery								
Romaine & Spinach Mix								
Romaine Lettuce								
Tomatoes - Cherry / Grape								
Zucchini								
<b>FRUITS</b>								
Apple								
Applesauce								
Banana								
Fruit Juice								
Orange								
Raisins								
<b>BREAKFAST</b>								
Breakfast Loaf - Banana				X	X	X	X	
Breakfast Loaf - Tropical				X	X	X	X	
Cereal - Cinnamon Toasters				X		X		
Cereal - Honey Scooters				X		X		
Fruit Yogurt							X	
Granola		X		X	X	X	X	
Muffin - Blueberry				X	X	X	X	
Muffin - Apple Cinnamon				X	X	X	X	
String Cheese							X	
<b>SNACK</b>								
Animal Crackers				X		X		
Multi-grain Bar - Apple Cinnamon				X	X	X	X	
Multi-grain Bar - Brown Sugar				X	X	X	X	
Pretzels				X				
Sun Chips				X			X	
<b>DRESSINGS</b>								
Asian			X		X	X		
Caesar					X	X	X	X
French						X		
Italian						X		
Ranch					X	X	X	
<b>OTHER</b>								
Chow Mein Noodles				X				
Croutons		X		X			X	
Margarine						X	X	
Milk - White, Skim / 1%							X	
Milk - Choc, Skim							X	
Sunflower Seeds			X					