

Urban Academy Charter


November 2019

HOT LUNCH

Prices: Student - No Charge, Adult - \$3.85

SERVED DAILY

Regular Entrée
 Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental
 Low Fat Dressing/Dip
 Fresh Veggies - Carrots, Broccoli, Cucumber, Tomatoes, OR Celery
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
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				Cheese Pizza Salad, Veggies, Fruit, Milk
4	5	6	7	8
Turkey Hotdog Salad, Veggies, Fruit, Milk	Italian Pasta w/ Meatsauce Dinner Roll Salad, Veggies, Fruit, Milk	Chicken Strips Steamed Corn & Roll Salad, Fruit, Milk	Chicken Enchilada Bake Pinto Beans Salad, Fruit, Milk	Cheese Pizza Salad, Veggies, Fruit, Milk
11	12	13	14	15
Salisbury Steak w/ Mashed Potatoes & Roll Salad, Fruit, Milk	Tandoori Chicken Yellow Rice Salad, Veggies, Fruit, Milk	Beef Stroganoff w/ Pasta Soft Breadstick Salad, Veggies, Fruit, Milk	Santa Fe Chicken Wrap Pinto Beans Salad, Fruit, Milk VEG - Santa Fe Cheese Wrap	No School
18	19	20	21	22
BBQ Beef on Bun Roasted Potatoes Salad, Fruit, Milk	Chicken Enchilada Bake Salad, Veggies, Fruit, Milk	Cheeseburger Salad, Veggies, Fruit, Milk	Chicken & Cheese Nachos Baked Beans Salad, Veggies, Fruit, Milk	Cheese Pizza Salad, Veggies, Fruit, Milk
25	26	27	28	29
Chicken Patty Sandwich Baked Chips Salad, Veggies, Fruit, Milk	Teriyaki Chicken Leg w/ Steamed Rice Salad, Veggies, Fruit, Milk	Cheesy Breadsticks w/ Marinara Sauce Salad, Veggies, Fruit, Milk	No School	No School

BREAKFAST

Price: No Charge

SERVED DAILY

Fresh Fruit - Apple, Orange, OR Banana
 Fruit Juice - Apple, Grape OR Orange
 Variety of Milk, including Skim

Breakfast Loaf String Cheese Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Breakfast Cereal Fruit, Juice, Milk	Assorted Muffins Fruit, Juice, Milk	Breakfast Cereal String Cheese Fruit, Juice, Milk
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MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS

Note: Menus may use ingredients that contain
 peanuts, other nuts/seeds, milk, egg, soybean,
 and other products.

This institution is an equal opportunity provider.

Our Commitment

“Healthy Food, Healthy Message”

We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office @ 651-215-9419 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com