

# Urban Academy Charter


# February 2019

## HOT LUNCH

Prices: Student - No Charge, Adult - \$3.85

### SERVED DAILY

Regular Entrée  
 Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental  
 Low Fat Dressing/Dip  
 Fresh Veggies - Carrots, Broccoli, Cucumber, Tomatoes, OR Celery  
 Fresh Fruit - Apple, Orange, OR Banana  
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
				1st
				Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk
4th	5th	6th	7th	8th
Chicken Patty Sandwich Roasted Potatoes Salad, Fruit, Milk	Hamburger Salad, Veggies, Fruit, Milk	Swedish Meatballs w/ Steamed Rice Salad, Veggies, Fruit, Milk	Turkey Hot Dog Baked Beans Salad, Veggies, Fruit, Milk	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk
11th	12th	13th	14th	15th
Pizza Salad, Veggies, Fruit, Milk	Hamburger Baked Chips Salad, Veggies, Fruit, Milk	Chicken Patty Sandwich Potato Wedges Salad, Fruit, Milk	Corn Dog Pinto Beans Salad, Fruit, Milk	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk
18th	19th	20th	21st	22nd
No School	Cheese Lasagna Dinner Roll Salad, Veggies, Fruit, Milk	Teriyaki Chicken Leg w/ Steamed Rice Salad, Veggies, Fruit, Milk	Pizza Salad, Veggies, Fruit, Milk	Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk
25th	26th	27th	28th	
Chicken Strips Mashed Potato & Roll Salad, Fruit, Milk	Swedish Meatballs w/ Pasta Soft Breadstick Salad, Veggies, Fruit, Milk	Turkey Hot Dog Pinto Beans Salad, Fruit, Milk	BBQ Chicken Leg Steamed Corn & Roll Salad, Fruit, Milk	

## BREAKFAST

Price: No Charge

### SERVED DAILY

Fresh Fruit - Apple, Orange, OR Banana  
 Fruit Juice - Apple, Grape OR Orange  
 Variety of Milk, including Skim

Breakfast Loaf String Cheese Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Breakfast Cereal Fruit, Juice, Milk	Bagel PB & Cream Cheese Fruit, Juice, Milk	Assorted Muffins Hardboiled Egg Fruit, Juice, Milk
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**MENUS SUBJECT TO INFREQUENT CHANGE  
 BASED ON AVAILABILITY OF ITEMS**  
 Note: Menus may use ingredients that contain  
 peanuts, other nuts/seeds, milk, egg, soybean,  
 and other products.

*This institution is an equal opportunity provider.*

### Our Commitment

**“Healthy Food, Healthy Message”**  
 We provide wholesome, delicious, real food  
 that helps teach the right message to children.

**ANY QUESTIONS? CONTACT:**  
 School Office @ 651-215-9419 or  
 DONE RIGHT FOOD @ 763-789-4493 or  
[www.donerightfood.com](http://www.donerightfood.com)