

Urban Academy Charter

May/June 2019

HOT LUNCH

Prices: Student - No Charge, Adult - \$3.85

SERVED DAILY

Regular Entrée
 Fresh Green Salad - Garden, Caesar, Spinach Mix, OR Oriental
 Low Fat Dressing/Dip
 Fresh Veggies - Carrots, Broccoli, Cucumber, Tomatoes, OR Celery
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
		1st	2nd	3rd
		Chicken Strips Mashed Potatoes & Roll Salad, Fruit, Milk	BBQ Beef on Bun Baked Beans Salad, Fruit, Milk	Mac & Cheese Soft Breadstick Salad, Veggies, Fruit, Milk
6th	7th	8th	9th	10th
Hamburger Salad, Veggies, Fruit, Milk	Chicken Alfredo Garlic Breadstick Salad, Veggies, Fruit, Milk	Meatball Hoagie Potato Wedges Salad, Fruit, Milk	Chicken Patty Sandwich Pinto Beans Salad, Fruit, Milk	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk
13th	14th	15th	16th	17th
Hamburger Roasted Potatoes Salad, Veggies, Fruit, Milk	Turkey Hot Dog Baked Beans Salad, Fruit, Milk	Swedish Meatballs w/ Pasta Soft Breadstick Salad, Veggies, Fruit, Milk	Pizza Salad, Veggies, Fruit, Milk	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk
20th	21st	22nd	23rd	24th
Salisbury Steak Mashed Potatoes & Roll Salad, Fruit, Milk	Teriyaki Chicken Leg Steamed Rice Salad, Veggies, Fruit, Milk	Cheese Lasagna Dinner Roll Salad, Veggies, Fruit, Milk	Corn Dog Pinto Beans Salad, Fruit, Milk	Cheesy Breadsticks & Marinara Sauce Salad, Veggies, Fruit, Milk
27th	28th	29th	30th	31st
No School	Italian Sloppy Joe Salad, Veggies, Fruit, Milk	Pizza Salad, Fruit, Milk	Swedish Meatballs w/ Steamed Rice Salad, Veggies, Fruit, Milk	Mac & Cheese Dinner Roll Salad, Veggies, Fruit, Milk
June 3rd	June 4th	June 5th	June 6th	June 7th
Meatball Hoagie Baked Chips Salad, Veggies, Fruit, Milk	Bag Lunch Turkey & Cheese on Bun Baked Chips Veggies, Fruit, Milk	Beef & Cheese Nachos Pinto Beans Salad, Fruit, Milk	Bag Lunch Turkey & Cheese on Bun Baked Chips Veggies, Fruit, Milk	Bag Lunch Turkey & Cheese on Bun Baked Chips Veggies, Fruit, Milk

BREAKFAST

Price: No Charge

SERVED DAILY

Fresh Fruit - Apple, Orange, OR Banana
 Fruit Juice - Apple, Grape OR Orange
 Variety of Milk, including Skim

Breakfast Loaf String Cheese Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Breakfast Cereal Fruit, Juice, Milk	Bagel PB & Cream Cheese Fruit, Juice, Milk	Assorted Muffins Hardboiled Egg Fruit, Juice, Milk
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**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**
 Note: Menus may use ingredients that contain
 peanuts, other nuts/seeds, milk, egg, soybean,
 and other products.

This institution is an equal opportunity provider.

Our Commitment
"Healthy Food, Healthy Message"
 We provide wholesome, delicious, real food
 that helps teach the right message to children.

ANY QUESTIONS? CONTACT:
 School Office @ 651-215-9419 or
 DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com