



2001 Municipal Court  
 Harrison City, PA 15636  
 (724) 744-2171 x204 or x205  
 (724) 744-2172-fax

Mon-Fri, 9:00am-4:00pm  
 www.ptarc.org  
 Facebook.com/ptrecreation

Questions? Call us, we're here to help!

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 ON OUR WEBSITE:  
 WWW.PTARC.ORG**

# PTARC Intro to Cheerleading & Pint-Size Pom Poms

## PINT-SIZE POM POMS (Ages 4-6)

This energetic class will teach basic cheer & dance moves with pom poms, also learn beginner jumps & gymnastics moves. Wear shorts, athletic shoes and pull back long hair. Bring pom poms.

**Instructor:** Alayna Moorhead

**Location:** Penn Township Ambulance

**Dates:** Tuesdays:

First 6 Week Session: March 6-April 10

Second 6 Week Session: April 17-May 22

**Time:** 5:00 - 5:30 pm

**Fee:** PTSD Residents \$29 Non Resident \$37

**Limit:** 10 Participants



## INTRO TO CHEERLEADING Ages 7-10

Learn the basics of cheerleading from a Penn Trafford High School Cheerleader. Learn proper voice, jumping skills, dance tips, round off techniques and how to be a good citizen. Learn a cheer routine and more to present at the end of your session.

**Instructor:** Alayna Moorhead

**Location:** Penn Township Ambulance

**Date:** Tuesdays:

First 6 Week Session:

Feb. 27-April 3

Second 6 Week Session:

April 10-May 15

**Time:** 5:30 - 6:15 pm

**Fee:** PTSD Residents \$34

Non Resident \$42

**Limit:** 15 Participants



### PTARC Intro to Cheerleading & Pint Size Pom-Poms

Participant Name \_\_\_\_\_

Address \_\_\_\_\_

EMAIL Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Birthdate \_\_\_\_\_ Age \_\_\_\_\_

Please circle where you live: Penn Borough    Manor    Trafford    Penn Township    Non-Resident

Primary Phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_

Program Name/Start Date/Time \_\_\_\_\_

**Adult participant signature required below. Parent signature required below for all participants under the age of 18.**

The undersigned individual (parent or guardian if under age 18) represents that the registrant is in good health and can participate in the above listed activity and with prior knowledge of the physical nature of the activity releases Penn-Trafford Area Recreation Commission (PTARC), and Department, the Penn-Trafford School District, the Borough of Manor, the Borough of Penn, the Borough of Trafford, Penn Township, and/or its affiliates or subsidiaries, officers, directors, agents, or employees from any and responsibility for injury to the registrant through negligence or otherwise while he/she is participating in the activity. The parent, guardian, or participant assumes all risks inherent in the activity and will hold the Penn-Trafford Area Recreation Commission and Department, the Penn-Trafford School District, the Borough of Manor, the Borough of Penn, the Borough of Trafford, Penn Township, and/or its affiliates or subsidiaries, officers, directors, agents, or employees harmless from any and all claims or causes of action that may arise from this activity. The undersigned individual also hereby gives permission to Penn-Trafford Area Recreation Commission to use photographs of the participant for the promotion of Penn-Trafford Area Recreation events and programs. The participant agrees to hold the Penn-Trafford Area Recreation Commission, the Penn-Trafford School District, the Borough of Manor, the Borough of Penn, the Borough of Trafford, Penn Township, and/or its affiliates or subsidiaries, officers, directors, agents, or employees free and harmless from liability of any nature.

\*PARENT or Guardian SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_



*Keep top portion*

*Cut & mail bottom portion to:  
 PTARC  
 2001 Municipal Ct.  
 Harrison City, PA  
 15636*

*Make checks  
 Payable to PTARC*