


October 2020

Lafourche Parish Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<p>BREAKFAST PRICES: Elementary \$1.55 Middle \$1.55 High \$1.60 Reduced \$0.30 At Cost \$2.75</p> <p><i>Menus are subject to change as needed. Choice of milk is offered with every meal.</i></p>	<p>LUNCH PRICES: Elementary \$1.65 Middle \$1.70 High \$2.10 Reduced \$0.40 At Cost \$4.50</p>	<p>EXTRAS: Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50</p> <p>Entrees: Elementary \$1.25 High \$1.50</p>	<p>1 Breakfast Pizza Pineapple Assorted Juices</p> <p>Chicken Patty w/Bun Steamed Corn Lettuce/Tomato/Pickle Slices Blushing Pears</p>	<p>2 Cinnamon Roll Apple Assorted Juices</p> <p>Fish Sticks Spaghetti & Cheese Tossed Salad w/Ranch Dressing Seasoned Green Peas, Wheat Roll Chilled Pineapple</p>
<p>5 Muffin Sliced Peaches Assorted Juices</p> <p>Hamburger w/Bun Oven Fries, Steamed Corn Lettuce/Tomato/Pickle Slices Chilled Peaches Chocolate Chip Cookie</p>	<p>6 Breakfast Pizza Applesauce Assorted Juices</p> <p>Potato Stew with Smoked Sausage & Brown Rice Coleslaw, Seasoned Green Beans Whole Wheat Roll Mixed Fresh Fruit Salad</p>	<p>7 Sausage Biscuit Fruit Cocktail Assorted Juices</p> <p>Chicken Patty w/Bun Garden Salad Steamed Sliced Carrots Oranges Slices</p>	<p>8 Pancake On A Stick w/Syrup Pears Assorted Juices</p> <p>Meatballs with Brown Gravy & Steamed Rice Green Peas, Garden Salad Whole Wheat Roll Pineapple Tidbits</p>	<p>9 French Toast Sticks w/Syrup Fresh Fruit Assorted Juices</p> <p>Fish Sticks White Beans w/Steamed Rice Romaine Lettuce w/Tomato Wedges Whole Wheat Roll Fruit Cocktail</p>
<p>12 </p>	<p>13 Professional Development Day</p>	<p>14 Toaster Pastries Fruit Cocktail Assorted Juices</p> <p>Chicken Patty w/Bun Lettuce/Tomato/Pickle Slices Steamed Corn Blushing Pears</p>	<p>15 Breakfast Pizza Pineapple Assorted Juices</p> <p>Pizza Oven Fries Fresh Carrot Sticks Fresh Fruit Chocolate Chip Cookie</p>	<p>16 Cinnamon Roll Apple Assorted Juices</p> <p>Shrimp Stew or Gumbo w/Steamed Rice Steamed California Vegetables Potato Salad, Crackers Fruit Cocktail</p>
<p>19 Muffin Sliced Peaches Assorted Juices</p> <p>Smoked Sausage Red Beans w/Rice Steamed Cabbage Cornbread Chilled Peaches</p>	<p>20 Breakfast Pizza Applesauce Assorted Juices</p> <p>Sloppy Joe w/Bun Steamed Corn Carrot Sticks w/Ranch Dressing Blushing Pears Cookie</p>	<p>21 Sausage Biscuit Fruit Cocktail Assorted Juices</p> <p>Lasagna Green Salad w/Spinach Steamed Broccoli Hot Roll Fresh Fruit</p>	<p>22 Pancake On A Stick w/Syrup Pears Assorted Juices</p> <p>Chicken Stew w/Rice Steamed Cauliflower Hot Roll Strawberry Applesauce Cookie</p>	<p>23 French Toast Sticks w/Syrup Fresh Fruit Assorted Juices</p> <p>Fish & Cheese w/Bun Spaghetti & Cheese Green Salad Seasoned Green Beans Fruit Cocktail</p>
<p>26 Breakfast Pizza Sliced Peaches Assorted Juices</p> <p>Hot Dog w/Bun Chili Coleslaw, Steamed Corn Chilled Peaches Cookie</p>	<p>27 French Toast Sticks w/Syrup Chilled Pineapple Assorted Juices</p> <p>Baked Chicken Parsley Rice, Garden Salad Steamed Sliced Carrots Hot Roll Orange Slices</p>	<p>28 Assorted Cereal w/Toast Fruit Cocktail Assorted Juices</p> <p>Meat Sauce w/Whole Grain Spaghetti Steamed Broccoli w/Cheese Garden Salad, Whole Wheat Roll Pineapple Tidbits</p>	<p>29 Sausage Links Toast w/Jelly Pears, Assorted Juices</p> <p>Potato Stew with Smoked Sausage & Brown Rice Seasoned Green Beans Whole Wheat Roll Mixed Fresh Fruit Salad</p>	<p>30 Chocolate Chip Muffin Fresh Fruit Assorted Juices</p> <p>Grilled Cheese Sandwich Steamed Mixed Vegetables Blushing Pears Cookie</p>

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