



Dear Parents,

This is just a brief reminder that schools are responsible for helping students learn lessons about good nutrition and healthy life styles and students should practice these lessons during school. Also you must get permission from your child's teacher before sending any kind of snacks or treats to school. Below are a list of snack ideas for school/ classroom parties:

Fresh fruit/vegetables

Baby carrots, other vegetables with low fat dip

Yogurt

Fig cookies

Animal cookies

Lowfat popcorn

Cereal bars

Pudding

Please remember we cannot allow cakes, cupcakes for birthday/ holiday celebrations as this is a school board and child nutrition department policy. If you should have any questions please feel free to contact the front office @ 879-4378.



a reminder:



When wanting to come eat lunch with your child we ask that you make contact with the teacher at least 2 days ahead of time by writing a note in your child's agenda. Once you get the ok you must contact the cafeteria @ 879-2634 to clear it with them also, so they can be prepared for extras

