



**Valley Cottage Elementary**  
26 Lake Road  
Valley Cottage, NY 10989  
Tel: 845-353-7280  
Fax: 845-353-7287  
  
Nurse: 845-353-7290  
School Hrs: 8:50-3:20

Dear VCE Families,

We have had a wonderful first month of school. I want to thank all of the families who were able to attend Back-to-School Night last week. It was also so nice to see so many parents at our first PTA meeting. I'd like to send a special shout out to the families of our kindergarten students who came out for the Kindergarten Ice Cream Social and our first PTA meeting.

We started off this year with the children discussing what it means to be a STAR student and also how good it feels to go above and beyond for others... to be someone's everyday hero. We speak about how a simple "hello", a smile and a wave can brighten someone's day. Please take some time to engage your children in this discussion at home, for when our children see us working as a team we are the best models of collaboration and cooperation.

I also want to thank our families for their patience and kindness to others during car drop off and pick up. It is through your help that we are able to move the line along and keep everyone safe. I also want to remind families of the importance of writing a note to the teacher in the event that your child's normal dismissal plans should change. For safety reasons, we cannot go on a child's word that they have permission to change dismissal plans.

Finally, in response to a number of inquiries regarding Halloween, this is one of our Spirit Days. Students are encouraged to wear orange and black to school on October 31<sup>st</sup>, however they are not permitted to wear costumes to school. We do hope that our VCE families will dress up and attend our PTA sponsored Trunk or Treat event which will be held in our parking lot on Saturday, October 20<sup>th</sup>. You will be hearing more about this in the coming weeks.

On behalf of the entire staff, we thank you for sharing your children with us each day.

Warmly,  
Mrs. Gina Cappiello  
Principal

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### Monthly Highlights:

#### October

- 8 Schools Closed, Columbus Day
- 10 PTA Mtg 7:30pm
- 11 Assembly: Fire Prevention: Gr.1-2 9am;  
Gr.K 10am
- 12 Trip: Gr.4 Hook Mountain, 9-2pm
- 18 Trip: Gr.K to Secor Farms, 9:30am
- 20 PTA Trunk or Treat, Parking Lot, 1pm  
(Saturday)
- 31 Spirit Day; wear Orange/Black

#### November

- 1 PTA Fall Picture Retakes, stage

Mrs. Gabrielson's K-2 class has been learning all about economics. We have been learning ways to earn money and all about wants, needs, goods and services. As a final project, the class will pretend to be different community workers providing services and selling goods to consumers.

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### ***Greetings to all my Book Buddies,***

Fall's cooler breezes are in the air and library classes have begun. Monday is 5th grade, Tuesday is 2<sup>nd</sup> grade, Wednesday is 3<sup>rd</sup> and 1<sup>st</sup>, Thursday is 4th and Friday ends the week with the adorable kindergarten classes. Please go to the Library Media Center page of the website: <https://vc.nyackschools.org> for more information, encyclopedias and databases, Ebooks and our school library catalog OPALS. Enjoy some family time in the evening and read to or have your child read every night. "The more you read the more you know!" says the good Dr. Seuss.

Here's to warming up with a great book!

Carolyn Travers, School Library Media Specialist  
[ctravers@nyackschools.org](mailto:ctravers@nyackschools.org) 845-353-7295

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### **Notes from the Nurse**

Remember to notify voicemail at 353-7290 before the start of the school day if your child will be absent due to sickness. Voicemail is on 24/7.

If not already seen by your doctor, physicals are needed for all students in Gr. K, 1, 3 and 5 and all new entrants.

Medical Doctor signature is required for all medications to be administered during the school day. This includes over-the-counter medications such as Tylenol, Advil, etc.

#### **Send to school:**

Vague complaints of aches, pains or fatigue. Sniffles, a runny nose and a mild cough without a fever.

#### **Keep home from school:**

Any physical or emotional condition that would prevent him/her from participating comfortably in class.

**A fever** of 100° or more, coupled with a rash, ear ache, sore throat, sluggishness or nausea. Fever may signal a highly contagious infection. Keep home until fever free for 24 hours. Give Tylenol/Motrin or Advil.

**A persistent, productive cough** and wheezing coupled with a thick or constant nasal discharge. An undiagnosed rash, especially when there is a fever and behavioral change.

**Pinkeye** - in which there is a white or yellow discharge, often with matted eyelids after sleep, eye pain and redness.

**Head lice** - Keep home until treated and all nits are removed.

**Chicken Pox** - Keep home until all blisters are scabbed over and dry.

**Diarrhea or vomiting** more than once or accompanied by fever, rash or general weakness.

**Impetigo** - Keep home for 24 hours after starting antibiotic treatment.

**Ringworm** (contagious fungus infection) - Keep home until treatment is started. Ringworm on the scalp requires an oral medication. Ringworm on the body can be treated with a cream applied directly to the affected area and covered with a Band Aid.

*Patti Kozar, RN, Professional School Nurse*

Si ou bezwen enfòmasyon tradui an kreyòl, rele Jocelyne Abraham nan 353-7044.  
Si le hace falta información traducida en español, llame a Yesenia Polanco 353-7047.