### Nyack Middle School
**Better Students, Better Citizens**

<table>
<thead>
<tr>
<th>P</th>
<th>R</th>
<th>I</th>
<th>D</th>
<th>E</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Prepared</strong></td>
<td><strong>Respectful</strong></td>
<td><strong>Individually Responsible</strong></td>
<td><strong>Determined</strong></td>
<td><strong>Empathetic</strong></td>
</tr>
<tr>
<td>Be prepared to do your best</td>
<td>Respect all things, all people, all of the time</td>
<td>Be responsible for your own actions</td>
<td>Strive for excellence</td>
<td>Be considerate and understanding of others</td>
</tr>
</tbody>
</table>

**Classrooms**
- Arrive on time with all materials
- Come ready to learn
- Be acknowledged before speaking
- Phone off and out of sight
- Use time wisely
- Ask for help when needed
- Complete all assignments
- Stay organized
- Show grit - never give up
- Improve every day
- Stay actively engaged and on task
- Assist others academically
- Use positive language to acknowledge the success of others

**Locker rooms /Gym**
- Bring proper clothing/sneakers
- Be mindful of other people's property and personal space
- Keep gym lockers and locker room neat
- Lock your locker
- Change quickly
- Give your best effort in all activities
- Turn in all lost or unattended items
- Support students at all skill levels

**Cafeteria/Recess**
- Have ID, money, or lunch with you
- Have a pass ahead of time
- Have appropriate clothing for outside
- Listen and respond appropriately to all staff. Be polite
- Share all equipment and space
- Keep your area clean
- Maintain all belongings
- Sign out before leaving cafeteria
- Live a healthy lifestyle
- Make positive food choices
- Have positive experiences with peers
- Make all students feel welcome at your table
- Listen to different opinions and points of view

**Hallways**
- Plan locker visits ahead of time (morning, lunch, after school)
- Keep moving in the direction of your destination
- Use inside voice
- Keep your hands and feet to yourself
- Be mindful of other's personal space
- Use the bathroom quickly
- Lock your locker
- Use positive language
- Stay to the right
- Get to class quickly and quietly
- Take the most direct route
- Be a part of the solution
- Help students in need
- Choose your words wisely - speak kindly of others