



Hunterdon County



Baseball Camp

When:

Mon June 25th – Thurs. June 28th
 9am – 2pm
 Fri. June 29th = Make Up Day for Rain

Age Groups:

3th Graders – 8th Graders

Location:

Hunterdon Central Regional High School –
 Baseball Field

PRICE FOR ATTENDANCE: SEE THE REGISTRATION FORM BELOW FOR REGISTRATION PRICING/DATES

The Hunterdon County Summer Baseball Camp will be held at Hunterdon Central Regional High School starting June 25th through June 28th. At the Hunterdon County Summer Baseball camp our youth players from around the community will have the opportunity to develop their game at a high level while being exposed to many concepts of the game. The camp will cover basic skills and fundamentals that will allow players to develop position by position along with an introduction to strategic game play and situational baseball.

Camps Concepts & Skills

Positional Defensive Fundamentals:

- Infield/Outfield Defensive Skills
- Pitcher Defense
- Catching Fundamentals

Base Running Skills**Pitching Fundamentals:**

- Mechanics
- Pitcher Defense
- Pick Offs

Team Defensive Fundamentals:

- Cut & Double Cut Plays
- Situational Defensive – bunts/1st & 3rd
- Run Downs
- Player Communication

Hitting Fundamentals & Mechanics**Situational Hitting:**

- Run Production & contact hitting
- Bunting & Small Ball

How to register:

- Contact Coach Cuozzi by email at kcuoz10@gmail.com to reserve a spot
- Mail the registration form & check made out to Kevin Cuozzi:

Kevin Cuozzi
 PO Box 216
 Buckingham PA 18912

COACHES

Kevin Cuozzi
 Hunterdon Central Varsity Head
 Coach

Brian DelRosso
 Hunterdon Central Varsity
 Assistant & Pitching Coach

Tristen DeFazio
 Hunterdon Central Assistant/JV
 Coach

Chris Kulik
 Hunterdon Central
 Assistant/Freshman Coach

- Student Coaches (Various HC Baseball Players)

Camp Registration

Parent/Guardian Name: _____
 Street Address: _____
 City & State: _____ Zip: _____
 Home Phone: _____ Cell Phone: _____
 Email: _____
 Name of Player: _____ Age: _____
 *Known Medical Conditions/Allergies: _____

T-Shirt Size (please circle): **YS** **YM** **YL** **AS** **AM** **AL** **AXL**

Price for attendance:

- Early Registration (Due by March 21st) - \$185.00
- Regular Registration: (March 22nd – May 17th) - \$195.00
- Late Registration: (May 18th – Start of Camp) - \$205.00

Medical Release

During all camps activities, proper care is taken to prevent serious injuries and to minimize accidents. It is required that players/parents recognize that there is a potential risk of injury involved with physical activities. Parents/Players agree to hold the camp staff free of liability or damages/injuries. I hereby give my consent for _____ (Camper's Name) to participate in the Hunterdon County Baseball Camp, and I assume all risks and hazards with such participation. I have no knowledge of any physical impairment (other than those previously identified) that would be affected by the above named minor's participation at this camp.

 Parent/Guardian
 Signature
 Date: _____

Additional Details

Provided by HC Baseball Camp:

- One T-Shirt per camper (please identify size on registration form)
- Water at every camp station
- First Aid Supply

Items Campers Must Bring:

- A packed lunch
- Additional snack if needed
- Additional water bottle or Gatorade/sports drink
- Hat/Sun Screen
- Personal Baseball Equipment
- Sneakers & Cleats
- Inhaler/EpiPen/Any other personal medical devices (if applicable)
- *All coaches are CPR/AED/EpiPen/First Aid Certified*

Example Camp Schedule

Time	Activity
<u>9am – 9:15am</u>	Dynamic Warm Up <ul style="list-style-type: none">- Calisthenics- Active Stretching
<u>9:30am – 10am</u>	Base Running Fundamentals <ul style="list-style-type: none">- Situational Base Running- Leading- Stealing
<u>10am – 11:30am</u>	Throwing/Catching Fundamentals & Warm Up <ul style="list-style-type: none">- Throwing/Catching Mechanics- Progressive Throwing Warm Up Positional Defense Instructions & Fundamentals <ul style="list-style-type: none">- INF/OF Defense Instruction- Catcher Defense Fundamentals- Pitcher Fielding Practice (PFP) Situational Defense <ul style="list-style-type: none">- Cut Offs- Bunt Defense- 1st & 3rd Defense
<u>11:30am – 12:15pm</u>	Lunch – Must Pack Own Lunch
<u>12:30pm – 2pm</u>	Hitting Fundamentals <ul style="list-style-type: none">- On Field Hitting- Batting Cage Hitting & Drills- Tee and Soft Toss Drills Game Play <ul style="list-style-type: none">- Modified Game Play and Situations- Live Play (Coach Pitch)

Contact Information

Questions or inquiries regarding the Hunterdon County Summer Baseball Camp please contact:

Kevin Cuozzi: Kcuoz10@gmail.com