


Flossmoor October Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pizza Dippers+ Marinara Sauce Potato Wedges / Ketchup Fresh Apple	2 Cheeseburger Ketchup / Mustard French Fries / Ketchup Fresh Baby Carrots Pear Cup	3 Beef Hot Dog Ketchup / Mustard Vegetarian Beans Red Peppers Mixed Fruit Cup	4 Cinnamon French Toast Turkey Sausage Wango Mango Juice Hash Browns Fresh Banana	5 Sausage Pizza+ Spinach Salad / Dressing Cauliflower Florets Mandarin Orange Cup
8 School Holiday  Columbus Day	9 Corn Dog Dinner Roll Garbanzo Bean Salad Fresh Baby Carrots Nectarine	10 Breaded Chicken Patty Spinach Salad / Dressing French Fries / Ketchup Applesauce Cup	11 Mostaccioli w/ Meat Sauce Celery Sticks Pineapple Chunk Cup	12 Cheese Pizza+ Potato Wedges / Ketchup Cucumbers Peach Cup
15 Grilled Cheese Sandwich+ Vegetarian Baked Beans Fresh Baby Carrots Tropical Fruit Cup	16 Breaded Cheese Sticks+ Marinara Sauce Dinner Roll Cucumbers Watermelon	17 Chicken Nuggets Ketchup / BBQ Sauce French Fries / Ketchup Red Peppers Honeydew Melon	18 Cheeseburger Ketchup / Mustard Corn Celery Sticks Fruit Cocktail Cup	19 Sausage Pizza+ Spinach Salad / Dressing Cauliflower Florets Fresh Apple
22 Chicken Parmesan Broccoli Florets Peach Cup	23 Hot Turkey w/ Gravy Mashed Potatoes Green Beans Pear Cup	24 Corn Dog Ketchup / Mustard Dinner Roll Potato Wedges / Ketchup Celery Sticks Fruit Cocktail Cup	25 Waffles w/ Turkey Sausage Wango Mango Juice Hash Brown / Ketchup Fresh Banana	26 Pepperoni Pizza+ Spinach Salad / Dressing Fresh Baby Carrots Fresh Apple
29 Meatball Sub Baked Beans Applesauce	30 Popcorn Chicken Ketchup / BBQ Sauce French Fries / Ketchup Fresh Baby Carrots Honeydew	31 Early Dismissal		