





Flossmoor Hills, Serena Hills & Heather Hill K-5

March 2019 Breakfast Express Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
					March 1 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket
	March 4 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket	March 5 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket	March 6 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket	March 7 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket	March 8 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket
	March 11 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket	March 12 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket	March 13 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket	March 14 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket	March 15 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket
	March 18 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket	March 19 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket	March 20 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket	March 21 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket	March 22 Cold Cereal* Graham Crackers* 100% Juice Milk Fresh Fruit Basket

1% & Skim White Milk & Fat-Free Chocolate Milk Plus
 Fresh Fruit Basket Available Every Day

Breakfast Buzz



Did you know that March 4th through March 8th is National School Breakfast Week? This year's theme is "Start Your Engines with School Breakfast."

Celebrate with us by eating school breakfast each day.

*=Whole-grain item

Non-cereal selection may be offered instead of cold cereal

Milk served with breakfast contains no artificial growth hormones or antibiotics

Menu is subject to change based on availability and quality of food items