



August 28, 2019



Dear Families of Students in Grades 3rd through 8th,

We are **excited** to announce that we will be offering “Fitness is Fun”, an after school program for students in grades 3-8!

The days/times will be as follows:

Grades 3-5: Mondays from 3:10-4:10

Grades 6-8: Tuesdays from 3:10-4:10

On any early dismissal days, there will be no “Fitness is Fun”.

Activities will consist of various age appropriate games, fitness room activities, and sport themes such as volleyball, hockey, kickball, badminton, basketball, whiffle ball, soccer etc. We will use the gymnasium and fitness room here at school for the activities. When the weather permits, we will go outside and use the school fields. **All students must bring sneakers to participate.** “Fitness is Fun” will begin on **Monday, September 9th and run until Tuesday, March 10th.**

If your child is interested in participating, please fill out the permission slip below and return it to their homeroom teacher.

This permission slip is giving your student blanket permission to stay for “Fitness is Fun” every Monday for grades 3-5 or Tuesday for grades 6-8; however they do not have to attend every Monday or Tuesday. You MUST send in a note EVERY TIME your child will NOT attend “Fitness is Fun” on that particular day.

Sincerely,

James Smith (Physical Education Teacher)

Justine Smith (Third Grade Teacher)

I _____ give my child _____ in grade _____

(Please print parent / guardian name)

permission to participate in “Fitness is Fun” from 3:10 PM – 4:10 PM on Mondays (3rd-5th) or Tuesdays (6th-8th). I understand that my child must be in good academic/behavior standing in order to participate. I will pick up my child promptly at 4:10 PM in front of the gymnasium entrance. **I also understand that I MUST send a note EVERY Monday or Tuesday that my child will NOT attend this after school program**

Signature

Date