

HVRHS  
SCHOOL COUNSELING  
DEPARTMENT

PROGRAM OVERVIEW

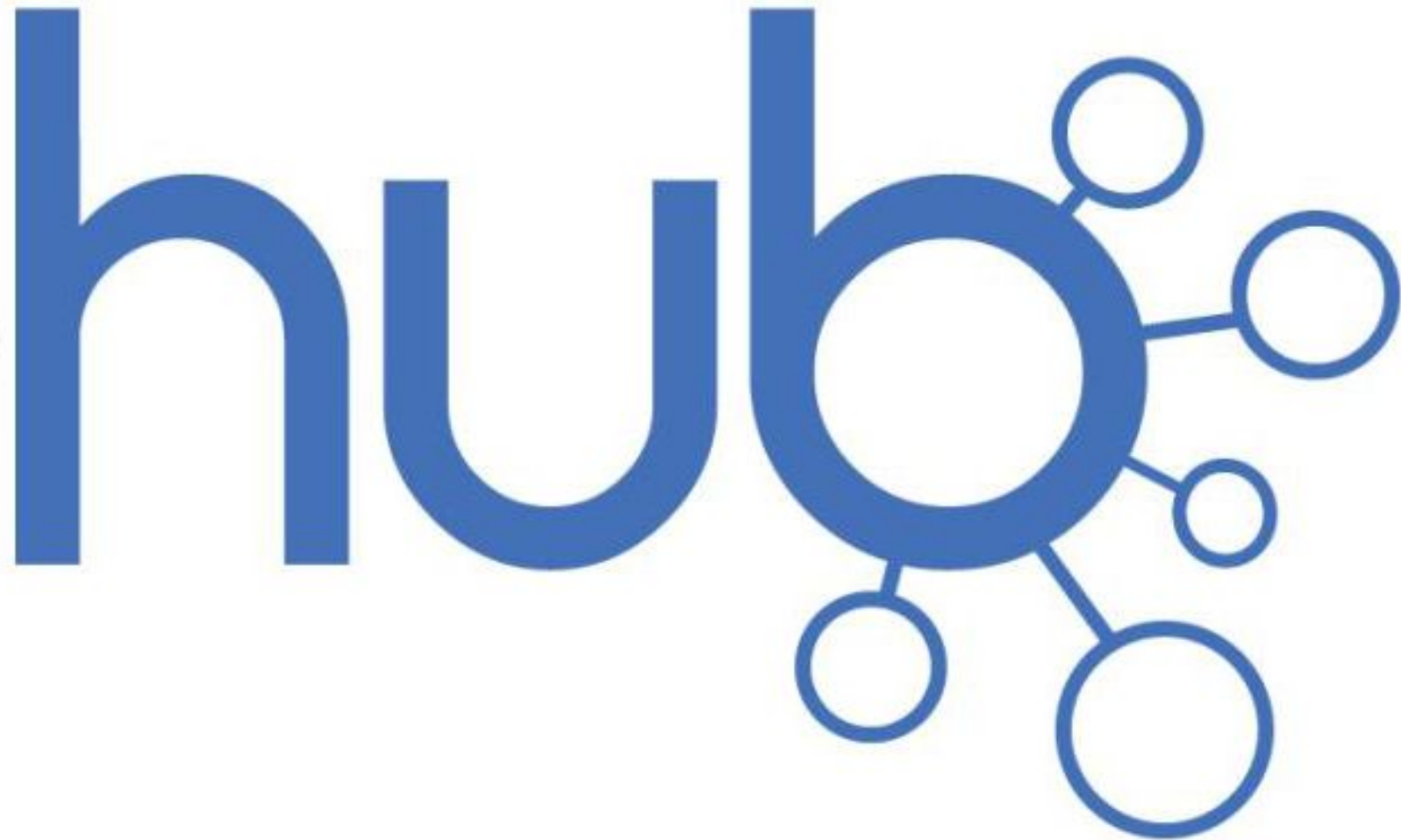
## **We're not “guidance counselors” anymore!**

- The term School Counselor is used now.
- The term guidance counselor comes from the old-fashioned model from years ago when a counselor might have “guided” you towards your college or career. It's from a time period when people didn't really understand what was going on with the entire realm of school counseling.
- With the School Counselor designation, we're much more than just guidance counselors. We are people that work in mental health (known as social/emotional) domain, academic domain and college and career readiness domain. Rather than “guiding,” we work side by side with students to provide them with the tools needed to be successful in high school and beyond.

# Role of the School Counselor

- College and Career Readiness Domain
  - Preparing students for what life looks like after high school. If it's college, then getting them focused on college search, applications, FAFSA completion, scholarships and being academically ready. If it's for a career, figuring out what pathways are appropriate for them and what training is available that fits their interests and skills.
- Academic Domain
  - Academic advising, working with attendance issues or grades, and making sure students have enough credits to graduate high school.
- Social-Emotional Domain
  - Dealing with behavior or personal problems that students may have that impact their education.

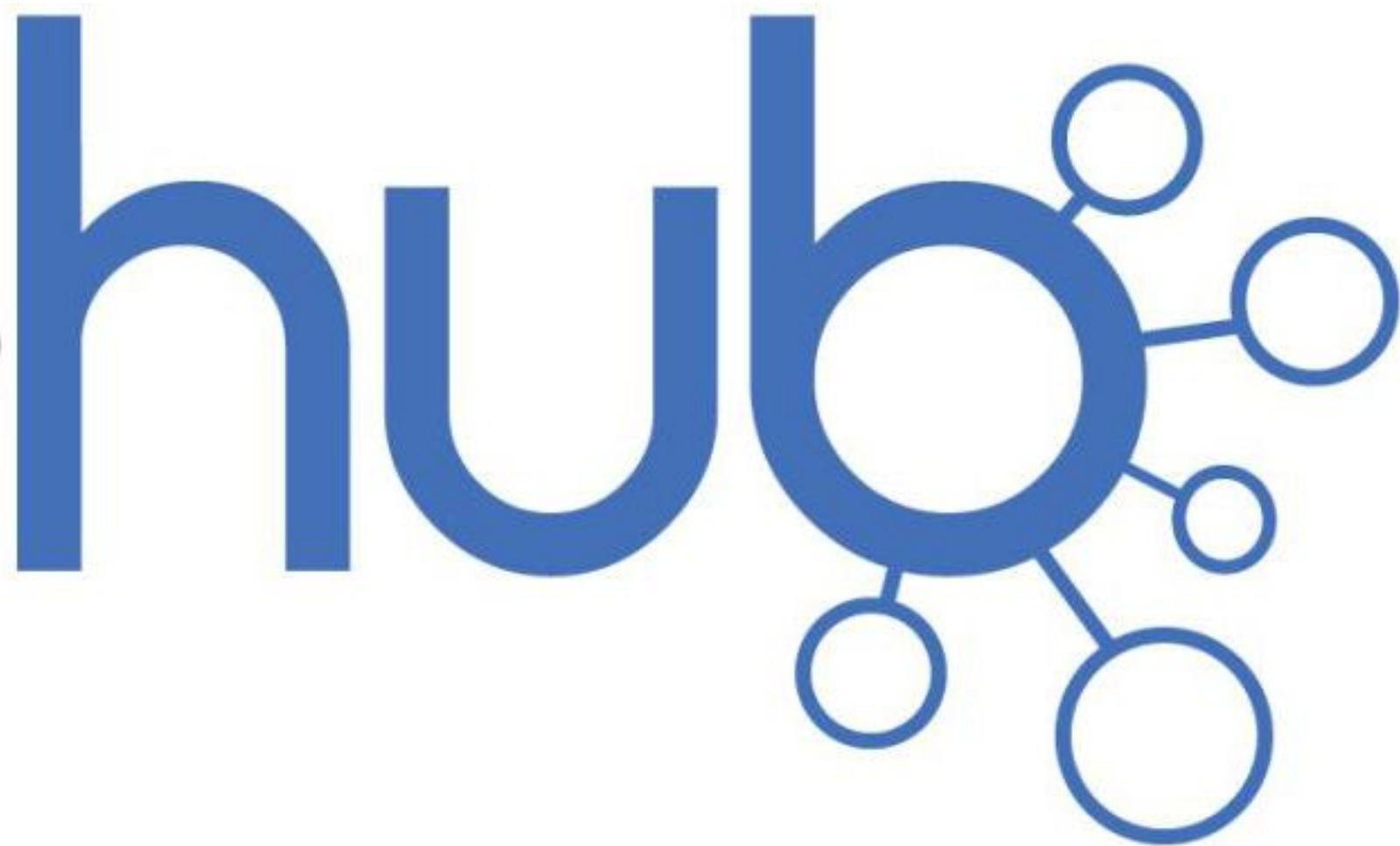
# The HVRHS Counseling Program is the



\*Artwork courtesy of HVRHS Art teacher Warren Prindle

**The HVRHS Counseling Program  
is the**

**hub**



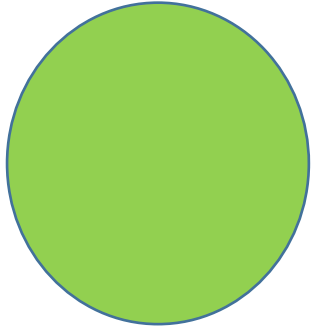
**The HVRHS Counseling Program  
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**For caring**

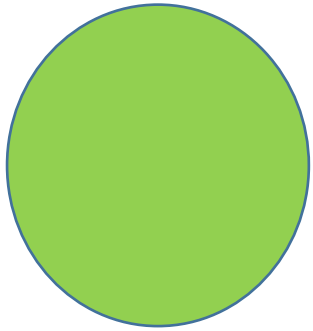
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**For caring**

# The HVRHS Counseling Program

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## The Counselor's 'To Do List' :

PSAT Results

Plan Financial Aid Night

Data Entry

Review Schedule Changes

Organize College Fair

College Recommendation Letters

Naviance Document Upload

Classroom Presentations

Parent Night Preparations

PPT Meetings

SRBI Meetings

Team Meetings

Consult w/ Psychologist

Consult w/ Title One & Spec. Ed.

SAT / PSAT / AP TEST Administration

Classroom Observations

PLP Group Meetings

Coordinate 504 Meeting

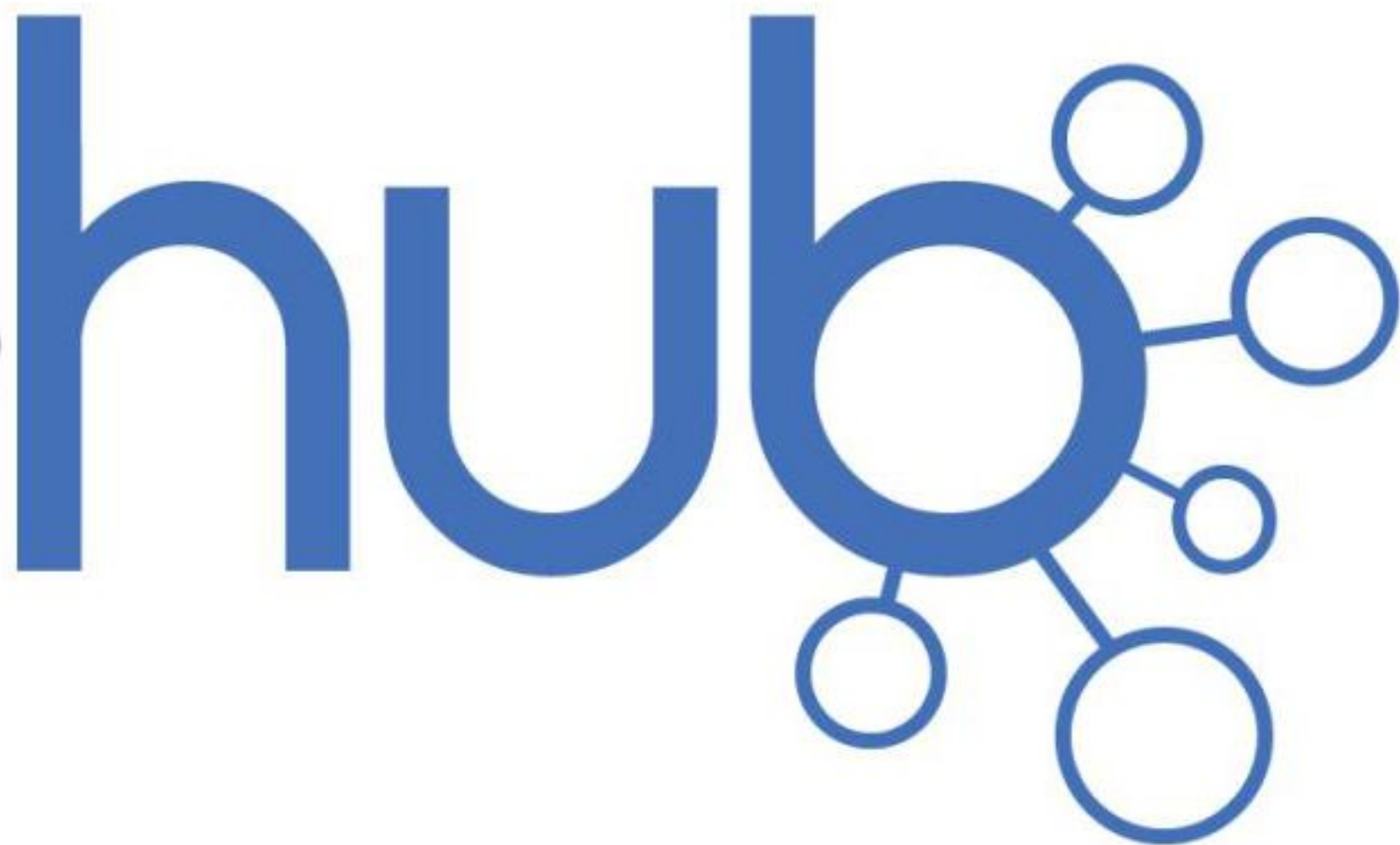
Therapeutic Group Meeting

and... **MEET WITH STUDENTS!**



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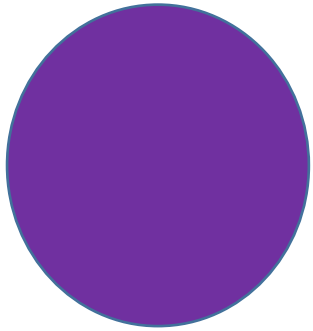
**The HVRHS Counseling Program  
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**For responding**

# The HVRHS Counseling Program

is the **hub** for responding



## The Counselor's Responsive Services

### For Teachers:

Observations of Students  
Grades  
Concerns

### For Administration:

Data Programming  
At Risk Students  
Program Questions

### For Parents:

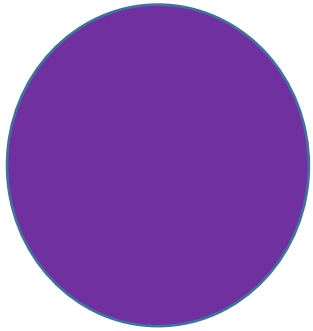
Domestic Issues  
Teacher / Parent Liaison  
College Information  
Student Schedules

### For Students:

Domestic Issues  
Teacher Liaison  
College Information  
Scheduling Issues

# The HVRHS Counseling Program

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## The Counselor's Responsive Services

### For Outside Agencies:

DCF

Probation Officers

Community Members

Uconn ECE Program

NCCC Partnership Program

Therapists and Outpatient Providers

College Representatives

Housatonic Youth Services Bureau

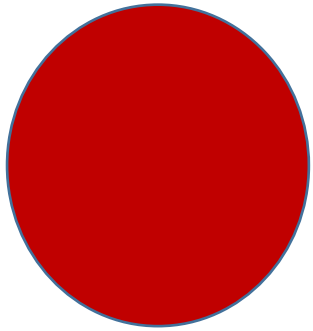
Accrediting Agencies

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**For vision**

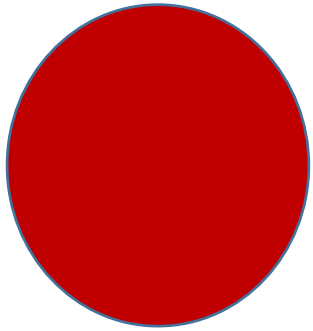
**The HVRHS Counseling Program**  
is the **hub**



**For vision**

# The HVRHS Counseling Program

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## The Counselors provide vision:

- Professional Development
- Developmental Counseling Curriculum
- Social and Emotional Outreach
- Program Evaluation
- Human Trafficking Training
- Crisis Response Training

**The HVRHS Counseling Program  
is the**

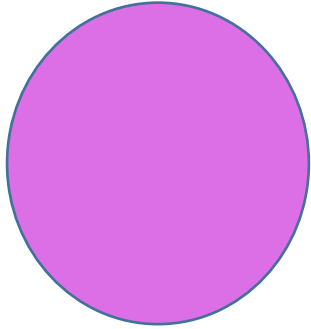


**For compassion**



# The HVRHS Counseling Program

is the **hub** For compassion



## The Counselors give compassionate responses to students with myriad of issues:

Anxiety/Panic attacks

Family psychological stresses

Brother arrested

Parent out of work

Depression

Skipped school

Suicidal ideation

Mental illness

Received rejection letter from college admissions office

Just back from a lengthy string of sickness related absence

Bullied in the bathroom

No food at home

Came to school sick in order to take test

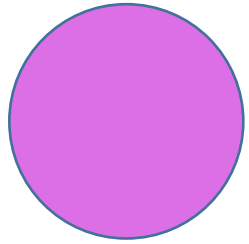
Missed an NYP deadline

No wifi at home to do homework

Broke up with boyfriend / girlfriend

Abuse: sexual, physical, verbal

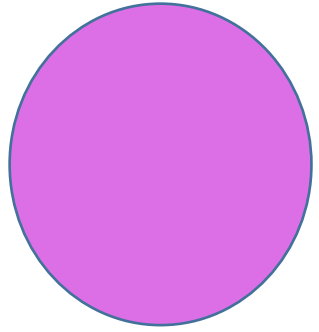
Substance abuse (student and/or family members)



# The HVRHS Counseling Program is the **hub**

## Factors impacting HVRHS Counseling/Support Services

- Lack of access to mental health resources in Region One
- Lack of public transportation
- Poverty level: 33% of students on free/reduced lunch
- Increased depression, anxiety, despair, hopelessness
- Increased substance abuse
- Stigma within small communities
- Emergent category of At Risk students ranges from 5%-9% of our population



# The HVRHS Counseling Program is the **hub** For caring

## Region One is unique...

- Diverse population/demographics
- Geographic challenges
- No K-12 developmental counseling program
  - Not all K-8 schools employ certified school counselors
  - No unified approach
- HYSB does not provide crisis counseling
  - HVRHS counselors are the “front line” (triage)