



Booth Hill Elementary School

Shelton Public Schools

544 Booth Hill Road

Shelton, CT 06484

Dr. James Zavodjancik, Principal

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From the Principal

January 2017

Dear Parent(s), Guardian(s), and the Booth Hill Elementary School Community,

I wish each of you a happy and healthy holiday break and a great new year. It is hard to believe the year is over. Each of us here at Booth Hill School looks forward to new beginnings. Please see some notes below that have been requested. I look forward to a continued partnership in the New Year.

I want to personally thank the Father's Club at BHS along with the BHS PTO for the Breakfast with Santa event. What a great event that was planned, staffed, and implemented this past December. If you were able to come, I'm sure you will share my sentiment. Meticulous planning clearly took place. Most importantly, our BHS children seemed to really enjoy the event.

Updates from the Principal:

Lunch and Breakfast menus are attached.

Congratulations to our first marking period *Perfect Attendance Award Winners*. Perfect attendance awards are earned by students who have been to school each day with no instances of tardiness or dismissal.

Those award winners are:

Kindergarten – Elise A.; Tessa B.; Andre D.; Aiden T.;

Grade 1 – Kevin B.; Maria D.; Avery D.; Angelina M.; Ekam M.; Sofia M-S.; Avalynn N.; Ryan S.; Victoria V.

Grade 2 – Ryan A.; Samuel C.; Anna G.; Brandon G.; Jacob G.; Ethan G.; Julian M.; Maxwell M.; Tristan O.; Violet S.; Thomas T.

Grade 3 – Abigail A.; Monishsai B.; Addison B.; Saina D.; Jason D.; Anissa F.; Patrick K.; Justin S.; Elias U.; Jeremy W.; Abigail Z.

Grade 4 – Alexander B.; Cory B-T.; Jake D.; William H.; Phoebeann I.; Seyoung K.; Bradley M.; Julien M.; Hannah M-S.; Olivia P-C.; Rylee P.; Ivana R.; Matthew T.

Weather Related Schedules: Please be advised that our Superintendent will make decisions throughout the winter regarding normal operation of school when it is affected by weather. Local radio and TV stations will

carry the news, as well as, a voice and email call from our Central Office. If there is any change in pick-up or bussing on these days, please be sure to call the main office to let us know. Also, it is important that each child know your family's plan if a school early dismissal should occur (i.e.: what to do if he/she arrives home before you, change in pick-up, etc.).

A.M. Parent Drop-off: If you are an AM drop-off, please do not park near the side entrance and walk your child to the door as it creates congestion to the drop-off line. If you must park and walk your child to the door, please use the parking area beyond the drop off line adjacent to the grass. I thank you for your cooperation and adherence to our safety protocols.

Attendance – Remember to send in doctor's notes to the main office when your child is absent from school so that we can appropriately excuse the absence. A few parents have requested more information regarding our attendance policy. You will be kept up to date, by me, throughout the year if you child is nearing or has reached a threshold. Please note that parents are allowed nine days to excuse without documentation. Beyond the nine days, we do request a physician's excusal. If a child goes beyond four unexcused absences in a month or ten unexcused absences in a year, they may be considered truant. Again, I am in touch by mail when you are nearing any of these thresholds. Please contact me if you have any questions or concerns.

Parent Volunteers – Some parents have asked if there are opportunities to volunteer. The answer is YES! Please contact your child's classroom teacher for any opportunities that they may have. In addition, some parents have a special talent that they would like to share beyond the classroom and after school. This takes more planning, but is also very possible. Please email or call me if this interests you.

Upcoming Dates -

December 23, 2016 – Early Dismissal Schedule

December 26 – January 2, 2017 – Holiday Recess/ Vacation

January 16, 2017 – No School – MLK Day

January 23, 2017 – PTO Meeting at 6:30 in the Media Center

January 24, 2017 – Half way point for the second marking period

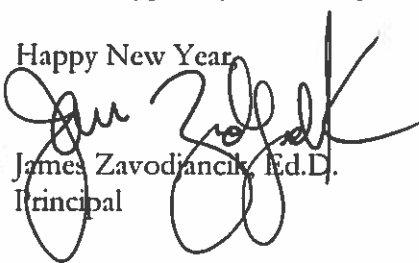
January 30, 2017 – PTO sponsored cultural event – *Corey the Dribbler*

Lastly, for the most up-to-date information and postings, please *follow me* on Twitter @BoothHillSchool.

Take care of yourself, take care of each other, and take care of your school!






Happy New Year,

James Zavodjancik, Ed.D.
Principal



BOOTH HILL SCHOOL PARENT CALENDAR

January 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Winter Recess 	2 Winter Recess NO SCHOOL	3 CCD 3:45-5:00 Boys Basketball 5:30-8:30	4 Boys Basketball 5:30-8:30	5 Boys Basketball 5:30-8:30	6 Gr. 1 Daisy 3:45-5:15 Gr. 3 Girl Scouts 3:45-5:15 Boys Basketball 5:30-8:30	7
8 	9 Gr. 2 Brownies 3:45-5:10 Boys Basketball 5:30-8:30	10 CCD 3:45-5:00 Boys Basketball 5:30-8:30	11 Boys Basketball 5:30-8:30	12 Boys Basketball 5:30-8:30	13 Cub Scout @6:30-8:30	14
15	16 No School Martin Luther King Day 	17 CCD 3:45-5:00 Boys Basketball 5:30-8:30	18 Boys Basketball 5:30-8:30	19 Boys Basketball 5:30-8:30	20 Daisy Troop Gr. 1 3:45-5:15 Gr. 3 Girl Scouts 3:45-5:15 Boys Basketball 5:30-8:30	21 
22	23 PTO Mtg. @6:30 Gr. 2 Brownies 3:45-5:10 Boys Basketball 5:30-8:30	24 CCD 3:45-5:00	25 Boys Basketball 5:30-8:30	26 Boys Basketball 5:30-8:30	27 Boys Basketball 5:30-8:30	28
29	30 Corey the Dribbler (45 Min.) Schedule TBD Boys Basketball 5:30-8:30	31 CCD 3:45-5:00 Boys Basketball 5:30-8:30				

The Board of Education complies with all applicable federal, state and local laws prohibiting the exclusion of any person from any of its educational programs or activities because of race, color, religious creed, sex, age, national origin, ancestry, marital status, sexual orientation, gender identity or expression, disability, past or present history of mental disorder, physical disability, genetic information, or any other basis prohibited by Connecticut state and/or general nondiscrimination laws.



KINDERGARTEN REGISTRATION

KINDERGARTEN REGISTRATION AND SCREENING for the 2017-2018 school year will be held on Thursday, February 2nd, Friday, February 3rd, and Monday, February 27th and Tuesday, February 28th. Morning appointments are available on February 3rd and February 28th and there are morning and afternoon appointments available on February 2nd and February 27th. Please call as soon as possible to schedule an appointment. Your early call also helps us plan for staffing for next year. While parents are completing registration paperwork, students will participate in Kindergarten Screening Activities.

Kindergarten and new students who register for school in Shelton must submit original copies of:

- Birth Certificate and Passport/Visa if available

- Two Proofs of Residency
Current utility bill, regular phone bill, cable bill,
Deed to home or dated rental agreement
Notarized letter from landlord or owner acknowledging residency
Escrow papers or signed mortgage commitment

- Driver's License of Parent/Guardian

- Current Immunization Record

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



2017

3
Crispy Oven Baked Chicken Nuggets
Crunchy Oven Fries
Cucumber Slices
Broccoli Bites
Fresh Apple
Chicken Nugget Meal
Tuna Sandwich
Caesar Salad
Fun on the Run Bagel Meal
Pizza Parlor Pizza @ ESS

4
French Toast Sticks
Turkey Sausage
Hash Brown Potatoes
Orange Smiles
Chicken Nugget Meal
Tuna Sandwich
Caesar Salad
Fun on the Run Bagel Meal
Pizza Parlor Pizza @ Mohegan & SS

5
Toasted Cheese with cup of soup
Cucumber Slices
Broccoli Bites
Fresh Apple
Chicken Nugget Meal
Tuna Sandwich
Chef Salad
Fun on the Run Bagel Meal

6
Big Daddy's Whole Grain Pizza
Fresh Romaine Salad
Fresh Crispy Apple
Fresh Fruit Basket
Chicken Nugget Meal
Tuna Sandwich
Chef Salad
Fun on the Run Bagel Meal

9
French Toast Sticks
Turkey Sausage
Hash Brown Potatoes
Orange Smiles
Chicken Nugget Meal
Ham & Cheese Sandwich
Caesar Salad
Fun on the Run Bagel Meal
Pizza Parlor Pizza @ BOOTH HILL

10
Meatball Parmesan Grinder
Crunchy Oven Fries
Cucumber Slices
Broccoli Bites
Fresh Apple
Chicken Nugget Meal
Ham & Cheese Sandwich
Caesar Salad
Fun on the Run Bagel Meal

11
Hamburger or Cheeseburger on whole grain bun
Pasta salad
Fresh Fruit Basket
Chicken Nugget Meal
Ham & Cheese Sandwich
Caesar Salad
Fun on the Run Bagel Meal
Pizza Parlor Pizza @ Long Hill

12
Quesadilla Bar
Chicken & Cheese Quesadilla
Fresh Fruit Basket
Chicken Nugget Meal
Ham & Cheese Sandwich
Caesar Salad
Fun on the Run Bagel Meal

13
Big Daddy's Whole Grain Pizza
Fresh Romaine Salad
Fresh Crispy Apple
Fresh Fruit Basket
Chicken Nugget Meal
Ham & Cheese Sandwich
Caesar Salad
Fun on the Run Bagel Meal

16
Martin Luther King Jr. Day

17
Pasta with Homemade Meat Sauce
Crispy Romaine Salad
Fresh Banana
Fresh Fruit Basket
Chicken Nugget Meal
Turkey Sandwich
Chef Salad
Fun on the Run Bagel Meal
Pizza Parlor Pizza @ Eliz Shelton

18
Bosco Sticks with sauce for dipping
Spinach Salad
Fresh Broccoli Bites
Fresh Fruit Basket
Chicken Nugget Meal
Turkey Sandwich
Chef Salad
Fun on the Run Bagel Meal

19
LUCKY TRAY DAY
Oven Baked Turkey Dinner
Mashed Potatoes
Corn
Chicken Nugget Meal
Turkey Sandwich
Chef Salad
Fun on the Run Bagel Meal

20
Big Daddy's Whole Grain Pizza
Fresh Romaine Salad
Fresh Crispy Apple
Fresh Fruit Basket
Chicken Nugget Meal
Turkey Sandwich
Chef Salad
Fun on the Run Bagel Meal

23
Italian Dunkers with Pizza Sauce for dipping
Spinach Salad
Fresh Apple
Chicken Nugget Meal
Tuna Sandwich
Crispy Chicken Salad
Fun on the Run Bagel Meal
Pizza Parlor Pizza @ BOOTH HILL

24
Crispy Chicken Patty Sandwich
Tater Tots
Sautéed Green Beans
Chicken Nugget Meal
Fun on the Run Bagel Meal
Tuna Sandwich
Crispy Chicken Salad
Pizza Parlor Pizza @ ESS

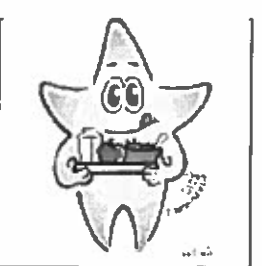
25
French Toast Sticks
Sausage Link
Hash Brown Potato
Orange Smiles
Chicken Nugget Meal
Fun on the Run Bagel Meal
Tuna Sandwich
Crispy Chicken Salad
Pizza Parlor Pizza @ Long Hill

26
Twin Crispy Tacos
Rice with beans
Sautéed Broccoli
Fresh Apple
Fresh Fruit Basket
Chicken Nugget Meal
Fun on the Run Bagel Meal
Tuna Sandwich
Crispy Chicken Salad

27
Big Daddy's Whole Grain Pizza
Fresh Romaine Salad
Fresh Fruit Basket
Chicken Nugget Meal
Fun on the Run Bagel Meal
Tuna Sandwich
Crispy Chicken Salad

30
Bosco Sticks with sauce for dipping
Spinach Salad
Fresh Broccoli Bites
Fresh Fruit Basket
Chicken Nugget Meal
Turkey Sandwich
Chef Salad
Fun on the Run Bagel Meal

31
Corn Dog
Veggie Beans
Fresh Fruit Basket
Chicken Nugget Meal
Turkey Sandwich
Chef Salad
Fun on the Run Bagel Meal
Pizza Parlor Pizza @ Mohegan & SS



Daily alternatives:
Chicken Nugget Meal
Boars Head Deli Sandwich on Bakery
Fresh Whole Grain Roll
Freshly made Salad
Fun on the Run Bagel Meal with Fresh Bagel, Yogurt and Cheese Stick



School Breakfast Prices
Breakfast \$ 1.50
Reduced Price Breakfast \$ 0.30
School Lunch Prices
Student Lunch \$ 2.75
Reduced Price Lunch \$ 0.40
Remember, if you get free Lunch you get free Breakfast too!!!

Pizza Parlor Schedule
9th & 23rd Booth Hill
3rd & 17th Elizabeth Shelton
4th & 31st Mohegan
4th & 31st Sunny Side
11th & 25th Long Hill

Breakfast is the Most Important Meal of the Day
Please Stop in the Cafeteria to get your Nutritious Breakfast Today
SHELTON PUBLIC SCHOOLS IS NOW ACCEPTING ONLINE PAYMENTS



NUTRITION ACHIEVEMENT ENVIRONMENT COMMUNITY ACTIVITY NUTRITION ACHIEVEMENT

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Supporting Achievement

Learning is best achieved when children are attentive and ready to learn in the classroom. If children are tired, hungry or uncomfortable, it makes learning more difficult. We can all help support the achievement process by remembering some basic numbers: 5, 4, 3, 2, 1 + 8. These numbers represent the basic essentials that are needed to support student achievement in the classroom. The numbers refer to:

5 servings of fruits and vegetables, 4 glasses of water, 3 good laughs, no more than 2 hours of screen time, 1 hour of physical activity, and 8 hours (or more) of sleep.

The proper combination of good nutrition, hydration, physical activity and sleep coupled with a dose of laughter is powerful.

Kicking off the day with a healthy breakfast that includes fruits is a perfect start to 5 servings of fruits and vegetables daily. In addition, substituting water with flavor infused fruit instead of soda or other sweetened beverages, not only offers another fun way to add fruit to the diet, but it also supports hydration. Being physically active every day helps relieve stress, improve concentration and boost energy levels, thus improving focus in the classroom. And finally anything less than 8 hours of sleep can cause children, and adults, to be less attentive throughout the day, retain less information, and overall struggle to learn as well as others who get the right amount of sleep each night. It's a pretty simple rule to remember - 5, 4, 3, 2, 1 + 8 - help make it part of your family's new year resolution.



Seal of the U.S. Department of Education. Learning is best achieved when children are attentive and ready to learn in the classroom.

liftoffsplayground.com

BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast is the most important meal of the day	Honey Bun Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Bacon, Egg and Cheese Sandwich Fresh Fruit Choice of Milk	Brownie Benefit Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Nutrigrain Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk
Cereal Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Cherry Frudal Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Bacon Egg and Cheese Sandwich Fresh Fruit Choice of Milk	Maple Oatmeal Benefit Bar Whole Grain Graham Crackers Fresh Fruit	Pastry Crisp Whole Grain Graham Crackers Fresh Fruit Choice of Milk
Martin Luther King Jr. Day	Honey Bun Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Sausage Egg and Cheese Sandwich Fresh Fruit Choice of Milk	Cereal Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Apple Frudal Whole Grain Graham Crackers Fresh Fruit Choice of Milk
Brownie Benefit Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Cheerio Cereal Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Bacon Egg and Cheese Sandwich Fresh Fruit Choice of Milk	Apple Frudal Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Honey Bun Whole Grain Graham Crackers Fresh Fruit Choice of Milk
Honey Bun Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Cherry Frudal Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Breakfast is The Most Important Meal of The Day	Breakfast is The Most Important Meal of The Day	Breakfast is The Most Important Meal of The Day
Breakfast is The Most Important Meal of The Day	Breakfast is The Most Important Meal of The Day	Breakfast is The Most Important Meal of The Day	Breakfast is The Most Important Meal of The Day	Breakfast is The Most Important Meal of The Day

Fresh Pick Recipe

SWEET SUMMER CORN SUCCOTASH

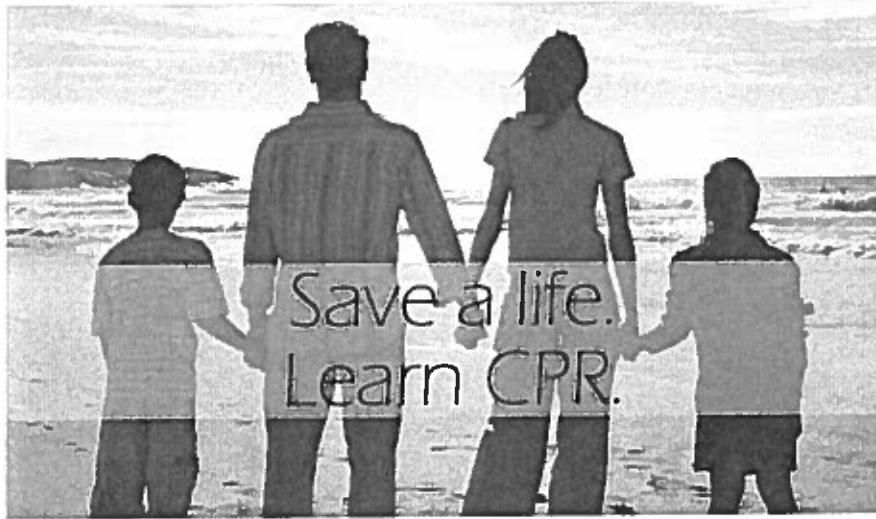
(SERVES 4)

- 3 Tbsp and 1/2 tsp fresh milk & onion powder
- 3 Tbsp and 1/2 tsp sweet red pepper (optional)
- 1 Tbsp and 1/2 tsp oil (optional)
- 1 1/2 cups corn (canned or fresh)
- 1 1/2 cups and 1/2 tsp green peas (canned or fresh)
- 1 1/2 cups and 1/2 tsp lima beans (canned or fresh)
- 1/4 cup and 1/2 tsp olive oil (optional)
- 2 1/2 cups water
- 1/4 tsp salt
- 1/4 tsp pepper

1. Preheat oven and preheat.
2. Wash corn and peas, pat dry, and roughly chop.
3. Pour oil in a large pan and bring to a boil. Add corn, peas, and lima beans. Cook for 10 minutes.
4. Stir in milk and onion powder. Cook for 10 minutes.
5. Add salt and pepper to a simmer.
6. Continue to cook until the mixture is completely cooked. Stir in optional oil and fresh herbs. Cook for 10 minutes. Serve hot or warm.
7. Stir in salt and pepper to taste.

NUTRITION FACTS
 61 calories, 2 1/2g fat
 2mg sodium, 1 1/4g fiber

Thank you for choosing School Breakfast and School Lunch. The cost for breakfast is \$1.50. Reduced priced breakfast is \$0.30. The cost for Lunch is \$2.75. Reduced priced lunch is \$0.40. If your child receives free lunch they can also get free breakfast. Free and Reduced meal applications are available at your child's school office. All applications are confidential. Charging Policy: If your child forgets their lunch money, we will allow them to charge a lunch meal only. Breakfast cannot be charged. Water, milk or snack items cannot be charged. The charge limit is \$10.00. If your child has reached the charge limit and does not have money for lunch, they will receive a cheese sandwich meal. The cost of the meal is \$2.75 and will be charged to their account. All charges must be paid by Lunch consists of 5 meal components: 1) meat/meat alternate 2) Whole Grains 3) Vegetables 4) Fruits 5) Milk. Your child may take all 5 components (one of which must be a fruit or a vegetable). Your child must take at least 3 components (one of which must be a fruit or a vegetable). If you have any questions, please call Linda Stanisci, Food Service Director at 203-924-1055. Stanisci@sheltonpublicschools.org



Free Friends & Family CPR Training

The Third Saturday of Every Month
10 a.m.-Noon
Griffin Hospital

Griffin Hospital Valley Parish Nurses are encouraging individuals to be a hero for their friends and family by offering free Friends & Family CPR Training. The Family & Friends CPR is a non-certifying course that teaches the basics of adult and child CPR and relief of a foreign body (choking). Infant skills will be offered at the end of the program to those who wish to learn these additional skills.

Registrations are required as space is limited.

Call Cathi at 203.732.1337 to sign up or for more information.



American
Heart
Association®

AUTHORIZED
TRAINING
C E N T E R

The Valley Parish
Nurse Program



Griffin Hospital

SAFE
K:DS
GREATER
NAUGATUCK
VALLEY

The Valley Parish
Nurse Program

FREE CAR SEAT CHECK UP

Have your car seat checked free of charge by an experienced car seat technician!
Appointments Required, please call 203-732-1337

Results from previous safety seat checks
have shown that 4 out of 5 car seats
are used incorrectly.

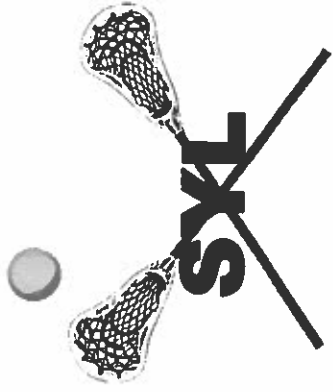
****Be Sure that Yours Isn't One of Them! ****



*Date/Time: 2nd Wednesday/month mornings
3rd Wednesday/month afternoons*

*Place: 4 Mountain St.,
Behind Griffin Hospital*

*Call for appointment 203 732-1337 or
email: ckellett@griffinhealth.org*



SHELTON YOUTH LACROSSE



The Fastest Growing Sport In America, and

The Fastest Game On Two Feet!

Come Out and Play!

***Online Registration For Winter/Spring 2017
will open in October for:***

Girls and Boys Grades K-8th, Competitive Play & Travel Teams

Indoor Skills Clinics Begin Saturday, January 7th

Games Begin April, 2017 (dates TBD)

****Registration Cost: \$235. Includes: Winter & Spring sessions, plus uniform***

For More Information & Registration, visit: www.SheltonLacrosse.com

**You must register with US Lacrosse in order to participate. Single year membership fee is \$25. Current memberships must be valid through the end of June, 2017, or later. Equipment not provided.*