



# Booth Hill Elementary School

Shelton Public Schools

544 Booth Hill Road

Shelton, CT 06484

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## From the Principal

December 2016

Dear Parent(s), Guardian(s), and the Booth Hill Elementary School Community,

It is hard to believe that we are already coming up on the end of the first trimester. Soon enough, we will embark on our second trimester and you should be receiving report cards in early December. This month and season is a time for reflection. How was my past year? How was my past trimester? What can I do to improve? What did I do well that has made an impact on myself and my community? These and other questions allow us to think about what we did and what our aspirations are in the future. I hope you will take some time to think about this past year with your children which will inspire dialogue and planning.

Please see my notes below. I wish each of you a happy and healthy holiday season!

### Updates from the Principal:

**Weather Related Schedules:** Please be advised that our Superintendent will make decisions throughout the winter regarding normal operation of school when it is affected by weather. Local radio and TV stations will carry the news, as well as, a voice and email (early dismissal only) call from our Central Office. If there is any change in pick-up or bussing on these days, please be sure to call the main office to let us know. Also, it is important that each child knows your family's plan if a school early dismissal should occur (i.e.: what to do if arrive home before you, change in pick-up, etc.).

**A.M. Parent Drop-off:** If you are an AM drop-off, please do not park near the side entrance and walk your child to the door as it creates congestion to the drop-off line. If you must park and walk your child to the door, please use the parking area beyond the drop off line adjacent to the grass. I thank you for your cooperation and adherence to our safety protocols.

**Holiday Sing Along:** You are invited to join us for our Annual Holiday Sing Along on Tuesday, December 20 at 10:00 A.M. Mrs. Lazdauskas will direct performances for each grade level.

**Holiday Picture Cards:** For a number of years, families have been thoughtful and generous in sharing their holiday portrait cards. We enjoy displaying all of our families' cards in our main office when they are received.

**Toys for Tots:** Each year BHS faculty donates to the Toys for Tots fundraiser. We do combine this with \$1 student donations. All donations go to local charities. The final date for a student donation (\$1) is December 15, 2016. Thank you for your contributions to our community outreach programs.

**Cafeteria** – Attached, you will find our December lunch and breakfast menus. Please remember breakfast is available at BHS when students arrive. Also, I have attached direction previously sent to you regarding online payment for student’s lunch cards.

**Attendance** – Remember to send in doctor’s notes to the main office when your child is absent from school so that we can appropriately excuse the absence.

**From the Nurse** - It took a while, but winter has finally arrived! Please take into account our most recent weather change when sending your student(s) to school. Students will continue to go outside for a 25 minute recess (barring ice on the blacktop) throughout the winter months. Therefore, it is imperative that students be dressed for the elements. All students are expected to participate in recess with their classes. I respectfully request that you ensure your child has the appropriate outerwear as we approach the colder months. Please encourage your student(s) to wear long pants, jackets/coats, hats and gloves.

**Upcoming Dates -**

**December 2** – Early Dismissal – Teacher’s Professional Development K-4  
Marking Period 1 Ends

**December 10** – Breakfast with Santa – Sponsored by The Father’s Club at BHS. Additional information will be sent out in the near future by the PTO and Father’s Club.

**December 14** – PTO Social Dinner – More information to come from PTO.

**December 20** – Holiday Sing Along at 10:00 A.M.

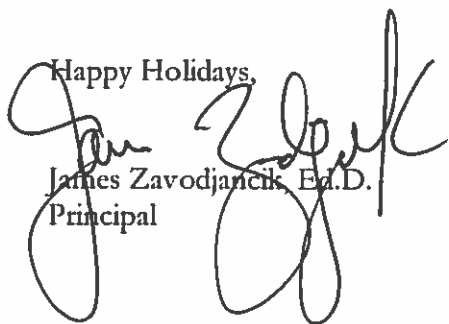
**December 23** – Early Dismissal – Holiday Recess

**January 3, 2017** – Regular School Year Resumes

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Lastly, for the most up-to-date information and postings, please *follow me* on Twitter  
**@BoothHillSchool.**

*Take care of yourself, take care of each other, and take care of your school!*

Happy Holidays,  
  
James Zavodjancik, Ed.D.  
Principal

BOOTH HILL SCHOOL PARENT CALENDAR

# December 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> Boys Basketball 5:30-8:30	<b>2</b> Early Dismissal Prof. Dev. (K-4)	<b>3</b>
<b>4</b>	<b>5</b> Gr. 2 Brownies #832 3:45-5:10 Boys Basketball 5:30-8:30	<b>6</b> CCD 3:45-5:00 Boys Basketball 5:30-8:30	<b>7</b> After School Program 3:50-4:50 Boys Basketball 5:30-8:30	<b>8</b> Willy Wonka Assembly @10:30 Boys Basketball 5:30-8:30	<b>9</b> Report Cards Issued Gr. 1 Daisy 3:45-5:15 Gr. 3 Brownies 3:45- 5:15 Boys Basketball 5:30- 8:30	<b>10</b> Breakfast w/Santa 9-12 
<b>11</b>	<b>12</b> Boys Basketball 5:30-8:30	<b>13</b> CCD 3:45-5:00 Boys Basketball 5:30-8:30	<b>14</b> After School Program @3:50-4:50 Boys Basketball 5:30-8:30 PTO Social Dinner @6:30	<b>15</b> Boys Basketball 5:30-8:30	<b>16</b> Daisy Troop Gr. 1 3:45-5:15 Boys Basketball 5:30-8:30	<b>17</b>
<b>18</b>	<b>19</b> Gr. 2 Brownies #832 3:45-5:10 Boys Basketball 5:30-8:30	<b>20</b> Holiday Sing A Long @10:00 Boys Basketball 5:30-8:30	<b>21</b> After School Program @3:50-4:50 Boys Basketball 5:30-8:30 BOE Mtg. @7:00	<b>22</b> Holiday Sing A Long Snow Date @10:00 Boys Basketball 5:30-8:30	<b>23</b> Early Dismissal	<b>24</b> * * 
<b>25</b> 	<b>26</b> Winter Recess	<b>27</b> Winter Recess	<b>28</b> Winter Recess	<b>29</b> Winter Recess	<b>30</b> Winter Recess	<b>31</b> 

The Board of Education complies with all applicable federal, state and local laws prohibiting the exclusion of any person from any of its educational programs or activities because of race, color, religious creed, sex, age, national origin, ancestry, marital status, sexual orientation, gender identity or expression, disability, past or present history of mental disorder, physical disability, genetic information, or any other basis prohibited by Connecticut state and/or general nondiscrimination laws.

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



**Daily alternatives:**  
Chicken Nugget Meal  
Boars Head Deli Sandwich on Bakery  
Fresh Whole Grain Roll  
Freshly made Salad  
Fun on the Run Bagel Meal with  
Fresh Bagel, Yogurt and Cheese  
Stick



**1**  
Toasted Cheese  
with cup of soup  
Cucumber Slices  
Broccoli Bites  
Fresh Apple  
Chicken Nugget Meal  
Tuna Sandwich  
Chef Salad  
Fun on the Run Bagel Meal

**2**  
Big Daddy's Whole Grain Pizza  
Fresh Romaine Salad  
Fresh Crispy Apple  
Fresh Fruit Basket  
Chicken Nugget Meal  
Tuna Sandwich  
Chef Salad  
Fun on the Run Bagel Meal

**5**  
French Toast Sticks  
Turkey Sausage  
Hash Brown Potatoes  
Orange Smiles  
Chicken Nugget Meal  
Ham & Cheese Sandwich  
Caesar Salad  
Fun on the Run Bagel Meal  
Pizza Parlor Pizza @ BOOTH HILL

**6**  
Crispy Oven Baked Chicken Nuggets  
Crunchy Oven Fries  
Cucumber Slices  
Broccoli Bites  
Fresh Apple  
Chicken Nugget Meal  
Ham & Cheese Sandwich  
Caesar Salad  
Fun on the Run Bagel Meal  
Pizza Parlor Pizza @ ESS

**7**  
Hamburger or Cheeseburger  
on whole grain bun  
Pasta salad  
Fresh Fruit Basket  
Chicken Nugget Meal  
Ham & Cheese Sandwich  
Caesar Salad  
Fun on the Run Bagel Meal  
Pizza Parlor Pizza @ MOHEGAN AND  
SUNNYSIDE

**8**  
All Wrapped Up  
for Winter  
Hot Dog  
Veggie Beans  
Fresh Fruit Basket  
Chicken Nugget Meal  
Ham & Cheese Sandwich  
Caesar Salad  
Fun on the Run Bagel Meal

**9**  
Big Daddy's Whole Grain Pizza  
Fresh Romaine Salad  
Fresh Crispy Apple  
Fresh Fruit Basket  
Chicken Nugget Meal  
Ham & Cheese Sandwich  
Caesar Salad  
Fun on the Run Bagel Meal

**12**  
Corn Dog  
Tater Tots  
Fresh Apple  
Chicken Nugget Meal  
Turkey Sandwich  
Chef Salad  
Fun on the Run Bagel Meal  
Pizza Parlor Pizza @ LONG HILL

**13**  
Pasta with  
Homemade Meat Sauce  
Garlic Toad  
Crispy Romaine Salad  
Fresh Banana  
Fresh Fruit Basket  
Chicken Nugget Meal  
Turkey Sandwich  
Chef Salad  
Fun on the Run Bagel Meal

**14**  
Bosco Sticks  
with sauce for dipping  
Spinach Salad  
Fresh Broccoli Bites  
Fresh Fruit Basket  
Chicken Nugget Meal  
Turkey Sandwich  
Chef Salad  
Fun on the Run Bagel Meal

**15**  
**LUCKY TRAY DAY**  
Oven Baked Turkey Dinner  
Mashed Potatoes  
Corn  
Chicken Nugget Meal  
Turkey Sandwich  
Chef Salad  
Fun on the Run Bagel Meal

**16**  
Big Daddy's Whole Grain Pizza  
Fresh Romaine Salad  
Fresh Crispy Apple  
Fresh Fruit Basket  
Chicken Nugget Meal  
Turkey Sandwich  
Chef Salad  
Fun on the Run Bagel Meal

**19**  
Italian Dunkers  
with Pizza Sauce for dipping  
Spinach Salad  
Fresh Apple  
Chicken Nugget Meal  
Tuna Sandwich  
Crispy Chicken Salad  
Fun on the Run Bagel Meal  
Pizza Parlor Pizza @ BOOTH HILL &  
LONGHILL

**20**  
Crispy Chicken Patty  
Sandwich  
Tater Tots  
Sautéed Green Beans  
Chicken Nugget Meal  
Fun on the Run Bagel Meal  
Tuna Sandwich  
Crispy Chicken Salad  
Pizza Parlor Pizza @ ESS

**21**  
French Toast Sticks  
Sausage Link  
Hash Brown Potato  
Orange Smiles  
Chicken Nugget Meal  
Fun on the Run Bagel Meal  
Tuna Sandwich  
Crispy Chicken Salad  
Pizza Parlor Pizza @ MOHEGAN &  
SUNNYSIDE

**22**  
Twin Crispy Tacos  
Rice with beans  
Sautéed Broccoli  
Fresh Apple  
Fresh Fruit Basket  
Chicken Nugget Meal  
Fun on the Run Bagel Meal  
Tuna Sandwich  
Crispy Chicken Salad

**23**  
**NO LUNCH AT  
LONG HILL & MOHEGAN**  
Big Daddy's Whole Grain Pizza  
Fresh Romaine Salad  
Fresh Fruit Basket  
Chicken Nugget Meal  
Fun on the Run Bagel Meal  
Tuna Sandwich  
Crispy Chicken Salad

**26**  
**HOLIDAY  
RECESS**

**27**  
**HOLIDAY  
RECESS**

**28**  
**HOLIDAY  
RECESS**

**29**  
**HOLIDAY  
RECESS**

**30**  
**HOLIDAY  
RECESS**

**Daily Alternatives:**  
Chicken Nugget Meal  
Boars Head Deli Sandwich on Bakery  
Fresh Whole Grain Roll  
Freshly made Salad  
Fun on the Run Bagel Meal with  
Fresh Bagel, Yogurt & Cheese Stick

**School Breakfast Prices**  
Breakfast \$ 1.50  
Reduced Price Breakfast \$ 0.30  
**School Lunch Prices**  
Student Lunch \$ 2.75  
Reduced Price Lunch \$ 0.40  
Remember, if you get free Lunch you  
get free Breakfast too!!!

**Pizza Parlor Schedule**  
5 & 19th Booth Hill  
6 & 20th Elizabeth Shelton  
7 & 21st Mohegan  
7 & 21st Sunny Side  
12 & 19th Long Hill

**Breakfast is the Most Important Meal  
of The Day**  
Please Stop in the Cafeteria to get  
your Nutritious Breakfast Today  
  
Please make checks payable to:  
Shelton Lunch Program



## Improving Fitness - It's Easier Than You Think!

Regular physical activity helps improve your overall health and fitness and reduces your risk for many chronic diseases. The CDC recommends that children and adolescents complete at least 60 minutes (1 hour) or more of physical activity each day. Fitting regular exercise into your daily schedule may seem difficult at first, but your child may already be meeting the Physical Activity Guidelines for Americans. These guidelines are more flexible than ever, giving your family the freedom to reach your physical activity goals through different types and amounts of activities each week.

There are essentially three types of exercise your child should perform each week.

- 1) Aerobic Activity – this should make up most of your child's 60 minutes each day and includes activities like brisk walking, running, swimming, cycling, skateboarding, etc.
- 2) Muscle Strengthening – most children do not need a formal muscle strengthening program such as weight-lifting because they naturally strengthen their muscles with activities such as gymnastics, tug of war, sit-ups or climbing. As they progress into adolescents, this type of training may be incorporated into their team sports.
- 3) Bone Strengthening – these are activities that are weight bearing such as running, hop scotch, skipping and tennis. Swimming is not weight bearing.



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 Washington, DC 20250-0402  
 www.usda.gov

liftoffsplayground.com

### BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Brownie Benefit Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Nutrigrain Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk
Cereal Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Cherry Fruital Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Bacon Egg and Cheese Sandwich Fresh Fruit Choice of Milk	Orange Benefit Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Pastry Crisp Whole Grain Graham Crackers Fresh Fruit Choice of Milk
Warm Maple Waffle Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Honey Bun Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Sausage Egg and Cheese Sandwich Fresh Fruit Choice of Milk	Cereal Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Apple Fruital Whole Grain Graham Crackers Fresh Fruit Choice of Milk
Brownie Benefit Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Cheerio Cereal Bar Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Bacon Egg and Cheese Sandwich Fresh Fruit Choice of Milk	Apple Fruital Whole Grain Graham Crackers Fresh Fruit Choice of Milk	Honey Bun Whole Grain Graham Crackers Fresh Fruit Choice of Milk
HOLIDAY RECESS	HOLIDAY RECESS	HOLIDAY RECESS	HOLIDAY RECESS	HOLIDAY RECESS

### Fresh Pick Recipe

#### SWEET SUMMER CORN SUCCOTASH

(SERVES 4)

- 3 1/2 cups and 1/2 cup fresh whole kernel corn
- 3 1/2 cups and 1/2 cup sweetened pepper relish
- 1 1/2 cups butternut squash
- 1 1/2 cups barley (dried)
- 1 1/4 cups basil (chopped)
- 3/4 cup and 1/2 tsp corn kernels (about 1/2)
- 1/2 cup 1/2 tsp fresh green peas (without salt)
- 1/2 cup and 1/2 tsp lima beans (without salt)
- 1/4 cup and 1/2 tsp oil (strait)
- 2 1/2 tsp salt
- 3/4 tsp black pepper
- Black pepper

1. Dice onions and peppers.
2. Wash corn and barley (and peas and squash) well.
3. Pour oil into sauce pan on low heat to heat the oil, add corn and peppers and cook until done, about 20 minutes.
4. So the lima beans and beans. Cook for 20 minutes.
5. Add milk and large amount of salt.
6. Corn and barley and beans (the usual) combine to make a soup. Corn and barley should be completely dissolved. Stirring mixture until consistency is good. Add peas. Cook only for 10 minutes. Remove peas and add 1/2 cup butternut and 1/2 cup butternut.
7. Stir in basil, pepper and sugar.

NUTRITION FACTS  
 90 calories 2 1/2g fat  
 20mg sodium 1 1/4g fiber

Thank you for choosing School Breakfast and School Lunch. The cost for breakfast is \$1.50. Reduced priced breakfast is \$0.30. The cost for Lunch is \$2.75. Reduced priced lunch is \$0.40. If your child receives free lunch they can also get free breakfast. Free and Reduced meal applications are available at your child's school office. All applications are confidential. Charging Policy: If your child forgets their lunch money, we will allow them to charge a lunch meal only. Breakfast cannot be charged. Water, milk or snack items cannot be charged. The charge limit is \$10.00. If your child has reached the charge limit and does not have money for lunch, they will receive a cheese sandwich meal. The cost of the meal is \$2.75 and will be charged to their account. All charges must be paid by lunch. Lunch consists of 5 meal components: 1) meat/meat alternate 2) Whole Grains 3) Vegetables 4) Fruits 5) Milk. Your child may take all 5 components (one of which must be a fruit or a vegetable). Your child must take at least 3 components (one of which must be a fruit or a vegetable). If you have any questions, please call Linda Stanisci, Food Service Director at 203-924-1055. lstanisci@sheltonpublicschools.org

**Shelton Public Schools is happy to announce we now accept online payments for the Food Services program. You can use your credit card (VISA or Mastercard) to deposit money into your child's foodservice account!**

Paying online offers you several important advantages:

- Paying online is easy, fast, accurate and secure
- You can pay by either VISA or Mastercard
- The system can estimate how much to pay
- You can pay for multiple children with one transaction

In order to utilize online payments, you need:

- A user ID/login for the Infinite Camp parent portal
- A VISA or Mastercard

Detailed instructions for on-line payments are on the following page.

## Instructions for on-line payments

Please direct questions related to on-line payments to the IT Help Desk at 203-924-6530, option 1.

To make an online payment, login to the parent portal and follow the instructions below:

**\*\*If you do not have a login for the Infinite Campus parent portal, please see the main office of your child's school to have one created.**

You can deposit money into food service accounts for members of your household by choosing **Payments** on the left side menu.

Before a user can successfully make an online payment, **Payment Information** must first be registered with the payment vendor. This can be done by selecting the **Register Your Credit Cards**. **Accepted payment methods are VISA or MasterCard**. You may register more than one card if you prefer to have more than one payment source on file. Once you have entered your payment information, click **Continue**. This will return you to the screen listing your student(s') account(s).

Choose the amount you want to deposit by:

Entering the amount to be paid in the **Payment** field, **OR**

Click the amount in the **Estimate** column to auto fill the deposit amount. Infinite Campus determines this estimate based on your student(s') food service purchases over the previous month. You do not have to choose the amount in the **Estimate** column.

For your payment, or estimate, you may enter any amount equal to or more than the **minimum payment amount**. **The minimum payment amount is \$20.00**. This amount displays at the top of the **Payments** tab. If the entered amount you wish to pay is less than the minimum payment amount, a message will display indicating this. Click the **OK** button and reenter the total amount you wish to pay equal to or more than \$20.00.

Enter a payment for each student account you wish to add food service money to. You may choose to add money for each child or one individual student. Click the **Continue** box. At the next screen you will choose the payment method you have recorded. Click **Continue**. The next screen will prompt you to **Make Payment**. Enter your email address first to have your receipt emailed to you. Click **Make Payment**.

You will notice that a **Convenience Fee of \$3.50** is added to the total payment. This fixed fee covers the cost of transactions with the credit card companies, software provider, and the credit card processor. **The Shelton Board of Education does not profit from the Convenience Fee.** For families not wishing to incur the **Convenience Fee**, the District continues to accept cash or check payments. The **Convenience Fee** is assessed only once per transaction regardless of the number of children that the transaction covers.

The last screen is your confirmation screen. You may print this screen for your records.

.....from our PTO





## Save the Date

It's almost time for the **3<sup>rd</sup> Annual BHS PTO Raffle** that will take place at our Breakfast with Santa event on Saturday December 10<sup>th</sup> from 9am – 12pm  
 This year we have more prizes and values are even greater!!! Don't Miss Out!

(4) Disney hopper tickets - WOW!  
 American Girl Doll  
 Dooney & Burke Purse  
 Melissa and Doug stuffed Bulldog  
 Ski Mount Southington  
 Courtyard by Marriot overnight stay  
 The Hampton Inn overnight stay  
 Craftman's Mechanics Tool Set (230pc)  
 WWE products  
 Hello Kitty Pink Drum set  
 Downtown Cabaret Tickets  
 Shubert Theater Tickets  
 Huntington Dental (Teeth Whitening)  
 Baum Orthodontists (custom mouth guard)  
 Roger Williams Zoo  
 Essex Steam Train  
 Quassy Amusement  
 Sports Center  
 Adventure Park  
 Salem Witch Museum



CT Science Center  
 Jones Tree Farm Wine Tasting  
 NFL Jets product  
 World of Beer Restaurant  
 Vazzano's Four Seasons  
 Bella Rosa's Pizza  
 Phil's Hairstyling  
 Donut Crazy  
 Big Y  
 Shop Rite  
 Vazzy's (Bpt)  
 Vazzy's (Shelton)  
 S Salon  
 Blue Lotus  
 CoCo Spa  
 5 Guys  
 Pepe's Pizza  
 Cheesecake Factory  
 Rockin Jump  
 IL Palio  
 Hawley Lane Shoes  
 Fairfield University Sports Package

As more prizes are received, the list will be updated....hope to see you there!