

Additional Books, CDs, and Pamphlets Available in the Counseling Resource Library

Topic – Grief/Illness

The Fall of Freddie the leaf: A Story of Life for All Ages by Leo Buscaglia, Ph.D.

I'll Always Love You by Hans Wilhelm

"I Wish I Could Hold Your Hand--": A Child's Guide to Grief and Loss by Ed.D.
Pat Palmer

The Invisible String by Patrice Karst

Gentle Willow: A Story for Children about Dying by Joyce C. Mills

Grandma's Gloves by Cecil Castellucci

Sweet, Sweet Memory by Jacqueline Woodson

When Someone Has a Very Serious Illness by Marge Heegaard

Kid-to-Kid Guides I Lost Someone I Loved

Topic – Self-Esteem

I Like Myself by Karen Beaumont

*Positive Visualizations: Solution-Based Strategies to Empower Students to See
Successful Outcomes to Challenges They Face at School*

Inch and Miles: The Journey to Success by Coach John Wooden

Counseling Resource Library

Housed at Harrison Park and Sunrise Elementary Schools

Available to staff, parents, and students at Harrison Park,
Level Green, Sunrise, and McCullough Elementary
Schools

Contact Mrs. Lauren Traill, School Counselor, at
traill@penntrafford.org
to access resources available in the library.

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grant from the Penn Trafford Community Education
Foundation



Penn-Trafford School District

The following books, CDs, and pamphlets can be borrowed from the Counseling Resource Library. Resources can be borrowed for two weeks at a time. Resources must be signed out with Mrs. Traill, School Counselor. If the item borrowed is lost, damaged, or stolen, the item must be replaced.

Topic - Friendship

All Kinds of Children by Norma Simon

Speak Up and Get Along!: Learn the Mighty Might, Thought Chop, and More Tools to Make Friends, Stop Teasing, and Feel Good About Yourself by Scott Cooper

Mean Girls: 101 1/2 Creative Strategies and Activities for Working with Relational Aggression

Teamwork Isn't My Thing, and I Don't Like to Share! by Julia Cook

The Book About Tony Chestnut by Laurie Monopoli

Topic – Divorce

Was It the Chocolate Pudding?: A Story For Little Kids About Divorce by Sandra Levins

Dinosaurs Divorce: A Guide for Changing Families by Laurene Krasny Brown and Marc Brown

What in the World Do You Do When Your Parents Divorce? By Kent Winchester, J.D. and Roberta Beyer, J.D.

Topic - Listening/Self-Control

Listen and Learn by Cheri Meiners

The Listening Walk by Paul Showers

This Morning Sam Went to Mars: A Book About Paying Attention By: Nancy Carlson

Topic - Stress/Relaxation/Anxiety/OCD

Indigo Ocean Dreams: 4 Children's Stories Designed to Decrease Stress, Anger and Anxiety while Increasing Self-Esteem and Self-Awareness [Audio Cd] by Lori Lite

Indigo Dreams: Kids Relaxation Music Decreasing Stress, Anxiety and Anger, improve sleep. [Single] Format: Audio CD by Lori Lite

The Handbook for Helping Kids With Anxiety and Stress by Tip Frank and Kim Frank

Mind Over Basketball (Coach Yourself to Handle Stress) by Jane Weierbach and Elizabeth Phillips-Hershey

I Don't Want to Go to School: Helping Children Cope with Separation Anxiety (Let's Talk) by Nancy Pando LICSW

Dinosaur Starts School by Pamela Duncan Edwards

What to Do When Your Brain Gets Stuck: A Kid's Guide to Overcoming OCD by Dawn Huebner

Kid-to-Kid Guides 5 Great, Surprising Secrets About Mistakes

The Invisible String by Patrice Karst