



# Penn-Trafford Elementary

## January 2020 Breakfast Menu

<p>30</p> <p><b><u>Holiday</u></b></p> <p><b><u>No School</u></b></p>	<p>31</p> <p><b><u>Holiday</u></b></p> <p><b><u>No School</u></b></p>	<p>1</p>  <p>Happy New Year</p>	<p>2</p> <p>Breakfast Pizza</p> <p><i>Oatmeal Chocolate Chip Benefit Bar</i></p> <p>Cocoa Puffs</p>	<p>3</p> <p>Vanilla Glazed Cinnamon Roll</p> <p><i>Apple Nutri-Grain Bar</i></p> <p>Cocoa Puffs</p>
<p>6</p> <p>Colby Omelet w/Sausage Patty</p> <p><i>Banana Chocolate Chip Benefit Bar</i></p> <p>Cinnamon Toast Crunch</p>	<p>7</p> <p>Apple Frudel</p> <p><i>Toasted Bagel w/String Cheese</i></p> <p>Cinnamon Toast Crunch</p>	<p>8</p> <p>Glazed Donut</p> <p><i>Trix Yogurt w/Cinnamania Graham Crackers</i></p> <p>Cinnamon Toast Crunch</p>	<p>9</p> <p>Breakfast Pizza</p> <p><i>Oatmeal Chocolate Chip Benefit Bar</i></p> <p>Cinnamon Toast Crunch</p>	<p>10</p> <p>Ham &amp; Egg on Toasted English Muffin</p> <p><i>Apple Nutri-Grain Bar</i></p> <p>Cinnamon Toast Crunch</p>
<p>13</p> <p>Pancakes w/Sausage Patty &amp; Syrup</p> <p><i>Banana Chocolate Chip Benefit Bar</i></p> <p>Frosted Flakes</p>	<p>14</p> <p>Strawberry Parfait</p> <p><i>Toasted Bagel w/String Cheese</i></p> <p>Frosted Flakes</p>	<p>15</p> <p>Donut Holes</p> <p><i>Trix Yogurt w/Cinnamania Graham Crackers</i></p> <p>Frosted Flakes</p>	<p>16</p> <p>Breakfast Pizza</p> <p><i>Oatmeal Chocolate Chip Benefit Bar</i></p> <p>Frosted Flakes</p>	<p>17</p> <p>Sausage &amp; Egg Breakfast Sandwich</p> <p><i>Apple Nutri-Grain Bar</i></p> <p>Frosted Flakes</p>
<p>20</p> <p><b><u>Act 80 In-Service</u></b></p> <p><b><u>No School</u></b></p>	<p>21</p> <p>Cinni-Minis</p> <p><i>Toasted Bagel w/String Cheese</i></p> <p>Lucky Charms</p>	<p>22</p> <p>Sugared Donut</p> <p><i>Trix Yogurt w/Cinnamania Graham Crackers</i></p> <p>Lucky Charms</p>	<p>23</p> <p>Breakfast Pizza</p> <p><i>Oatmeal Chocolate Chip Benefit Bar</i></p> <p>Lucky Charms</p>	<p>24</p> <p>Ham &amp; Egg Breakfast Sandwich</p> <p><i>Apple Nutri-Grain Bar</i></p> <p>Lucky Charms</p>
<p>27</p> <p>Mini Cinnamon French Toast</p> <p><i>Banana Chocolate Chip Benefit Bar</i></p> <p>Golden Grahams</p>	<p>28</p> <p>Cinnamon Toast Crunch Filled Pastry</p> <p><i>Toasted Bagel w/String Cheese</i></p> <p>Golden Grahams</p>	<p>29</p> <p>Cinnamon Roll</p> <p><i>Trix Yogurt w/Cinnamania Graham Crackers</i></p> <p>Golden Grahams</p>	<p>30</p> <p>Breakfast Pizza</p> <p><i>Oatmeal Chocolate Chip Benefit Bar</i></p> <p>Golden Grahams</p>	<p>31</p> <p>Sausage &amp; Egg Bagel Sandwich</p> <p><i>Apple Nutri-Grain Bar</i></p> <p>Golden Grahams</p>

### Information & Pricing

**Milk Options:** 1%, Flavored, Skim or Lactaid  
**Make It A Meal!** Choose an Entrée, a fruit, a vegetable, AND a milk all for one price!  
 Full Price: \$1.30      Reduced Price: \$0.30  
 Free to those who qualify

### Additionally Available Throughout Each Week:

**Entrees:** Strawberry, Cinnamon, & Fudge Pop-Tarts, Cheerios  
**Juice:** Apple, Grape, & Orange  
**Fruits:** Apples, Oranges, Bananas & Pears

**Questions?** Contact us at  
[pthscafe@penntrafford.org](mailto:pthscafe@penntrafford.org) or 724-744-2664